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RETINOIC ACID SIGNALING REGULATES KRT5 INDEPENDENTLY OF STEM
CELL MARKERS IN SUBMANDIBULAR SALIVARY GLAND EPITHELIUM

Timur Maratovich Abashev

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RETINOIC ACID SIGNALING REGULATES KRT5 INDEPENDENTLY OF STEM
CELL MARKERS IN SUBMANDIBULAR SALIVARY GLAND EPITHELIUM

By

Timur Abashev

Doctor of Stomatology., Moscow State Medical Stomatological University,
2012

Thesis Approved on

November 22, 2016

By the following Thesis Committee:

Dr. Lisa Sandell. Ph. D.

Dr. Shuang Liang, Ph.D.

Dr. Douglas Darling, Ph.D.

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ABSTRACT

RETINOIC ACID SIGNALING REGULATES KRT5 INDEPENDENTLY OF STEM CELL MARKERS IN SUBMANDIBULAR SALIVARY GLAND EPITHELIUM

Timur Abashev

November 22, 2016

Vitamin A metabolism, which produces the signaling molecule Retinoic Acid (RA), has been demonstrated to be important for growth and branching morphogenesis of mammalian embryonic salivary gland epithelium. However, it is not known whether RA functions directly within epithelial cells or in associated tissues that influence morphogenesis of salivary epithelium. Moreover, downstream targets of RA transcriptional regulation have not been identified. Here we show that canonical RA signaling occurs in multiple tissues of embryonic mouse salivary glands, including epithelium, associated parasympathetic ganglion neurons, and non-neuronal mesenchyme. By culturing epithelium explants in isolation from other tissues we demonstrate that RA influences epithelial morphogenesis by direct action in that tissue. Moreover, we demonstrate that inhibition of RA signaling represses FGF10 signaling and upregulates expression of the basal epithelial keratins *Krt5* and *Krt14*. Importantly, we show that the stem cell gene *Kit* is regulated inversely from

Krt5/Krt14 by RA signaling. Thus, expression of *Krt5* and *Krt14* are independent of stem cell character in this context. These data suggest that RA or chemical inhibitors of RA signaling could potentially be used for modulating growth and differentiation of epithelial stem cells for the purpose of re-populating damaged glands or generating bioengineered organs

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CHAPTER 1

INTRODUCTION

1.1 Salivary gland overview

The oro-maxillofacial area is a complex part of the human body that serves many functions. It is important for initial food processing, communication, aesthetics and many other aspects of life. The oro-maxillary region hosts specific unique organs. Among these are salivary glands, which play significant roles in physiology. Some salivary gland functions are important for local oral health. For instance, salivary glands are essential for maintenance of local immunity in the oral cavity, facilitation of food processing, and digestion. Salivary glands also play role in general health and physiology. For example, they filter and excrete metabolites from the systemic blood to help rid the body of toxins. The main function of salivary glands is a production of a specific secretion called saliva. Saliva is a crucial component of an oral cavity. Saliva determines pH of an oral cavity, controls mineralization of teeth, facilitates food digestion and vocalization and plays a variety of other functions.

Salivary glands are represented by two main groups anatomically: major salivary glands and minor salivary glands. Minor salivary glands are scattered through mucosal tissue of the respiratory tract and the upper digestive tract, primarily within the tongue and lips of the oral cavity. Major salivary glands are positioned

in oro-facial area in close proximity to the oral cavity. The major salivary glands are represented by three pairs: the parotid, the submandibular, and the sublingual salivary glands.

The parotid salivary gland pair is located in masseter-retromandibular area and in the upper portion of the neck. The main ducts of the parotid glands open near upper into the oral cavity near the second molar on the mucosa of the cheek. In humans, the parotid glands are the largest salivary gland pair. Parotid glands secrete saliva enriched in serous, proteinous components. The second pair of major salivary glands is the submandibular salivary gland pair. The submandibular salivary glands (SMG) are positioned in the submandibular area medial to a mandible, with one portion on top of the mylohyoid muscle, and another underneath. The main ducts of the SMG open under the tongue. SMG produce a mixed type of saliva, with both serous and mucous components. The third type of major salivary glands are called sublingual gland, located under the tongue. The main ducts of the sublingual glands also open under the tongue, and sometimes the ducts of the sublingual glands and the SMG fuse and open as one. Sublingual glands mainly produce mucous saliva.

Salivary glands are important for human health. Loss of salivary gland function, which occurs frequently in patients suffering from the autoimmune condition Sjogren's syndrome, or in cancer patients treated with radiation to the head and neck, has devastating consequences for quality of life. Thus, knowledge of salivary gland biology is an important research goal.

1.2 Salivary gland diseases

Diseases of salivary gland create a significant human healthcare issue. The condition when salivary glands do not produce enough saliva is called xerostomia. There are several reasons that lead to this condition. In The United States cancers of the head and neck are diagnosed at a rate of approximately 50,000 new cases each year (Altekruse et al., 2010), and treatment of head and neck cancers, using radiation therapy of the, carries a significant risk of damaging salivary glands (Liu, C. C et al., 2011, Vergeer, M. R. et al., 2009). Salivary glands health and function can also be compromised as a result of the condition called Sjogren's syndrome. It is a common systemic autoimmune disorder, and as much as 3% of people in their 70s can suffer from this condition (Baldini, C. et al., 2012, Haugen, A. J. et al., 2008). The syndrome creates with significant healthcare costs and substantially affects the quality of life (Strömbeck, B. et al., 2000).

Treatment of salivary gland diseases has a great importance in order to help patients that suffer from salivary gland diseases and maintenance of oral health. Research of "salivary gland morphogenesis and structure" has been identified as one of the priorities of oral health research. Restoration of salivary production is the long-term goal of this research and it is aimed at the patients with xerostomia. This can be achieved via approaches such as transplantation of salivary gland

stem cells or bioengineered organs (Joraku, A. et al., 2007, Lombaert, I. M. et al., 2008, Holmberg, K. V. et al., 2014, Nguyen, T. T. et al., 2013).

