Age-associated periodontal bone loss in normal and TLR2- or MyD88-deficient mice.

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AGE-ASSOCIATED PERIODONTAL BONE LOSS IN NORMAL AND TLR2- OR MYD88-DEFICIENT MICE

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B.S., University at Buffalo, the State University of New York, 2009

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Thesis Approved on
November 21, 2011

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DEDICATION

I would like to dedicate this work to my parents, for all of their support.
ACKNOWLEDGEMENTS

My very deepest gratitude goes to my mentor, Dr. George Hajishengallis, for all his time and guidance throughout my graduate studies. His accomplishments are tremendous inspirations to me, my fellow laboratory members, and the scientific community at large. I am truly honored to have been a member of his laboratory.

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Paul A. Ciero
November 21, 2011

Age-related alterations in innate immunity are poorly understood. The identification of those mechanisms, which are dysfunctional in old age, will shed light on potential therapeutic strategies for chronic inflammatory diseases prevalent in the elderly, such as periodontitis. Mice naturally develop chronic periodontitis as a function of age, which is characterized by periodontal bone loss. TLR2, a pattern-recognition receptor of leukocytes which mediates inflammatory responses in the periodontium, was expressed at higher levels in the gingivae of old mice (≥18 months) compared with young mice (8 to 10 weeks). MyD88 is a signaling adaptor protein for TLR2 and other TLRs. We thus hypothesized that age-associated periodontal bone loss may be mediated through TLR2 and MyD88 and tested this hypothesis in appropriate gene knock-out mice. Periodontal bone levels were measured as the distance from the cementoenamel junction to the alveolar bone crest. Aged TLR2/− and MyD88/−
mice developed less periodontal bone loss compared to age-matched wild-type mice. These results indicate that TLR2 and its adaptor MyD88 contribute to periodontal bone loss in aged mice, implicating these molecules as potential targets for drug therapies in the treatment of periodontitis.
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CHAPTER I:

INTRODUCTION

BROAD PROBLEM: PERIODONTITIS AND AGE

Periodontitis is a chronic inflammatory disease that leads to destruction of the tissues supporting the teeth. It is the leading cause of tooth loss in adults, and one of the most common infection-driven chronic disorders in humans, afflicting about 30% of the adult population (Oliver et al., 1998). In addition, it is associated with other conditions including, but not limited to, cardiovascular diseases, type 2 diabetes, adverse pregnancy outcomes, respiratory diseases, and rheumatoid arthritis (Cullinan et al., 2009).

Periodontitis is one of several age-associated diseases. Epidemiologic studies have revealed that the prevalence and severity of periodontitis increase with age (Oliver et al., 1998; van der Velden, 1991). Furthermore, the elderly population is increasing, making age-associated diseases a high priority for researchers (Dounis et al., 2010; Winker and DeAngelis, 2010).
ETIOLOGY AND PATHOGENESIS OF PERIODONTITIS

In terms of etiology, periodontitis is an infectious disease caused by select species of the mouth's indigenous microbiota. These bacteria exist in a highly organized plaque biofilm on the tooth surface. The quantitative and qualitative composition of the biofilm are of etiologic importance, both of which change as disease progresses. Its composition in periodontal health is generally characterized by gram-positive facultative anaerobes, while that in disease is generally characterized by a shift to gram-negative anaerobes (Socransky and Haffajee, 2005). While at least 800 bacterial species exist in the biofilm (Filoche et al., 2010), a relatively small number are believed to be the etiologic agents of periodontitis. Those which are believed to play prominent roles include *Porphyromonas gingivalis, Treponema denticola, Prevotella intermedia, Aggregatibacter actinomycetemcomitans, Tannerella forsythia*, and *Fusobacterium nucleatum* (Filoche et al., 2010; Socransky and Haffajee, 2005). Furthermore, the presence of certain periodontal pathogens in combination with others is believed to provide a synergy that increases their pathogenicity (Kinane and Hajishengallis, 2009).

The extension of the biofilm into the gingival sulcus begins the series of events that mediate periodontal disease. In reaction to the presence of pathogens and their metabolic products in the gingival sulcus, host cells including neutrophils, epithelial cells and resident macrophages will signal to initiate the inflammatory response. This results in the influx of inflammatory infiltrate from the gingival plexus of blood vessels into the gingival sulcus via the junctional
epithelium, subjacent to the sulcus. The most abundant cellular component of this fluid is neutrophils, however also present are mononuclear phagocytes and lymphocytes, as well as complement components (Delima and Van Dyke, 2003). While the pathogenesis of periodontal disease is complex and still largely undiscovered, it is generally accepted that the chronic nature of the host inflammatory response is the main factor in causing tissue damage, rather than the direct effects from the pathogens themselves. This is a result of the various methods these pathogens have developed in order to survive in this environment.

Neutrophils will attempt to phagocytose the bacteria of the advancing plaque front, then utilize their intracellular killing mechanisms. Phagocytosis may be enhanced by pathogens opsonized by antibodies or complement fragments. However, some periodontal pathogens have developed ways to resist phagocytosis using virulence factors such as polysaccharide capsules, or avoid phagocytes altogether by gaining entry into host cells (Dennison and Van Dyke, 1997).

Another method of fighting periodontal pathogens is extracellularly, via neutrophil degranulation, which is utilized in the presence of large quantities of bacteria in the gingival sulcus. When neutrophils degranulate, they release granular enzymes such as collagenase, elastase, and gelatinase, as well as superoxide and oxygen radicals, and nitric oxides. These products do not discriminate between the bacteria and the host tissues. Thus, periodontal tissue destruction will result from prolonged exposure (Lee et al., 1995).
A major characteristic of periodontitis is alveolar bone loss. The field which studies the interactions of the immune system and bone metabolism is called osteoimmunology. In periodontitis, chronic inflammation will produce bone-resorptive cytokines, notably TNFα and IL-1β. TNFα can directly stimulate osteoclast formation, thereby inducing bone resorption, and also indirectly by stimulating RANKL production (Graves et al., 2011). IL-1β can also induce osteoclastogenesis both directly and indirectly through RANKL (Lorenzo et al., 2008). The location of the pathogens and the duration of their persistence determine clinical outcomes, and when the bacterial insult is deeper in the periodontal pocket, in approximation to the alveolar bone for prolonged periods, the result is alveolar bone loss (Graves et al., 2011).

