

## Search History of a Medical Student

Brian R. Smith<sup>1\*</sup>, MS

<https://doi.org/10.55504/2578-9333.1138>

Website: <https://ir.library.louisville.edu/jwellness/>

Affiliations: <sup>1</sup>Stanford University School of Medicine, Stanford, CA, USA

Recommended Citation: Smith, Brian R. (2022) "Search History of a Medical Student,"

Journal of Wellness: Vol. 4 : Iss. 2, Article 1.

Received Date: May 11, 2022

Accepted Date: Aug 9, 2022

Publication Date: Oct 31, 2022



- |   |   |
|---|---|
| <ul style="list-style-type: none"> <li>How to prepare for medical school</li> <li>YouTube med school</li> <li>Medical student free time</li> <li>Cute koala videos</li> <li>How to memorize a lot of information</li> <li>What is Anki</li> <li>Heart racing symptom of</li> <li>How to be calm</li> <li>Calming ASMR</li> <li>Personal attention ASMR</li> <li>Encouragement ASMR</li> <li>What is fascia</li> <li>Wikipedia fascia</li> <li>Wikipedia anxiety</li> <li>Fidget spinners TikTok</li> <li>Fidget spinners TikTok Amazon</li> <li>How to make friends in medical school</li> <li>Icebreakers list</li> <li>Icebreakers that actually work</li> <li>Is it pronounced gif or gif</li> <li>How to survive medical school</li> <li>How to survive medical school without friends</li> <li>Emotional support animals</li> <li>Emotional support animals near me</li> <li>Therapy near me</li> <li>Therapy memes</li> <li>Med school memes</li> <li>Med school Reddit</li> <li>How to feel like enough</li> <li>How to stop comparing self to others</li> <li>Coloring books</li> <li>Adult coloring books</li> <li>Color pencils Amazon</li> <li>Why do I mess everything up</li> <li>Why do all my plants die</li> <li>Succulents Amazon</li> <li>Why do I feel sad all the time</li> <li>Is it normal to sleep through lunchtime</li> <li>Are some people always sad</li> <li>WebMD</li> </ul> | <ul style="list-style-type: none"> <li>Wikipedia depression</li> <li>Wikipedia SSRI</li> <li>SSRI without parent insurance notification</li> <li>SSRI alternatives over the counter</li> <li>Date ideas</li> <li>Cute ways to ask someone on a date</li> <li>Concerts near me</li> <li>Outside Lands tickets</li> <li>Do people dance at music festivals</li> <li>Do people wear earplugs at festivals</li> <li>Music festival YouTube</li> <li>Romcom recommendations</li> <li>Outside Lands refund policy</li> <li>How to get over rejection</li> <li>Quick stop crying how</li> <li>Ways to be happy</li> <li>How to stop feeling like a failure</li> <li>Cant stop.shakig stmpptom of</li> <li>Can't stop shaking symptom of</li> <li>How to atop pnaic arracm</li> <li>How to stop panic attack</li> <li>Cute animal videos</li> <li>Happy animal videos</li> <li>How to make my mind shut up</li> <li>How to tell family depressed</li> <li>How to feel normal</li> <li>How to cook risotto</li> <li>What is a 5150</li> <li>Voluntary mental health admission</li> <li>Voluntary mental health admission patient rights</li> <li>Should I tell friends in medical school that I'm struggling</li> <li>Cost voluntary mental hospital admission</li> <li>Cost ambulance</li> <li>Is Uber cheaper than ambulance</li> <li>How to tell family you are in the hospital</li> <li>How to tell family you are in the hospital without upsetting them</li> <li>How long does it take for an ambulance to arrive</li> <li>How to feel happy</li> <li>Cute koala videos</li> </ul> |
|---|---|

\*Correspondence To: Brian R. Smith  
Email: Bsmith19@stanford.edu

Copyright: © 2022 The author(s). This is an open access article distributed under the terms of the Creative Commons Attribution 4.0 International License (CC BY 4.0), which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

**Author's Note:** This poem is a work of fiction based on my experiences, observations, and conversations surrounding mental health and wellness in medical school. It is dedicated to medical students, past and present, who are struggling. If you are, I want you to know that you are not alone.

**Acknowledgements:** I would like to thank my classmate Olubunmi (Bunmi) Fariyike for reading a draft of this poem and providing encouragement and insightful feedback.

**Funding Source:** The author(s) received no specific funding for this work.

**Conflict of Interest:** The author(s) have no conflict of interest to declare for this work.