1.3 Treatment of salivary gland diseases.

Diseases of salivary glands are detrimental for patients. Current treatments for xerostomia include drugs that increase salivation, and artificial salivary substitutes. These treatment options only alleviate symptoms or force residual salivary gland tissue to work over its limit. They do not help to restore or regenerate salivary glands. Therefore, new approaches aimed at healing and repairment of glandular tissue must be created. Two new promising treatment modalities are stem cell therapy and organ bioengineering. These options hold potential for repair of damaged glands and also for replacement of completely nonfunctional organs. Some progress toward creating functional bioengineered salivary glands has been made. Salivary glands were generated from mouse embryonic salivary gland cells, and the bioengineered glands were implanted into experimental animals (Ogawa et al., 2013). The bioengineered organs were able to produce a secretion; however, the quality of the saliva was not completely comparable with natural analog. Therefore, more precise understanding of embryonic development and salivary gland formation is needed.

1.4 Development of salivary glands

Murine salivary glands are similar to human salivary glands anatomically, physiologically, and genetically, therefore mouse is a good model to study salivary glands.

A well-studied model of salivary gland organogenesis is SMG growth and development in the mouse. SMG develop through certain stages. Formation of SMG in mice starts at embryonic day 11.5 (E11.5) as a thickening of oral epithelium on each side of the base of tongue (Fig. 1A). By the E12.5 stage of development, epithelium dives into the surrounding mesenchyme and forms a structure called initial bud (Fig. 1B). As gland development progresses, the initial bud undergoes processes that are called clefting and branching. As soon as the first round of clefting is completed, the SMG has a 3-5 bud structure (Fig. 1C). This phase is called the pseudo-glandular stage. The next important stage in SMG formation is an establishment of initial ducts. By day E15.5 the terminal cells of endbuds start to differentiate into specialized secretory saliva-producing cells (Fig. 1D). As morphogenesis progresses, a gland undergoes sequential rounds of clefting and branching, forming a complex network of ducts acini with end buds, which empty into bigger diameter ducts and eventually into a main excretory duct that opens into the oral cavity. Formation of SMG is largely completed by embryonic day E17.5 (Fig. 1E), but differentiation and maturation of cells continue for several weeks postnatally.

Figure 1: Schematic representation of stages of salivary gland organogenesis.

(A) initiation of the SMG thickening of oral epithelium. (B) Initial bud stage. (C) Pseudo-glandular stage. (D) Initial duct formation (E) Formed salivary gland

Previous research has highlighted the importance of interactions between different tissues of developing salivary glands during SMG morphogenesis. For example, at early stages of development, interactions between oral epithelium and underlying mesenchyme are critical for salivary gland formation (Kratochwil, 1969; Wells et al., 2013). At later stages of morphogenesis, neurons of the submandibular parasympathetic ganglion stimulate growth, branching, and tubulogenesis of gland epithelium (Knox et al., 2010; Nedvetsky et al., 2014). Studies of mutant mice and experiments with tissue explants cultured *ex vivo* have demonstrated that signaling by growth factor FGF10 via its receptor FGFR2b is critical for growth and branching morphogenesis of embryonic salivary epithelium (De Moerlooze et al., 2000; Entesarian et al., 2005; Jaskoll et al., 2005; Ohuchi et al., 2000; Steinberg et al., 2005).

Although, signaling molecules are essential for normal development of salivary gland epithelium extracellular matrix (ECM) also significantly influences the process. Among many ECM molecules, Heparan Sulfate is considered to be the most important. This ECM molecule increases the affinity of FGF10 to its receptor and possibly other growth factors (Makarenkova et al., 2009; Patel et al., 2016). Therefore, it has a direct effect on branching morphogenesis of salivary gland epithelium.

A major goal of salivary gland research is to identify the molecular regulation of epithelial progenitor cells that could contribute to the regeneration of damaged glands or could be used to direct differentiation of stem cells to bioengineer replacement salivary epithelium. One pair of molecules proposed to

mark salivary gland progenitor cells are the intermediate filament proteins cytokeratin 5 (KRT5) and KRT14 (Knox et al., 2010; Lombaert et al., 2011). *Krt5* is expressed in the basal layer of developing SMG epithelium. Lineage tracing of cells expressing *Krt5* early demonstrated that these cells give rise to most of the SMG epithelium, suggesting *Krt5* marks multipotent cells with progenitor character (Knox et al., 2010). In addition to marking progenitor cells of salivary glands, KRT5 and KRT14 are present in basal progenitors cells in other epithelial organs, including trachea (Rock et al., 2009), prostate (Hudson et al., 2001), bladder (Colopy et al., 2014), and lung (Zuo et al., 2015). Although *Krt5* expression is associated with progenitor character in salivary glands, the recent discovery that SMG acinar cells regenerate by self-duplication (Aure et al., 2015) demonstrated that acinar epithelium does not renew from ductal *Krt5*⁺ cells (Aure et al., 2015).

An additional factor that is present in stem cells or progenitor cells of salivary epithelium is the receptor tyrosine kinase KIT. KIT is present in stem or progenitor cells of the hematopoietic system and many other tissues and organs (Broudy, 1997; Ogawa et al., 1991). In salivary glands, KIT⁺ epithelial progenitor cells are able to regenerate irradiated glands (Lombaert et al., 2008; Nanduri et al., 2013).

1.5 RA mechanism of action

RA, the active metabolite of Vitamin A (all-*trans*-retinol), is a small lipid-soluble molecule that regulates many aspects of embryogenesis and adult health (reviewed in (Clagett-Dame and Knutson, 2011)). Knowledge about how RA and related molecules may regulate embryonic morphogenesis of specific tissue types is needed for a basic understanding of developmental biology and because retinoids hold an obvious potential to be used pharmacologically. Canonical RA signaling occurs through a family of ligand-responsive nuclear receptors known as retinoic acid receptors (RAR), which bind to regulatory DNA elements known as RA response elements (Fig. 2). RAR may work as heterodimers with related nuclear transcription factors known as RXR (Mark M. et al., 2009). However, RXR can interact with other nuclear receptors independently of RAR (Tanoury, Z. et al., 2013). Although canonical RA signaling through RAR has historically been considered primarily in terms of ligand-dependent activation, emerging evidence indicates that ligand-dependent repression by RAR is a common mechanism of RA-mediated gene regulation (Liu et al., 2014).