Adaptive immunity is also likely to play a role in periodontitis. The nature of the CD4+ T-cell response may be a critical factor in determining disease progression (Teng, 2003). Cytokines produced may favor a Th1- or Th2-biased response, and studies have shown that Th2 responses are associated with progressive lesions, while Th1 responses are associated with early stable lesions (Gemmell et al., 2002; Gemmell and Seymour, 2004). In addition, the Th1-associated cytokines IL-12 and IFNγ are shown to inhibit osteoclastogenesis (Gowen and Mundy, 1986; Gowen et al., 1986; Horwood et al., 2001). However, there are limitations in the Th1/Th2 paradigm for explaining periodontal disease pathogenesis, which must be re-examined in the context of the more recently discovered Th17 cells, which have been shown to promote osteoclastogenesis, but also to offer protective effects (Gaffen and Hajishengallis, 2008).
THE AGING INNATE IMMUNE SYSTEM

As mentioned, the prevalence and severity of periodontitis increase with age (Oliver et al., 1998; van der Velden, 1991). Furthermore, this is likely due to an altered immune system rather than simply a cumulative effect (Fransson et al., 1996). Therefore, research has sought to define which aspects of the immune system become dysregulated in order to develop therapeutic strategies to counteract age-associated diseases.

The immune system as a whole is known to dysfunction with age, a phenomenon that has been termed, “immunosenescence.” Age-associated defects have been noted in all types of immune cells, impacting on their numbers, function, or both (Gomez et al., 2008). This inhibits the body’s ability to recover from infections and injuries; thus, the elderly are more susceptible to chronic inflammatory diseases.

It is well-known that aging is associated with a decline in the functions of acquired immunity. For example, age-associated decreases in the production of naïve lymphocytes and the maintenance of memory lymphocytes have been observed (Nan-ping, 2006).

However, the effects of aging on the innate immune system are poorly understood. This is largely because immunologists underestimated its role in shaping the adaptive response, and therefore its overall significance, until relatively recently (Fearon, 1997). It is now known that in addition to providing initial defense, the innate response controls the adaptive component in a variety
of different ways. This includes the ability of Toll-like receptors (TLRs) to recognize and respond to pathogens with a fair degree of specificity (Yamamoto et al., 2004).

Advanced age is associated not only with losses in immune function, but with over-activation as well, implying a complex overall dysregulation rather than deficiencies alone. The overall increased pro-inflammatory status seen in aged humans has been termed “inflamm-aging.” Though it is not clear what exactly causes this phenomenon, it likely results from some age-associated intrinsic defects in the innate immune system, which is responsible for controlling inflammation (Franceschi et al., 2000; Solana et al., 2006).

Studies have thus sought to determine age-associated defects in the cells of the innate immune system, especially neutrophils and macrophages, which play essential roles in inflammatory diseases. Due to conflicting results, there are still consensus conclusions to be made in this field, and some reports conclude that many functions are maintained (Liang et al., 2009). Nevertheless, several alterations in these cells have been reported. These studies have been recently reviewed in detail by Gomez (Gomez et al., 2008), Hajishengallis (Hajishengallis, 2010), and Shaw (Shaw et al., 2010). In summary, circulating neutrophil numbers are maintained with age, unlike monocyte/macrophage numbers, which have been shown to increase. Functionally, neutrophils and macrophages have both been reported to experience impaired chemotaxis, phagocytosis, and reactive oxygen species production. Neutrophils have also shown reduced recruitment of receptors to membrane lipid rafts, which can have several diverse effects on
signaling (Fulop et al., 2004). The reviews also report altered cytokine production, nitric oxide production, antigen presentation, and expression of certain receptors involved in inflammation, including the C5aR (Liang et al., 2009) in macrophages. Reports have also indicated age-associated defects in dendritic cells, natural killer cells, and natural killer T-cells. (Shaw et al., 2010).

These types of defects could inhibit the host’s ability to control microbial infections. For instance, neutrophils from an aged individual may fail to contain a periodontal infection due to its intrinsically impaired antimicrobial abilities, which would result in the recruitment of even more neutrophils with impaired functions. Thus, the environment would become chronically inflamed, and the eventual release of toxic substances from these neutrophils could cause tissue damage. (Hajishengallis, 2010).

While it is important to continue studying age-associated intrinsic defects in immune cells, this research provides only limited insights into ways to counteract age-related diseases. The ways in which these defects influence the host response and disease progression are more complex. Immune cells interact with their tissue microenvironment, which is also susceptible to age-associated changes. In fact, age-associated changes in stromal cell function and imbalances in cytokines and hormones have been reported to affect the immune response (Stout and Suttles, 2005).

Thus, age-related influences on innate immunity are tissue-specific and disease-specific. Experiments done in vitro cannot accurately replicate this, and
in vivo experiments may provide better insight into ways we may counteract age-related factors contributing to periodontitis because they take into account both intrinsic and extrinsic factors.
INSIGHTS FROM IN VIVO STUDIES

Animal models serve as an essential tool for testing hypotheses that, due to ethical considerations, cannot be tested in humans. The mouse model has been a successful tool in studying infection-driven inflammatory diseases including periodontitis, owing to the substantial background information on their immune systems and the availability of gene knockout mice, as well as their affordability relative to other animal models (Graves et al., 2008). This allows us to test hypotheses in vivo regarding processes taking place in the periodontium including bacterial colonization, host-bacteria interactions, and clinical manifestations of disease such as loss of connective tissue attachment and bone resorption (Graves et al., 2008).

Periodontitis is typically induced in mice using oral gavage with human periodontal pathogens such as Porphyromonas gingivalis, Tannerella forsythia, and Aggregatibacter actinomycetemcomitans, which is evidenced by alveolar bone loss (Baker et al., 2000; Garlet et al., 2006; Hajishengallis et al., 2007; Sharma et al., 2005). While young sham-infected mice typically do not develop periodontitis, studies showed that young mice with P/E-selectin deficiency (Niederman et al., 2001) or impaired neutrophils (Beertsen et al., 2008) did in fact develop early-onset periodontitis. This indicated that the experimental mice contained potential periodontal pathogens despite claims by animal vendors that their mice are pathogen-free. Indeed, these studies showed that periodontal inflammation and bone loss in these mice were prevented by antibiotic treatment (Beertsen et al., 2008; Niederman et al., 2001).
Due to these revelations and the association of old age with periodontitis, it was suspected that mice could develop naturally-induced periodontitis as a function of age, without oral infections with human periodontal pathogens. Indeed, mice aged 18 months showed significant alveolar bone loss compared with young mice at 8-10 weeks (Figure 1) (Liang et al., 2010).
Figure 1: Periodontal bone loss in mice as a function of age. Young BALB/c mice (8-10 weeks of age) and old (≥18 months) and mice of intermediate ages (6, 9, 12 and 14 months) were used to determine their periodontal bone levels. No oral gavage was administered in these mice. The distance (in mm) from the cementoenamel junction (CEJ) to the alveolar bone crest (ABC) was measured in 14 predetermined maxillary buccal sites, and the readings were totaled for each mouse. The data are means ± SD (n = 5 mice). Liang et al, J. Periodont. Res. (2010).
Consistently, the gingivae of these old mice displayed increased expression of IL-1β, TNF-α, and IL-17A, which are mediators of inflammation and bone loss (Liang et al., 2010). Furthermore, age-associated expressions of inflammatory mediators were not observed in the spleens of these mice, indicating the periodontal environment as the influential factor in these observations, rather than global age-dependent changes (Liang et al., 2010). This aging model of periodontitis allows us to study mechanisms in the pathology of chronic periodontitis, and the current investigation aims to use this model accordingly.

In addition to the expression of aforementioned inflammatory mediators (IL-1β, TNF-α, and IL-17A), Liang et al. also investigated the expression of innate immune receptors in the gingivae of the young and old mice. Those innate immune receptors which were upregulated in the gingivae of old mice compared with young included the Toll-Like Receptor 2 (TLR2) and its functionally associated co-receptor CD14 (Figure 2) (Liang et al., 2010).
Figure 2: Relative expression of innate immune receptors in the gingivae of young and old mice. Quantitative real-time PCR (qPCR) was used to determine gingival mRNA expression levels for the indicated receptors (normalized against GAPDH mRNA levels). The gingivae used were excised from young (8-10 wk of age) and old BALB/c mice (≥ 18 mo of age). Results are shown as fold induction relative to young. Each data point represents the mean ± SD of 10 separate expression values, corresponding to qPCR analysis of total gingival RNA from individual mice. A minimum of 2-fold difference was a requirement for further testing of statistical significance. Asterisks indicate statistically significant differences (p < 0.05) between old and young mice. TLR2 mRNA expression was increased in the old mice relative to the young. Liang et al, J. Periodont. Res. (2010).
These findings imply the likelihood that TLR2 signaling is contributing to age-associated periodontal inflammation. A large body of work consistently indicates TLR2 as being a key receptor in human periodontitis, which is outlined in the next section.
THE ROLE OF TLR2 IN PERIODONTITIS PATHOLOGY

The Toll-like receptors (TLRs) are a family of pattern recognition receptors that play critical roles in the innate immune response to microbes. They are type 1 integral membrane glycoproteins expressed on various immune cells including macrophages, dendritic cells, neutrophils, B-cells, and natural killer cells, as well as non-immune cells such as mucosal epithelial cells, endothelial cells, and fibroblast cells. They recognize and respond to pathogen-associated molecular patterns (PAMPs), which are molecules present on microbes but absent in mammalian cells, allowing the host's initial distinction between "self" from "non-self". TLRs contain an extracellular leucine-rich repeat domain, a transmembrane domain, and a cytoplasmic TIR (Toll/interleukin-1 receptor) domain, which is essential for signaling. In response to ligand binding by TLRs, the TIR domain initiates signaling cascades which ultimately result in the activation of transcription factors such as NFκB, AP-1, IRF-3, and IRF-7. The NFκB and AP-1 transcription factors promote the expression of genes encoding molecules of the innate immune response such as inflammatory cytokines, chemokines, and endothelial adhesion molecules. On the other hand, IRF-3 and IRF-7 primarily promote the production of type 1 interferons.

TLRs are classified into groups based on the types of ligands they recognize, and they are differentially located in the cell. There are 11 known TLRs expressed in humans and 13 in mice (Kawai and Akira, 2007). TLR1, TLR2, TLR4, TLR5, and TLR6 appear on the plasma membrane and TLR3, TLR7, TLR8, and TLR9 are expressed on endosomes. The capacity of TLRs to
recognize a wide range of ligands is enhanced by their ability to homodimerize, heterodimerize, and to integrate coreceptors. They may recognize lipids, sugars, proteins, derivatives of these molecules, and nucleic acids (Kumar et al., 2009a).

TLRs play a key role in the periodontal immune response, as evidenced by the infiltration of TLR-expressing inflammatory cells and the increased TLR expression in diseased gingivae compared with healthy gingivae (Mori et al., 2003; Ren et al., 2005).

Research is actively identifying TLR ligands, and conflicting results delay consensus conclusions. TLR2 and TLR4, however, have been identified as the principal receptors for bacterial cell wall components. A large body of work focuses on the roles of these two receptors in periodontal disease (Burns et al., 2006; Folwaczny et al., 2004; Hajishengallis et al., 2009; Hou et al., 2000; Kikkert et al., 2007; Mori et al., 2003; Sun et al., 2010; Yoshioka et al., 2008).