Analysis of *Krt5* and *Krt14* cis-regulatory elements indicates that RA signaling represses *Krt5* expression in epidermal epithelial cells. RAR regulate *Krt5* expression by binding to negative RA response elements upstream of the *Krt5* promoter (Jho et al., 2001; Ohtsuki et al., 1992; Radoja et al., 1997; Tomic et al., 1990). In that context, ligand-occupied RAR suppress expression while unliganded RAR promote expression of *Krt5* (Tomic-Canic et al., 1996).

Vitamin A is converted into active form RA

Figure 2. RA regulates gene transcription. RA is the active metabolite of Vitamin A. RA acts as a ligand to RAR transcription factors. RA is capable of regulation of transcription of developmental genes.

We recently identified that RA is a critical regulator of mammalian salivary gland morphogenesis, and that blockage of RA signaling disrupts growth and branching morphogenesis of salivary epithelium (Wright et al., 2015). Our initial study was based on analyses of RA deficient mouse embryos and *ex vivo* culture of the whole SMG. As such, it was not possible to discern whether RA influences epithelial growth and branching by direct action in epithelial cells, or if RA influences epithelial morphogenesis indirectly by regulation of a different tissue that is needed for epithelium development. Moreover, downstream target genes of RA transcriptional regulation have not been investigated in developing salivary gland.

Here we report that RA signaling occurs in epithelial, neuronal, and mesenchymal tissues of the developing mouse SMG. By culturing isolated epithelial rudiments (ER) *ex vivo* in the presence or absence of a chemical RAR inhibitor, we show that RA signaling regulates growth and branching of epithelial tissue directly. We identify that the RA signaling pathway positively regulates FGF10 signaling activity in cultured SMG epithelia. We further demonstrate that inhibition of RA signal in cultured ER is associated with dramatic transcriptional upregulation of *Krt5* and *Krt14*. Lastly, we demonstrate that the de-repression of *Krt5* following RA signal inhibition does not correlate with altered expression of other salivary keratin genes or with stem cell markers. These findings demonstrate that RA signaling modulates differentiation of salivary epithelium by direct action within the epithelial cells and that RA negatively regulates

expression of *Krt5* and *Krt14*, but positively influences FGF10 signaling and *Kit* expression.

CHAPTER 2

MATERIALS AND METHODS

2.1 Mice

FVB/NJ mice were obtained from Jackson laboratories. FVB/NJ embryos were used for ER culture experiments and for qPCR quantitation of gene expression. RARE-lacZ reporter mice (Rossant et al., 1991), were obtained from Jackson laboratories (official name, Tg(RARE-Hspa1b/lacZ)^{12Jrt}). RARE lacZ embryos were used for immunostain analysis of RA signaling. The day of the vaginal plug was considered E0.5. All experiments involving mice were performed in accordance with a protocol approved by the Institutional Animal Care and Use Committee at the University of Louisville.

2.2 SMG whole gland ex vivo culture

SMG gland rudiments containing submandibular and sublingual salivary glands were dissected from mouse embryos at E13.5. Isolated SMG were cultured at the medium-air/interface on filter disks (Whatman Nucleopore, 13 mm, 0.1 μ m pore size: VWR) supported at a surface of the medium by gaskets made from Syglard elastomer. Medium was DMEM/F12 with 100 U/ml penicillin, 100 μ g/ml streptomycin, 150 μ g/ml Vitamin C, and 50 μ g/ml transferrin. Isolated glands were cultured in a humidified incubator at

37 °C with 5%CO₂/95% air. For experimental treatment with pan-RAR inhibitor, a stock solution of 1 mM BMS 493 (Tocris, #3509) in DMSO was added to the medium for a final concentration of 2 µM BMS 493 in the culture medium. An equivalent volume of DMSO was added to the medium for control samples.

2.3 Culture of ER

The medium used for dissection and washes was DMEM/F12 containing HEPES (HyClone SH30126.01). The medium used for culture was DMEM/F12 without HEPES (HyClone SH30271.01) plus 50 µg/ml transferrin, 150 µg/ml ascorbic acid, Penicillin/Streptomycin, 500 ng/ml recombinant mouse FGF 10 (RD Systems 6224-FG-025), and 500 ng/ml Heparan sulfate proteoglycan (Sigma-Aldrich H4777).

ER culture methods were based on a protocol described in (Steinberg et al., 2005). E13.5 SMG with 3-6 endbuds were dissected under a stereomicroscope in dissection medium. Once isolated, SMG were treated with dispase I (Sigma-Aldrich D4818), 1.6 U/ml in phosphate buffered saline (PBS), to loosen epithelium from mesenchyme. Dispase I incubation was performed in a well of a glass staining plate for 17 min in a humidified chamber 37°C, 5% CO₂. After dispase I treatment, dispase was inactivated by washing specimens 3 times in 7.5% BSA in dissection medium. ER were then separated from surrounding mesenchyme using fine tip forceps and were washed in dissection medium to remove BSA. Specimens were cultured inside a 15 µl drop of growth factor-

reduced Matrigel (Corning catalog number 356230). Prior to each experiment, an aliquot of Matrigel was thawed at 4°C overnight, then diluted 1:1 in dissection medium (4 mg/ml final). At the time of plating a 15µl drop of Matrigel was placed on top of a 13 mm diameter Nuclepore Track-Etch membrane filter, pore size 0.1 µm (Whatman, 110405). Filters were placed over 100 µl of culture medium supported by a silicone culture well gasket (Grace Biolabs CW-4R-1.0) in a plastic petri dish, with a small petri lid filled with H₂O to ensure humidity within the culture dish. Specimens were cultured at 3-8 ER/filter. ER were cultured 48 hours in a humidified incubator at 37 °C with 5%CO₂/95% air. Cultures were fed daily by adding fresh culture medium to an empty well of the culture well gasket and moving filter.