TLR4 functions as a homodimer and is the most characterized of all TLRs (McCoy and O'Neill, 2008). It functions in association with the accessory molecules LBP (LPS binding protein), CD14, and MD-2 (Akashi-Takamura and Miyake, 2008; Shimazu et al., 1999; Wright et al., 1989; Wright et al., 1990). Among its ligands are lipopolysaccharide (LPS) from Gram-negative bacteria (Kumar et al., 2009a; Takeuchi et al., 1999). It has been shown that TLR4−/− mice are protected from bone loss following a mixed anaerobic infection (Hou et al., 2000), implying its involvement in periodontitis.
TLR2 can recognize an array structurally diverse PAMPs, including proteins, lipoproteins, lipopeptides, glycolipids, polysaccharides, and even complete pathogens (Kumar et al., 2009a). To name some ligands from recent reviews, TLR2 recognizes peptidoglycan, LTA, LPS of Porphyromonas gingivalis, LPS of Leptospira, mycobacterial lipoarabinomannan, glycosylphosphatidyl inositol mucin from Trypanosoma, hemagglutinin from the measles virus, fungal zymosan, and phospholipomannan from Candida (Brown et al., 2010; Kawai and Akira, 2007; Kumar et al., 2009a). The diversity of TLR2 recognition owes partially to its ability to heterodimerize with TLR1 or TLR6 to recognize triacyl or diacyl lipoproteins, respectively (Takeuchi et al., 2001; Takeuchi et al., 2002) as well as its associations with accessory molecules CD14 and CD36 (Akashi-Takamura and Miyake, 2008). It has also been shown to dimerize with TLR10, though the ligands for this heterodimer are unknown (Hasan et al., 2005). TLR2 has been reported to recognize the broadest range of bacterial PAMPs, and its precise ligands are continually being discovered and debated (Zähringer et al., 2008).

Regarding the prevalence of TLR2 activation in the periodontium as opposed to TLR4, recent evidence implicates TLR2 as the primary TLR stimulated by Gram-negative periodontal bacteria. Kikkert et al. demonstrated that sonicates of the gram-negative periodontal pathogens P. gingivalis, P. intermedia, F. nucleatum, and T. forsendtsis exclusively stimulated TLR2 while A. actinomycetemcomitans stimulated both TLR2 and TLR4 (Kikkert et al., 2007).
Studies have also shown that *T. denticola* activates TLR2, rather than TLR4 (Asai et al., 2003; Nussbaum et al., 2009; Ruby et al., 2007).

Studies regarding *P. gingivalis* are especially significant. This pathogen successfully subverts the immune response (Hajishengallis, 2009) en route to triggering community-wide changes in the biofilm disruptive to host-microbial homeostasis; thus, this “keystone species” plays an essential role in inflammatory bone loss (Hajishengallis et al., 2011). Studies have indicated that *P. gingivalis* stimulates both TLR2 and TLR4 through various components, including its LPS and fimbriae, but also antagonizes TLR4 (Asai et al., 2001; Darveau et al., 2002; Hajishengallis et al., 2004; Teng, 2006). However, the exact ligands are still a matter of debate. Nevertheless, Burns et al. demonstrated that TLR2 is responsible for the innate response to *P. gingivalis* and that TLR2 deficiency, but not TLR4 deficiency, attenuates alveolar bone resorption *in vivo* (Burns et al., 2006).

Additionally, Ukai et al. reported that macrophage-elicited osteoclastogenesis in response to bacterial stimulation requires TLR2-dependent TNFα production (Ukai et al., 2008), further implying TLR2 activation as a principle PRR in periodontal bone loss.

In addition to inflammatory signaling, TLRs likely impact periodontitis in other ways. Though they are not phagocytic receptors, studies have revealed their importance for each stage of phagocytosis (McCoy and O’Neill, 2008; Underhill and Gantner, 2004). In addition, TLR signaling plays crucial roles in
antigen processing and presentation (McCoy and O'Neill, 2008). They can promote B7 costimulatory molecules as well as MHC class II molecules (Iwasaki and Medzhitov, 2004).

TLR-mediated signaling by antigen-presenting cells, especially dendritic cells, can also modulate the adaptive response through its induction of immunomodulatory cytokines (Iwasaki and Medzhitov, 2004). As mentioned previously, studies have shown that in periodontitis, Th2 responses are associated with progressive lesions, while Th1 responses are associated with early stable lesions (Gemmell et al., 2002; Gemmell and Seymour, 2004). TLR2 has relevance to this pattern; studies indicate that TLR4 stimulation promotes a Th1 response through production of IL-12p70, IFNγ, and other Th1-associated molecules whereas TLR2 stimulation tends to promote a Th2 response, due in part to its failure to induce the IL-12p35 subunit (Goriely et al., 2008; Hirschfeld et al., 2001; Re and Strominger, 2001). Therefore, one can infer that the periodontal bacteria dictate the nature of the adaptive response, and therefore the progression of disease, through their specificities as TLR agonists. Thus, TLR2 can contribute to disease progression through its shaping of the adaptive response.

TLR2 is also involved in periodontal disease pathogenesis through its interactions with the complement system, which is also activated in periodontitis (Delima and Van Dyke, 2003). The signaling pathways of complement components and TLRs can engage in crosstalk, an important immune function under normal conditions. Certain pathogens in turn have developed methods to
exploit these crosstalk pathways to promote their own survival. TLR2 is utilized in this sense by periodontal pathogens.

TLR2 engages in crosstalk with C5aR, which was also differentially upregulated in the gingivae of old mice (Figure 2) (Liang et al., 2010). Furthermore, C5aR-deficient mice are protected from age-associated periodontal bone loss, implicating C5aR in age-associated periodontitis (Liang et al., 2011). TLR2-C5aR crosstalk is exploited by P. gingivalis, which not only activates TLR2, but cleaves C5 through the action of its gingipains, thereby inducing the release of excessive amounts of the anaphylatoxin C5a, the ligand for C5aR (Wingrove et al., 1992). This crosstalk exploitation can promote the survival of P. gingivalis in more than one way. First, TLR2-C5aR crosstalk in macrophages will cripple cellular immunity through inhibition of TLR2-dependent IL-12p70 production. The MEK-ERK1/2 pathway is implicated in this C5aR-mediated regulatory pathway, which is selective for IL-12p70; this crosstalk also produces excessive pro-inflammatory and bone-resorptive cytokines such as IL-1β, IL-6, and TNF-α (Liang et al., 2011). Secondly, TLR2-C5aR crosstalk can increase cyclic adenosine monophosphate (cAMP) concentrations in macrophages, which promotes a cAMP-dependent protein kinase A (PKA) signaling pathway that ultimately prevents iNOS production (Wang et al., 2010).

Furthermore, activation of TLR2-CXCR4 crosstalk by P. gingivalis inhibits iNOS production in the same cAMP-dependent manner as TLR2-C5aR crosstalk does (Hajishengallis et al., 2008), and these two crosstalk pathways can even act synergistically (Wang et al., 2010).
Finally, *P. gingivalis* and *Mycobacterium tuberculosis* (and potentially other pathogens) exploit TLR2-complement receptor 3 (CR3) interactions for intracellular entry, inhibition of IL-12p70, and enhanced persistence in macrophages (Hajishengallis et al., 2007; Hajishengallis, 2009; Wang et al., 2007). CD11b and CD18, which heterodimerize to form CR3 (CD11b/CD18), were also differentially upregulated in the gingivae of old mice (Figure 3), suggesting the possibility that mouse periodontal bacteria are exploiting this pathway (Liang et al., 2010).

Though *P. gingivalis* is the pathogen of interest in these studies, and TLR2 the receptor of interest, it is likely that other oral pathogens exploit these crosstalk mechanisms in periodontitis, or similar, yet undiscovered ones to promote their virulence, given the novelty and importance of this specific field (Hajishengallis and Lambris, 2011).

Despite the lack of knowledge regarding the bacterial profile in the periodontium of the aged, diseased mice studied by Liang et al. (Liang et al., 2010), the differential up-regulation of TLR2 in comparison to other PRRs, including TLR4 (Figure 2), in the gingivae of the aged mice is consistent with the conclusion that TLR2 signaling is a critical contributor in periodontitis pathology.
THE ROLE OF MYD88 IN TLR2- AND TLR4- SIGNALING

MyD88 plays an essential role in TLR2-mediated inflammatory signaling. It is one of five adaptor proteins utilized in TLR signaling, in addition to MyD88-adaptor-like (MAL; also known as TIRAP), TIR-domain-containing adapter protein inducing IFNβ (TRIF), TRIF-related adaptor molecule (TRAM), and sterile α- and armadillo-motif-containing protein (SARM). Different TLR groups use different combinations of these adapters, gifting the TLR-mediated response with even more specificity (O'Neill and Bowie, 2007).

Though TLR2 and TLR4 share many downstream signaling pathways inducing some of the same innate cytokines such as IL-1 and TNFα, there are also differences in their signaling capacities. TLR2 and TLR4 both use MAL in addition to MyD88; MAL links the TLRs to MyD88 (though some TLRs do not require MAL for this purpose). In addition, TLR4 utilizes TRIF and TRAM in an MyD88-independent pathway, with TRAM linking TLR4 with TRIF. Thus, TLR signaling can be broadly categorized into two pathways: the MyD88-dependent pathway, which is utilized by all TLRs except TLR3, and the MyD88-independent pathway, or TRIF-dependent pathway, which is utilized exclusively by TLR3 and TLR4 (Brown et al., 2010; Kumar et al., 2009a; O'Neill and Bowie, 2007).

In the MyD88-dependent pathway, a cascade of kinases involving members of the IRAK family, TRAF-6, and TAK1 are activated. This then initiates the MAP kinases and IkB kinases, which activate AP-1 and NFκB, respectively to promote the transcription of pro-inflammatory cytokines including TNFα and IL-1β.
MyD88 is essential for inflammatory signaling; studies have shown unresponsiveness to ligands for both TLR2 and TLR4 in MyD88−/− mice (Kawai et al., 1999; O’Neill and Bowie, 2007; Takeuchi et al., 2000).

In the MyD88-independent pathway, a cascade of kinases involving TRAF-3, TBK1 and IKKi ultimately activates the transcription factor IRF-3, which primarily promotes the production of type I interferons. However, this pathway can also promote inflammatory cytokine production because TRIF can activate TAK1. However, this occurs with delayed kinetics in comparison with that of the MyD88-dependent pathway (Brown et al., 2010; Kawai et al., 1999; Kumar et al., 2009b; Yamamoto et al., 2003).
Figure 3. TLR adaptor molecules and signaling pathways. Signaling specificity of a given TLR can be imparted via the interaction of its TIR domain with MyD88, TIRAP, TRIF, or TRAM. All TLRs except TLR3 utilize MyD88 for the production of inflammatory cytokines. TLR2 and TLR4 recruit MAL/TIRAP and MyD88 to their TIR domain for activation of NF-κB and MAPKs that regulate inflammatory cytokine production. TLR4 can signal independently of MyD88 via the recruitment of TRAM and TRIF that activate IRF3 for the production of type I IFNs and delayed activation of MAPKs and NF-κB activity through TAK1. Brown et al., J. Dent. Res., (2010).
HYPOTHESIS

Mice develop naturally occurring periodontitis as a function of age. TLR2 can induce pro-inflammatory signals and was found to be differentially upregulated in the gingivae of aged mice as compared to young controls. MyD88 is a major signaling adaptor acting downstream of TLR2. Therefore, I hypothesized that $\text{TLR2}^\sim$ and $\text{MyD88}^\sim$ mice would be protected from age-associated periodontal bone loss. This would implicate these molecules in age-associated periodontitis, and thus their potential as targets for therapies to counteract it.
CHAPTER II:
MATERIALS AND METHODS

MICE

C57BL/6 wild-type, *TLR2*⁻/⁻, and *MyD88*⁻/⁻, and BALB/c wild-type mice were obtained from The Jackson Laboratory. The *TLR2*⁻/⁻ mice were originally C57BL/6 and we backcrossed them for nine generations onto a BALB/c genetic background before their use in these studies. Mice were raised to appropriate ages under specific-pathogen-free conditions in individually ventilated cages in the Barrier Animal Facility of the University of Louisville. All animal procedures described in this study were approved by the Institutional Animal Care and Use Committee, in compliance with established federal and state policies.