For inhibition of canonical RA signaling the pan-RAR inverse agonist BMS 493 (Tocris, #3509) was used. For each experiment, a fresh BMS 493 stock solution 5 mM in DMSO was prepared. The BMS 493 stock solution was then diluted in culture medium for a final concentration of 5 µM. For control samples, an equivalent volume of DMSO was added to culture medium.

Specimens were imaged with transmitted light at beginning and end of the culture period on using a Leica M165 stereomicroscope with Leica imaging software. Branching morphogenesis and growth of ER specimens were assessed by counting of endbuds and by quantification of a visible area using ImageJ software. The significance of the difference in a number of endbuds was calculated using Student's T-test.

2.4 Stain for RARE-lacZ reporter activity

RARE-lacZ or *Rdh10*^{β_{geo}} reporter β-galactosidase activity was assayed by fixing whole embryo or tissue specimens in 2% Paraformaldehyde/0.2% glutaraldehyde for 45–90 min on ice. Following fixation, specimens were rinsed and incubated 30 min at room temperature in Rinse Solution A: 5 mM EGTA/2 mM MgCl₂/PBS pH 7.3 (lab mixed or purchased from Millipore). Specimens were then rinsed and incubated 15 minutes at 37 °C in pre-warmed Rinse Solution B: 2 mM MgCl₂/0.01% Sodium deoxycholate/0.02% NP40/PBS pH 7.3 (lab mixed or purchased from Millipore). Stain Base solution: 0.5 mM K₃Fe(CN)₆/0.5 mM K₄Fe(CN)₆/2 mM MgCl₂/0.01% Sodium deoxycholate/0.02% NP40/PBS pH 7.3 (lab mixed or purchased from Millipore), was pre-warmed to 37 °C prior to addition of the reaction substrate X-gal. When specimens were fixed, rinsed, and ready to be stained, X-gal (Sigma-Aldrich B4252, suspended at 40 mg/ml in Dimethyl Formamide) was added to Stain Base Solution to a final concentration of 1 mg/ml. Specimens were incubated in stain solution overnight at 37 °C in the dark. After staining, specimens were post-fixed in 4% Paraformaldehyde overnight at 4 °C.

2.5 Whole mount immunostain

The whole mount cultured ER specimens were fixed on filters with 4% formaldehyde at room temperature for 1 hr, then made permeable by incubation in 0.1% Triton in PBS. After permeabilization, specimens were blocked in 0.1M Tris pH7.5, 0.15M NaCl with blocking reagent (Perkin Elmer FP1020). Primary antibody hybridization was performed in blocking solution overnight 4°C.

Following primary antibody incubation, specimens were washed 5 x 1 hr in PBS at room temperature. Hybridization with fluorescent secondary antibodies was performed in blocking solution overnight at 4°C. After secondary antibody hybridization specimens were washed 3 x 20 min in PBS. To aid in finding tissues during confocal microscopy specimens were stained with DAPI (10nM, 10 min) and washed in PBS. After staining ER specimens were post-fixed in 4% formaldehyde for 45 min at room temperature. All steps were performed with gentle rocking. For confocal imaging, stained ER specimens on filters were placed in a depression slide in PBS, covered with a coverslip affixed with vacuum grease, and imaged with an Olympus MPE FV1000 confocal microscope.

2.6 Frozen section immunostain

Embryonic heads were collected at E13.5 and E14.5 stages of development and fixed overnight in 4% formaldehyde at 4°C. Following fixation, samples were equilibrated in 30% sucrose overnight at 4°C. Samples were embedded in OCT compound and stored at -80°C. Tissues were cut at 12 µm thickness, vacuum dried 1 hr, and stored at -80°C. For staining, 1. sections were enclosed with a hydrophobic barrier using a PAP pen and washed for 5 min in 0.1% Tween 20 in PBS (PBT). Blocking was performed in blocking solution (as described for whole mount immunostain) for 1 h at room temperature.

Primary antibodies were hybridized overnight at 4 °C in a humidified chamber in blocking solution. Following incubation with primary antibodies, slides were washed 3 ×10 min in PBT. Secondary antibody hybridization was performed for 1 hr at room temperature in blocking solution. Unbound secondary antibody was removed by washing 3 ×10 min in PBT. Nuclei were stained with DAPI (10nM, 10 min), followed by a final wash in PBT. Stained slides were mounted with Prolong Gold mounting medium (ThermoFisher P36930). Stained frozen sections were imaged on a Zeiss AxioImager.A1.

2.7 Quantification of mRNA by qPCR

For gene expression analysis ER were cultured 6-8 specimens per filter. Following culture, ER specimens were recovered from Matrigel by incubating with Corning Cell Recovery solution (Corning 354253) for 1 hr on wet ice at 4°C with gentle shaking. ER were then washed twice with ice-cold PBS by spinning at 200G for 1 min. Total RNA was extracted with RNeasy Micro Kit (Qiagen 74004). DNA was removed by on-column DNase I digestion (Qiagen 79254). RNA was reverse transcribed to cDNA using random hexamers and the SuperScript III First-Strand Synthesis System (Invitrogen 18080-051). SYBRgreen qPCR was performed using SYBR Select Master Mix (Applied Biosystems 4472908). For each qPCR reaction, 100 ng of cDNA was used as a template. Data represent the average of 3 independent culture experiments with 6-8 ER/condition. Each sample was run as 3 technical replicates, except *Krt5*, which was run as 6 technical replicates. To identify a suitable control gene for normalization of mRNA levels in this experimental context *Gapdh* and *Actb* expression were assessed in control and BMS-treated samples to determine if an expression of either gene varied relative to the other. No difference was observed between *Gapdh* and *Actb* expression patterns, demonstrating that either gene could be used as an appropriate normalization control for ER cultured on control or BMS 493 medium. *Gapdh* was therefore used for normalization of gene expression. All primers were validated for efficiency between 90% - 110%. Data was evaluated by the $2^{-\Delta\Delta CT}$ method (Livak and

Schmittgen, 2001). Significance was evaluated by two-tailed Student's T-test assuming unequal variance.

2.8 Antibodies

Primary antibodies used were:

anti- β -galactosidase (Abcam ab9361) 1:500,

anti-E-cadherin (BD Biosciences #610182) 1:50,

anti-Neuronal Class III β -Tubulin (Covance, PRB0435-P) 1:1000,

anti-Cytokeratin 5, (Abcam ab24647)1:1000.

anti-Cytokeratin-8 (DSHB TROMA-I)1:50.