DETERMINATION OF PERIODONTAL BONE LOSS

Periodontal bone levels were assessed in defleshed maxillae under a dissecting microscope (x40) fitted with a video image marker measurement system (VIA-170K; Boeckeler Instruments) standardized for measurements in millimeters. Specifically, the distance from the cementoenamel junction (CEJ) to the alveolar bone crest (ABC) was measured on 14 predetermined points on the
buccal surfaces of the maxillary molars. To calculate relative bone loss (e.g. 
TLR2<sup>−/−</sup> mice vs. wild-type controls, or old mice vs. young controls), the 14-site 
total CEJ-ABC distance for each mouse was subtracted from the mean CEJ-ABC 
distance of control mice. The results were expressed in mm and negative values 
indicated bone loss relative to controls.

ORAL BACTERIA SAMPLING

To assess the oral microbial burden, the murine oral cavity was sampled 
for 15 seconds using sterile paperpoints in contact with the gumlines. Serial 
dilutions of the paperpoint extracts were inoculated on GAM blood agar plates 
and grown anaerobically at 37°C for one week for CFU determination.

QUANTITATIVE REAL-TIME PCR

Immediately upon sacrificing, gingival tissue was excised from around the 
maxillary molars. Total RNA was extracted using the PerfectPure RNA cell kit (5 
Prime, Fisher) and quantified by spectrometry (Nanodrop) at 260 and 280 nm. 
The RNA was reverse-transcribed using the High-Capacity cDNA Archive kit 
(Applied Biosystems) and quantitative real-time PCR was performed using the 
ABI 7500 Fast System, according to the manufacturer’s protocol (Applied 
Biosystems). TaqMan probes, sense primers, antisense primers for expression of 
genes examined in this study (Figures 7, 11), or a housekeeping gene (GAPDH),
were purchased from Applied Biosystems. Samples were denatured for 23 seconds at 95°C and annealed and extended at 60°C for 30 seconds following the manufacturer's protocol (Applied Biosystems) for a total of 40 cycles. Target genes vs. GAPDH were calculated as fold change using the relative quantitation formula, $2^{\Delta\Delta Ct}$.

STATISTICAL ANALYSIS

Data were evaluated by analysis of variance and the Dunnett multiple-comparison test using the InStat program (GraphPad Software, San Diego, CA). Where appropriate (comparison of two groups only), two-tailed t tests were performed. A p value, 0.05 was taken as the level of significance.
CHAPTER III:

RESULTS

TLR2<sup>−/−</sup> MICE DEVELOP LESS AGE-ASSOCIATED BONE LOSS THAN WILD-TYPE CONTROLS

Mice develop naturally occurring periodontitis as a function of age. TLR2 can induce pro-inflammatory signals and was found to be differentially upregulated in the gingivae of aged mice as compared to young controls. Therefore, we investigated whether TLR2 deficiency attenuated age-associated periodontal bone loss. BALB/c and TLR2<sup>−/−</sup> mice were raised under specific-pathogen-free conditions, and then sacrificed at two time points: the young group (5 mice per group) at 8 weeks, and the old (16 mice per group) at 18 months. Bone levels were measured as the distance from the cemento-enamel junction to the alveolar bone crest from 14 predetermined maxillary buccal sites. The BALB/c wild-type and TLR2<sup>−/−</sup> mice had similar bone levels in their youth at 8 weeks. Both groups showed greater bone loss when aged. However, TLR2<sup>−/−</sup> mice showed less age-associated change compared to the wild-types (Figure 4). Thus, TLR2<sup>−/−</sup> mice experience less age-associated periodontal bone loss relative to the wild-type controls.
Figure 4. Age-associated periodontal bone loss in Normal and TLR2<sup>−/−</sup> mice.

The total distance (mm) from the cementoenamel junction (CEJ) to the alveolar bone crest (ABC) from 14 predetermined maxillary buccal sites in each sample was measured on 5 young (8 week-old) and 16 old (18 month-old) mice for each group. Greater CEJ-ABC distances indicate greater bone loss. (Top) Each point corresponds to the sum of these distances for each sample. Old TLR2<sup>−/−</sup> mice
exhibited less (*p < 0.01) bone loss compared with age-matched BALB/c wild-type mice. (Bottom) The average changes in CEJ-ABC distances from young to old mice for BALB/c wild-type and \( TLR2^{-/-} \) mice. The \( TLR2^{-/-} \) mice showed less (*p < 0.01) age-associated change relative to the wild-type controls. Data are means ± SD (Bottom).
Figure 5. Representative images of CEJ-ABC distances in wild-type and *TLR2*−/− mice at 18 months. Representative images of defleshed maxillae showing that *TLR2*−/− mice (right) develop less age-associated bone loss compared to BALB/c wild-type controls (left). Periodontal bone levels were assessed under a dissecting microscope (x40) fitted with a video image marker measurement system (VIA-170K; Boeckeler Instruments) standardized for measurements in millimeters. The distance from the cementoenamel junction (CEJ) to the alveolar bone crest (ABC) was measured on 14 predetermined points on the buccal surfaces of the maxillary molars.
ORAL ANAEROBIC BACTERIAL LOAD IS INCREASED IN AGED TLR2⁺⁻ MICE

Inflammation can kill bacteria when operating as intended, but can also contribute to their persistence by providing nutrients. We investigated the influence of TLR2 deficiency on oral microbial burden to determine the effects of the inflammatory response in this respect. To assess the oral microbial burden, the murine oral cavity was sampled for 15 seconds using sterile paperpoints in contact with the gumlines. Serial dilutions of the paperpoint extracts were inoculated on GAM blood agar plates and grown anaerobically at 37°C for one week for CFU determination. TLR2⁺⁻ mice were less able to clear these bacteria from the oral cavity than their BALB/c wild-type controls (Figure 6).
Figure 6. Oral anaerobic bacterial load is increased by TLR2 deficiency in aged mice. The murine oral cavities of 16 old (18 months) BALB/c wild-type and 16 old TLR2−/− mice were each sampled for 15 seconds using sterile paperpoints in contact with the gumlines. Serial dilutions of the paperpoint extracts were inoculated on GAM blood agar plates and grown anaerobically at 37°C for one week for CFU determination. The TLR2−/− mice showed greater (p < 0.01) CFU than their age-matched wild-type mice.
GINGIVAL EXPRESSION OF INNATE INFLAMMATORY MEDIATORS INDICATES LESSENEO INFLAMMATION IN AGED TLR2\textsuperscript{\textminus} MICE