Fluorescently conjugated secondary antibodies, each used at 1:300 were:

Alexafluor 488, AlexaFluor 546, AlexaFluor 660 (Invitrogen), or Dynalight 488 (Abcam).

2.9 Primers

Many primers were identified using Primer Bank Database (Wang et al., 2012).

Table 1. List of primers used for qPCR

Gene	Forward primer	Reverse primer
<i>Actb</i>	GGCTGTATTCCCCTCCATCG	CCAGTTGGTAACAATGCCATGT
<i>Etv5</i>	TCAGTCTGATAACTTGGTGCTTC	GGCTTCCTATCGTAGGCACAA
<i>Gapdh</i>	ACAGTCCATGCCATCACTGCC	GCCTGCTTCACCACCTTCTTG
<i>Kit</i>	TCATCGAGTGTGATGGGAAA	GGTGACTTGTTTCAGGCACA
<i>Klf4</i>	GTGCCCCGACTAACCGTTG	GTCGTTGAACTCCTCGGTCT
<i>Krt5</i>	TCCAGTGTGTCCTTCCGAAGT	TGCCTCCGCCAGAACTGTA
<i>Krt8</i>	TCCATCAGGGTGACTCAGAAA	CCAGCTTCAAGGGGCTCAA
<i>Krt14</i>	AGCGGCAAGAGTGAGATTTCT	CCTCCAGGTTATTCTCCAGGG
<i>Krt19</i>	GGGGGTTTCAGTACGCATTGG	GAGGACGAGGTCACGAAGC
<i>Mki67</i>	ATCATTGACCGCTCCTTTAGGT	GCTCGCCTTGATGGTTCCT
<i>Myc</i>	ATGCCCCTCAACGTGAACTTC	CGCAACATAGGATGGAGAGCA
<i>Sox2</i>	GCGGAGTGGAACCTTTGTCC	CGGGAAGCGTGTACTTATCCTT
<i>Top2a</i>	CAACTGGAACATATACTGCTCCG	GGGTCCCTTTGTTTGTTATCAGC

2.10 Statistical Analysis

Statistical analysis was used in order to determine whether there was a significant difference between experimental groups. Student T-tests were completed (using Microsoft Excel software) to compare epithelium of cultured ER in control and treatment groups. We compared area, a number of buds and mRNA expression levels. This method was used to verify significant differences between ER in control group and BMS 493 treated group. Additional analysis was made to quantify a number of buds between control and RA treated group. Graphs and histograms were created using the same software.

CHAPTER 3

RESULTS

3.1 Identification of RA positive cells in murine SMG using *in vivo* and *in vitro* models.

In order to investigate the precise distribution of active RA signaling in developing SMG tissues, we performed immunostaining on frontal sections of embryos carrying the RARE-lacZ transgenic reporter (Rossant et al., 1991). This reporter expresses LacZ encoding β -galactosidase in response to canonical RA signaling through RAR. In embryos carrying this reporter, staining for β -galactosidase reveals RA signaling activity.

RA activity *in vivo*

At E13.5 we observed strong RA signaling in individual cells of the developing SMG (Fig. 3 A-F). Co-staining for KRT-8, which is weakly expressed in the epithelium at this stage, reveals that cells positive for RA signaling are within the epithelial tissues (Fig. 3 A, B, within white dotted outline). RA signal-positive cells appear in a random mosaic pattern within the KRT8-positive epithelium. Counting the RA-positive cells in comparison to the number of DAPI-positive nuclei of the epithelium indicates that cells positive for RA signal comprise 11% of the epithelium (n= 4 sections)(Table2). The epithelium of a

developing SMG contains at least two distinct cell types, those in the basal layer, and those in supra-basal locations interior to the basal epithelium. Cells positive for RA signaling are present in both the basal and supra-basal compartments (Fig. 3 B).

RA signal is also detected in KRT8-negative non-epithelial tissues. RA signal-positive cells are detected in non-neuronal mesenchyme at the tip of the developing SMG (Fig. 3 C, white arrowhead). Numerous RA signal-positive cells are also detected outside the epithelium in the area around the main duct, where the neurons of the parasympathetic ganglion are known to be located (Fig. 3 A, yellow arrows). RARE-lacZ reporter embryo sections were co-stained for TUBB3 and β -galactosidase to determine if RA signaling occurs within neurons of the SMG parasympathetic ganglion. Co-staining for the two markers reveals that strong RA signaling is present within many or most of the cell bodies of the developing SMG parasympathetic ganglion (Fig. 3 D-F). Taken together these data indicate that E13.5 SMG have active RA signaling in epithelial cells, in the non-neuronal mesenchyme, and within the neurons the SMG parasympathetic ganglion.

We examined also the presence and distribution of RA signaling relative to KRT8 at later developmental stages. We observe KRT8 is preferentially localized to luminal epithelium of ducts in E14.5 SMG (Fig. 3 G, H), a distribution consistent with previous analyses of KRT8 localization in SMG ducts (Rebustini et al., 2007), and its upregulation in cells that translocate to lumens in prostate (Hudson et al., 2001). Co-staining sections from RARE-lacZ embryos

for β -galactosidase and KRT8 reveals that RA signaling is dramatically reduced at E14.5 relative to E13.5 (Fig. 3 G, H). Counting the number of cells positive for RA signaling relative to the number of epithelial DAPI-positive nuclei indicates that RA signal positive cells comprise less than 1% of epithelial cells at E14.5 (N=4 sections) (Table2). At this stage, the RA signaling-positive cells within the epithelium are limited to a few epithelial endbuds, particularly those with the lowest levels of KRT8 (Fig. 3 H, blue arrowhead). Endbuds and ducts with relatively high KRT8 have few or no cells positive for RA signaling (Fig. 3 H, white asterisks). RA signaling is also detected in a few scattered non-epithelial cells at this stage. At E15.5 RA signaling was not detected by β -galactosidase staining (data not shown).

Figure 3. RA signaling occurs in multiple tissues of developing SMG.

Immunostaining for β -galactosidase on cryosections from embryos carrying the RARE-LacZ reporter transgene reveals the location of RA signaling in developing SMG at E13.5 (A-F) and E14.5 (G-H). (A, B) At E13.5 co-staining for KRT8 and β -galactosidase reveals numerous cells of the epithelium are positive for RA signaling (cells within dotted outline). Cells positive for RA signaling are also detected in non-epithelial cells, particularly in the area around the main duct (yellow arrows). Examination of an individual endbud (B, (detail of A)) reveals that RA positive cells are present in basal epithelium and also within interior epithelium that will later form lumens. Co-staining for neurons (TUBB3) and RA

signaling (β -galactosidase) on a posterior section through the apex of the strawberry-shaped SMG (C) reveals RA signaling occurs in a small number of cells in non-neuronal mesenchyme in this region (white arrowhead). (D-F) Co-staining for neurons (TUBB3) and RA signaling (β -galactosidase) in sections containing the parasympathetic ganglion reveals that many neurons of the SMG parasympathetic ganglion are positive for RA signaling at E13.5. (G,H) By E14.5, the number of SMG cells positive for RA signaling is reduced relative to E13.5. (G) At E14.5 RA positive cells are present in only a few endbuds. (H) KRT8 is expressed strongly in some endbuds (white asterisks) and weakly in others (blue arrowhead). Endbuds with RA positive cells correspond to those with a low level of KRT8 (blue arrowhead), while endbuds and ducts with a higher level of KRT8 have little or no detectable RA signaling (white asterisks). White dotted lines, edge of epithelium; yellow arrows, non-epithelial RA positive cells in vicinity of main duct; yellow dotted line, edge of SMG mesenchyme; white arrowhead, RA signal positive cell in non-neuronal mesenchyme at tip of strawberry-shaped SMG; blue arrowhead, endbud positive for RA signaling with low KRT8; white asterisks, endbuds and ducts with no detectable RA signal with high KRT8. Scale bars = 100 μ m.

Table 2. Number of RA positive cells in E13.5 and E14.5 SMG

E13.5 SMG	#cells	RARE positive	%	Average%
1	589	92	15.62	10.59
2	413	37	8.96	
3	478	40	8.37	
4	265	25	9.43	
E14.5 SMG	#cells	RARE positive	%	Average%
1	889	3	0.33	0.69
2	924	10	1.08	
3	917	6	0.654	

RA activity *ex vivo* the whole SMG

It is well-established that mouse SMG can be cultured *in vivo*. Because we observed RA signaling in glands *in vivo*, we wondered if RA signaling occurs in SMG developing *ex vivo* on culture medium deprived of RA or any precursors that can possibly be converted into RA. We were, therefore, interested to know how RA signaling is distributed in whole glands cultured *ex vivo* for different periods of time. We hypothesized that tissues placed in culture retained retinoids from *in vivo* embryo. Therefore, we cultured whole SMG glands from embryos carrying the RARE-lacZ reporter transgene for different periods of time and stained the cultured specimens to visualize RA signaling.

When E13.5 SMG are freshly isolated, they exhibit strong RA signaling that is mainly focused in the epithelium (Figure4A, A'). After 48 hours in culture, RA positive cells were present, but the signal is scattered among individual cells throughout the gland, coinciding mainly with the epithelium of developing gland (Figure4B,B'). After 72 hours of *ex vivo* culture, RA activity is still robust, but pattern appeared to change. SMG that were cultured for 3 days, show active RA signal that appears to coincide with the position of non-epithelial tissues surrounding the main duct which is most probably represented by parasympathetic nerve ganglion. (Figure4C,C')

One important feature of LacZ staining analysis is the protein produced in a response of activation of a *lacZ* gene can be stable for a long period of time estimated at 24–48 h (Gonda et al., 1989 and McCutcheon et al., 2010). Thus,

staining identified over a 2 or 3 day time period, which is the duration of conventional SMG culture experiment, may represent *the* β -galactosidase activity of lingering protein produced significantly earlier within the animal prior to culture, and not from active RA signaling. In order to discriminate if the RARE-lacZ β -galactosidase detected in cultured SMG indicates active RA signaling, we assessed RARE-lacZ expression from SMG that remained in cultured for 5 days. We choose this time period because it is considerably longer than the half-life of the protein. We observed strong RA signaling in SMG cultured for 5 days *ex vivo*. The expression of RA activity at this stage closely resembles the 3-day stage with RA signal coinciding with non-epithelial tissues near the main duct (Figure 4 D and D'). These results show that retinoids present within the freshly dissected tissue can persist in cultured SMG for a prolonged period of time and contribute to active RA signaling despite the absence of Vitamin A or RA in the culture medium.

Figure 4: RA signal in whole SMG cultured for different time periods.

(A) Freshly isolated E13.5 SMG signal is concentrated in the epithelium. (A') Epithelium and mesenchyme outlined. (B) SMG cultured for 2 days strong RA signaling mostly focused in the epithelium of submandibular gland. (B') Bright field picture showing epithelium outline. (C) SMG cultured for 3 days RA signal remains but it is redistributed. RA signal is centered in the area that coincides with the location of nerve ganglion. (C') Bright field picture showing epithelium outline yellow arrow on the main duct. (D) SMG cultured for 5 days RA signaling persists after 5 days strongest signal is located in a periductal area where nerve ganglion is situated. (D') Bright field picture showing epithelium outline and yellow arrow on main SMG duct and near ductal tissue.

In order to visualize the overall distribution of RA signaling within the highly 3-dimensional structure of a developing SMG epithelium, we evaluated RA signaling in whole mount ER specimens. Isolated ER from E13.5 SMG of RARE-lacZ reporter embryos were immunostained as whole mount specimens for E-cadherin, which marks all epithelium, and for β -galactosidase, which marks the cells with active RA signaling. Confocal micrographs were collected through the entire specimen and Z-stacks of image planes were collapsed into a single image. The resulting whole mount images reveal RA signaling is active in a mosaic distribution of cells, and is present within the endbuds and main duct of the E13.5 SMG epithelium (Fig. 5 A). RA signal positive cells were not detected preferentially at any position or site.