To determine inflammatory mechanisms of the innate immune system influenced by TLR2 deficiency in aged mice, we investigated the expression of innate receptors, adapters, and cytokines involved in inflammation in the gingivae of the aged (18 months) BALB/c wild-type and TLR2\textsuperscript{\textminus} mice. Quantitative real-time PCR was used to determine gingival mRNA expression levels for the indicated receptors (normalized against GAPDH mRNA levels). This data shows expression levels in the gingivae of 18-month old TLR2\textsuperscript{\textminus} mice relative to their wild-type controls (Figure 7). The mRNA expression of inflammatory markers was overall reduced in the old TLR2\textsuperscript{\textminus} mice compared with their age-matched BALB/c wild-type controls. Those molecules of particular interest which were expressed at lower levels in the TLR2\textsuperscript{\textminus} mice included TLR1, TLR6, CD14, MyD88, IL-1β, and RANKL (see Discussion).
Figure 7. mRNA expressions in the gingivae of old TLR2⁻/⁻ mice relative to wild-type controls. Quantitative real-time PCR was used to determine gingival mRNA expression levels for the indicated innate receptors and adapters (Top), and inflammatory markers (Bottom). The gingival tissue used was excised from around the maxillary molars of aged (18 months) TLR2⁻/⁻ mice and aged BALB/c wild-type mice. Results are shown as fold change of aged TLR2⁻/⁻ mice relative to BALB/c wild-type mice. Each data point represents mean ± SD of 3 separate expression values, corresponding to qPCR analysis of total gingival RNA from individual mice.
MYD88⁻/⁻ mice develop less age-associated bone loss than wild-type controls

Mice develop naturally occurring periodontitis as a function of age. MyD88 is a major signaling adaptor acting downstream of TLR2, which was found to be differentially upregulated in the gingivae of aged mice as compared to young controls. Therefore, we investigated whether MyD88 deficiency attenuated age-associated periodontal bone loss. C57BL/6 and MyD88⁻/⁻ mice were raised under specific-pathogen-free conditions, and then sacrificed at two time points: the young group (5 mice per group) at 8 weeks, and the old (9 mice per group) at 18 months. Bone levels were measured as the distance from the cemento-enamel junction to the alveolar bone crest from 14 predetermined maxillary buccal sites. The C57BL/6 wild-type and MyD88⁻/⁻ mice had similar bone levels in their youth at 8 weeks. Both groups showed greater bone loss when aged. However, MyD88⁻/⁻ mice showed less age-associated change compared to the wild-types (Figure 8). Thus, MyD88⁻/⁻ mice experience less age-associated periodontal bone loss relative to the wild-type controls.
Figure 8. Age-associated periodontal bone loss in Normal and *MyD88*<sup>−/−</sup> mice. The total distance (mm) from the cemento-enamel junction (CEJ) to the alveolar bone crest (ABC) from 14 predetermined maxillary buccal sites in each sample was measured on 5 young (8 week-old) and 9 old (18 month-old) mice for each group. Greater CEJ-ABC distances indicate greater bone loss. (Top) Each point corresponds to the sum of these distances for each sample. Old
MyD88−/− mice exhibited less (*p < 0.01) bone loss compared with age-matched C57BL/6 wild-type mice. (Bottom) The average changes in CEJ-ABC distances from young to old mice for C57BL/6 wild-type and MyD88−/− mice. The MyD88−/− mice showed less (*p < 0.01) age-associated change relative to the wild-type controls. Data are means ± SD (Bottom).
18 months old

Figure 9. Representative images of CEJ-ABC distances in wild-type and *MyD88*+/− mice at 18 months. Representative images of defleshed maxillae showing that *MyD88*+/− mice (right) develop less age-associated bone loss compared to C57BL/6 wild-type controls (left). Periodontal bone levels were assessed under a dissecting microscope (x40) fitted with a video image marker measurement system (VIA-170K; Boeckeler Instruments) standardized for measurements in millimeters. The distance from the cementoenamel junction (CEJ) to the alveolar bone crest (ABC) was measured on 14 predetermined points on the buccal surfaces of the maxillary molars.
ORAL ANAEROBIC BACTERIAL LOAD IS DECREASED IN AGED MYD88⁻/⁻ MICE

Inflammation can kill bacteria when operating as intended, but can also contribute to their persistence by providing nutrients. We investigated the influence of MyD88 deficiency on oral microbial burden to determine the effects of the inflammatory response in this respect. To assess the oral microbial burden, the murine oral cavity was sampled for 15 seconds using sterile paperpoints in contact with the gumlines. Serial dilutions of the paperpoint extracts were inoculated on GAM blood agar plates and grown anaerobically at 37°C for one week for CFU determination. MyD88⁻/⁻ mice were able to clear these bacteria from the oral cavity more effectively than their C57BL/6 wild-type controls (Figure 10).
Figure 10. Oral anaerobic bacterial load is decreased by MyD88 deficiency in aged mice. The murine oral cavities of 12 old (18 months) C57BL/6 wild-type and 15 old MyD88−/− mice were each sampled for 15 seconds using sterile paperpoints in contact with the gumlines. Serial dilutions of the paperpoint extracts were inoculated on GAM blood agar plates and grown anaerobically at 37°C for one week for CFU determination. The MyD88−/− mice showed greater (p < 0.01) CFU than their age-matched wild-type mice.
GINGIVAL EXPRESSION OF INNATE INFLAMMATORY MEDIATORS INDICATES ACTIVATION OF TRIF-DEPENDENT PATHWAY IN AGED *MYD88* MICE

To determine inflammatory mechanisms of the innate immune system influenced by MyD88 deficiency in aged mice, we investigated the expression of innate receptors, adapters, and cytokines involved in inflammation in the gingivae of the aged (18 months) C57BL/6 wild-type and *MyD88* mice. Quantitative real-time PCR was used to determine gingival mRNA expression levels for the indicated receptors (normalized against GAPDH mRNA levels). This data shows expression levels in the gingivae of 18-month old *MyD88* mice relative to their wild-type controls (Figure 11). Of particular interest was the increased mRNA expression of TLR4, TRIF, and IFNβ, in the old *MyD88* mice compared with wild-type controls, which indicate activation of the TRIF-dependent pathway. Also of interest were the increased expression of RANKL and the decreased expression of IL-1β in the old *MyD88* mice compared with wild-type controls (see Discussion).
Figure 11. mRNA expressions in the gingivae of old MyD88⁻/⁻ mice relative to wild-type controls. Quantitative real-time PCR was used to determine gingival mRNA expression levels for the indicated innate receptors and adapters (Top), and inflammatory markers (Bottom). The gingival tissue used was excised from around the maxillary molars of aged (18 months) MyD88⁻/⁻ mice and aged C57BL/6 wild-type mice. Results are shown as fold change of aged MyD88⁻/⁻ mice relative to C57BL/6 wild-type mice. Each data point represents mean ± SD of 3 separate expression values, corresponding to qPCR analysis of total gingival RNA from individual mice.
CHAPTER IV:

DISCUSSION AND CONCLUSIONS

DISCUSSION

We found that $\text{TLR2}^{/-}$ and $\text{MyD88}^{/-}$ mice developed less age-associated periodontal bone loss compared with wild-type controls (Figures 4,8). Therefore, TLR2 and MyD88 must contribute to age-associated periodontal bone loss. We were unable to determine which molecule contributes more significantly because the $\text{TLR2}^{/-}$ mice were of BALB/c background whereas the $\text{MyD88}^{/-}$ mice were of C57BL/6 background. The $\text{TLR2}^{/-}$ mice were backcrossed onto a BALB/c genetic background to accommodate other projects by our lab.

Past studies have shown that $\text{TLR2}^{/-}$ mice are protected from periodontal bone loss in relatively acute models using oral gavage with known human periodontal pathogens (Burns et al., 2006). The novelty of these results is that they derive from a truly chronic aging model of periodontitis, which takes into consideration any cell-intrinsic defects of the immune system and the tissue environment in the aged mice. Therefore, this is a step closer towards what may occur in elderly humans, and strengthens the case for these molecules as therapeutic targets in age-associated periodontitis.
Inflammation is a “double-edged sword” in the sense that it can kill pathogens when operating as intended, but, in addition to causing tissue damage, can actually provide nutrients essential to the persistence of certain bacteria (Delima and Van Dyke, 2003), thus counteracting the intended effect. Our CFU results give us insights into what may have occurred in this respect.

The oral anaerobic bacterial load was higher in the TLR2−/− mice compared with wild-type controls (Figure 6), indicating that TLR2 signaling improves bacterial clearance. Despite the more efficient TLR2-mediated bacterial killing by our BALB/c wild-type mice, the collateral damage of the inflammatory response still resulted in tissue damage, evidenced by the increased bone loss of these wild-types. Perhaps some of these anaerobes are cleared effectively, yet the most persistent pathogens are prolonging the ineffective inflammation.

Surprisingly, the MyD88−/− mice showed the opposite trend from the TLR2−/− mice. MyD88 deficiency improved bacterial clearance (Figure 10), suggesting that other immune pathways may work more effectively in the absence of MyD88 signaling. Given the vast impact of MyD88 signaling, compensatory up-regulation of other immune pathways with bactericidal effects is possible. Perhaps activation of the MyD88-independent pathway (Figure 11; see below) is providing an effective means of clearing these bacteria, either through an effective low-grade inflammatory response or some other means.
It is also possible that a significant lack of inflammation in the MyD88\(^{-/-}\) mice is starving the bacteria of nutrients required for their growth and reproduction.

These CFU results may involve differing oral bacterial compositions responsible for innate immune activation, as well as their differing resistances to the host response; we did not identify these bacterial species, although they were all anaerobes. It is possible that these bacterial profiles differed between the BALB/c and C57BL/6 mice, perhaps due to their different genetic backgrounds; a potential source of error, given the vastly different CFU counts between the BALB/c and C57BL/6 wild-type mice. Nevertheless, the pathogens that are persistent in the C57BL/6 wild-type mice are triggering the chronic inflammation responsible for their increased bone loss.

For the TLR2\(^{-/-}\) mice, the quantitative real-time PCR suggests an overall decreased inflammatory response compared to the wild-types (Figure 7). In the TLR2\(^{-/-}\) mice, mRNA expressions for CD14, TLR1 and TLR6 were all expressed at lower levels, consistent with the fact that they all associate with TLR2 for inflammatory signaling. MyD88 mRNA was also lower, indicating that TLR2 signals through MyD88 in the wild-types. IL-1\(\beta\) and RANKL, both bone-resorptive cytokines, also expressed lower levels in the TLR2\(^{-/-}\) mice. These results support an increased inflammatory state in normal BALB/c wild-type mice, and thus the increased bone loss.
The qPCR results for the MyD88−/− mice also indicated a lower expression of IL-1β compared to wild-types (Figure 11). Interestingly, unlike the TLR2−/− mice, RANKL was expressed at a higher level in the MyD88−/− mice, indicating perhaps, distinct effects of MyD88 deficiency and TLR2 deficiency on bone-resorptive mechanisms. The most obvious trend in these qPCR results, however, is the upregulation of the MyD88-independent pathway in the MyD88−/− mice, as evidenced by their increased mRNA expression of TLR4, TRIF, and IFNβ. Thus, we can conclude that this pathway does not produce comparable inflammation or bone resorption compared to the MyD88-dependent signaling in the wild-type controls.
CONCLUSION

In conclusion, we have shown that TLR2 and MyD88 contribute to periodontal bone loss in aged mice. Although their differential effects on bacterial burden and their influence on certain genes (e.g. RANKL) possibly indicate distinct bone-resorptive mechanisms, they both induce destructive effects. This suggests that these molecules may be potential targets for drug therapies in the treatment of age-associated periodontitis. This in turn, may reduce the risk of associated conditions in the growing elderly population.
REFERENCES


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CONFERENCE PRESENTATIONS  
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