Because much analysis of salivary gland biology has been elucidated through the means of *ex vivo* cultured ER, we sought to determine if RA signaling occurred in that context. We, therefore, assessed RA signaling in isolated ER cultured from E13.5 RARE-lacZ reporter embryos. After two days in culture, ER display a mosaic pattern of active RA signaling (Fig. 5 B), which was similar to the distribution of the signal in freshly isolated ER (Fig. 5A). In both cases, RA signal positive cells are present in ducts and endbuds.

Figure. 5. Mosaic RA signaling in ducts and endbuds persists during culture. Confocal micrographs of whole mount epithelial tissue isolated from E13.5 SMG of RARE-lacZ reporter embryos immunostained for RA activity and epithelium reveals the distribution of RA signaling in main duct and endbuds, and persistence of signaling in culture. (A) Staining freshly isolated ER for epithelium (E-cadherin) and RA signaling (β -galactosidase) reveals a mosaic pattern of RA signaling in main duct and endbuds. (B) RA signaling is detected in ER after 48 hours in culture in matrigel. The mosaic distribution of RA positive cells in ducts and endbuds is similar to that observed in freshly isolated ER. Scale bars = 50 μ m with respect to a single image plane.

3.2 Standard curve Verification of qPCR primers in cultured ER

In order to assess changes in expression of certain genes, we have decided to measure mRNA levels using qPCR. Primers were tested in order to verify their efficiency using standard dilution curve method. All primers were tested by using serial dilution at 5 concentrations, each concentration made in duplicate. Primers that were selected for the qPCR had efficiency in the range from 93% to 112% (Fig. 6 – Fig. 12).

Figure 6: *Gapdh* and *Krt5* primer efficiency standard curve and date of verification

Figure 7: *Krt19* and *Sox2* primer efficiency standard curve and date of verification

Gene: [Klf4](#)

Forward primer: GTGCCCCGACTAACCGTTG

Reverse primer: GTCGTTGAACTCCTCGGTCT

EFFICIENCY: 108.586%

2016.05.26

Gene: [Krt8](#)

Forward primer: TCCATCAGGGTGACTCAGAAA

Reverse primer: CCAGCTTCAAGGGGCTCAA

EFFICIENCY: 109.176%

2016.05.29

Figure 8: *Klf4* and *Krt8* primer efficiency standard curve and date of verification

Gene: *Myc*

Forward primer: ATGCCCCTCAACGTGAACTTC

Reverse primer: CGCAACATAGGATGGAGAGCA

EFFICIENCY: 101.823%

2016.05.29

Gene: *Actb*

Forward primer: GGCTGTATTCCCCTCCATCG

Reverse primer: CCAGTTGGTAACAATGCCATGT

EFFICIENCY: 106.898%

2016.08.25

Figure 9: *Myc* and *Actb* primer efficiency standard curve and date of verification

Gene: *Etv5*

Forward primer: TCAGTCTGATAACTTGGTGCTTC

Reverse primer: GGCTTCCTATCGTAGGCACAA

EFFICIENCY: 107.184%

2016.08.25

Gene: *Krt14*

Forward primer: AGCGGCAAGAGTGAGATTCT

Reverse primer: CCTCCAGGTTATTCTCCAGGG

EFFICIENCY: 98.557%

2016.08.25

Figure 10: *Etv5* and *Krt14* primer efficiency standard curve and date of verification

Gene: *Kit*

Forward primer: TCATCGAGTGTGATGGGAAA

Reverse primer: GGTGACTTGTTCAGGCACA

EFFICIENCY: 93.727%

2016.09.07

Gene: *Top2a*

Forward primer: CAACTGGAACATATACTGCTCCG

Reverse primer: GGGTCCCTTTGTTTGTTATCAGC

EFFICIENCY: 108.147%

2016.11.03

Figure 11: *Kit* and *Top2a* primer efficiency standard curve and date of verification

Figure 12: *Mki67* primer efficiency standard curve and date of verification

3.3 Inhibition of RA signaling impairs branching morphogenesis and FGF10 activity in cultured ER

In order to determine if RA signaling influences SMG development by direct action within the epithelial tissue, we examined whether RA signaling is important for the growth of isolated ER cultured *ex vivo*. We cultured isolated ER in the presence or absence of a chemical inhibitor of RA signaling, BMS 493, which is a pan-RAR inverse agonist. ER were isolated from E13.5 SMG by treatment with dispase I and microdissection. ER were cultured for 48 hours on filters supported over medium containing 5 μ M BMS 493 or on control medium containing an equivalent volume of the solvent DMSO.

Prior to culture, each isolated ER was a small compact structure with 3-6 small endbuds (Fig. 13 A). After 48 hours, ER that had been cultured on control medium grew robustly with extensive branches, large rounded endbuds, and elongated translucent ducts (Fig. 13 B). In contrast, ER that had been cultured on medium containing BMS 493 grew in an atypical manner (Fig. 13 C). BMS 493-treated ER had fewer branches and smaller endbuds, with ducts that were narrow, optically dense, and kinked. Counting the number of endbuds revealed that ER grown on medium containing BMS 493 had significantly fewer endbuds, N=7 ER control, N=8 ER BMS 493, $p \leq 0.03$ (Fig. 13 D). The amount of tissue growth for control and BMS 493-treated ER was assessed by tracing the outline of each specimen imaged at the end of the culture period and measuring the 2-dimensional area. Tissue growth, as measured by area, was not significantly different between control and BMS-treated ER specimens (Fig. 13 E). These

data reveal that RA signaling is important for branching morphogenesis of ER cultured in the absence of mesenchyme, *ex vivo*, demonstrating that RA influences epithelial growth by direct action in epithelial tissue.

It is well established that branching morphogenesis requires signaling by the growth factor FGF10 through its receptor FGFR2b (Steinberg et al., 2005), and FGF10 is included as an additive to the ER culture medium. In order to determine if the aberrant branching morphogenesis in BMS 493-treated ER cultures was associated with an altered FGF10 activity, we assessed expression of *Etv5*, a downstream target of FGF10 signaling in epithelial tissues (Firnberg and Neubuser, 2002; Liu et al., 2003; Michos et al., 2010). Inhibition of RA signaling by treatment with BMS 493 caused a ≥ 5 -fold downregulation of *Etv5* relative to controls, N=3 ER/condition x 2 experiments, $p = 0.01$, (Fig. 13 F). These data demonstrate that FGF10 signaling is blocked when RA signaling is inhibited in cultured ER. Thus, RA signaling positively enhances FGF10 activity in this context.

Figure 13. RA signaling regulates the developmental growth of epithelium by direct action in epithelial tissue. Inhibition of RA signaling by BMS 493 impedes *ex vivo* growth of isolated ER. (A) Freshly isolated E13.5 ER with 3-6 endbuds were placed in culture. (B) ER cultured for 48 hours on control medium grew well, branched and formed numerous elongated translucent ducts. (C) ER cultured on medium containing BMS 493 had abnormal growth with fewer branches and a dense kinked appearance. (D) ER grown on BMS 493 had significantly fewer endbuds than those grown on control medium, Control ER N=7, BMS 493 ER N=8, $p \leq 0.03$. (E) The area of ER grown on BMS 493 medium was not significantly different from controls, as assessed by outlined area. (F)

Expression of *Etv5*, a known target of FGF10 regulation, is significantly down-regulated in ER cultured on BMS 493 relative to control, N=3 ER/condition x 2 experiments, $p = 0.01$. Scale bars = 200 μ m.

3.4 Inhibition of RA signaling leads to downregulation of proliferation activity.

The proliferation of epithelial cells is an essential developmental process in the formation of a properly functioning salivary gland. In order to determine if blocking of RA signaling impacts epithelial proliferation, we measured the mRNA expression of two proliferation markers. *Mki67* is the gene encoding the antigen Ki67 that is widely used to identify proliferating cells. The *Mki67* gene is expressed preferentially in the G2 phase of the cell cycle (Ishida et al., 2001; Whitfield et al., 2002). *Top2a* encodes topoisomerase 2, which is expressed in the S-phase of the cell cycle (Goswami et al., 1996). To determine if proliferation is altered by inhibiting RA signaling we analyzed expression of *Mki67* and *Top2a* by qPCR. Three independent experiments were conducted and RNA was collected from Control and BMS 493-treated groups. The result was consistent with a change in FGF10 signaling. Both *Mki67* and *Top2a* were significantly downregulated in BMS 493-treated groups compared with control groups N = 3 independent culture experiments with 6-8 ER/condition x 3 technical qPCR replicates (Figure14), *Mki67*p= 0.0343; *Top2a* p=0.026. Considering the significant downregulation of both proliferation markers in BMS 493-treated specimens, we can conclude that RA signaling in developing SMG epithelium is crucial for cell proliferation.

Figure14: Expression of proliferation markers *Mki67* and *Top2a*.

Both proliferation markers demonstrated significant downregulation in specimens treated with BMS 493.

3.5 Block of RA signaling upregulates expression of KRT5

An important marker of basal epithelial progenitor cells in SMG ducts is KRT5. *Krt5* gene expression has been shown to be negatively regulated by RA in epithelial cells of the epidermis (Ohtsuki et al., 1992; Radoja et al., 1997; Tomic-Canic et al., 1996). We, therefore, sought to determine if RA signaling regulates KRT5 in developing salivary epithelium. To that end, we cultured ER in the presence or absence of RAR inhibitor BMS 493 and assessed the level and distribution of KRT5 protein by confocal microscopy. ER from E13.5 RARE-lacZ reporter embryos were isolated and cultured for 48 hours on medium containing BMS 493 or on control medium. Following culture, ER were fixed as whole mount specimen and immunostained for KRT8 to visualize epithelium, for β -galactosidase to visualize RA signaling activity, and for KRT5. Immunostained specimens were imaged by confocal microscopy.

Consistent with our initial ER culture experiments (Fig. 13 A-E), ER from RARE-lacZ embryos cultured on BMS 493 exhibited abnormal growth and branching relative to specimens grown on control medium. BMS 493-treated ER had fewer endbuds, shorter branches and a kinked morphology (Fig. 15 A B). Immunostaining for β -galactosidase to detect RA signaling revealed a reduction in the amount of RA signaling in ER cultured on BMS 493 (Fig. 15 C, D). To quantify the reduction of RA signaling in cultured ER the sum of β -galactosidase immunofluorescent signal was measured using IMARIS image analysis software. BMS 493 treated ER had ≥ 2 -fold reduction in the amount of β -galactosidase fluorescence relative to controls (N=3 ER/condition x 2 experiments, $p \leq 0.02$).

With respect the KRT5, ER cultured on control medium had only a small amount of KRT5 at the outflow end of the main duct (the main duct being identifiable owing to a larger diameter and lack of branches) (Fig. 15 E, G). No KRT5 was observed within secondary ducts or endbuds in any control specimens. In contrast, ER cultured on medium containing BMS 493 exhibited dramatically upregulated levels of KRT5 in all ducts and endbuds (Fig. 15 F, H). Measuring the amount of fluorescence signal by confocal microscopy demonstrated that the amount of KRT5 protein per specimen was increased ≥ 4 -fold in BMS 493-treated ER than control ER, (N=3 ER/condition x 2 experiments, $p \leq 0.002$). Ectopic high-level KRT5 expression was restricted to cells of the basal epithelial layer (Fig. 15 K). These data demonstrate that inhibition of RA signaling elevates KRT5 protein ectopically in a basal epithelial layer of all ducts and endbuds of cultured ER. The elevated levels of KRT5 in BMS 493 treated specimens indicate that KRT5 is negatively regulated by RA in specimens cultured on control medium.

Figure 15. Inhibition of RA signaling in cultured ER upregulates ductal progenitor marker KRT5. Immunostain analysis reveals dramatically elevated the level of KRT5 in ER specimens cultured on medium containing BMS 493 relative to specimens grown on control medium. ER cultured for 48 hours on medium containing BMS 493 (B) were smaller with fewer branches and endbuds relative to their counterparts grown on control medium (A) as visualized by staining for KRT8. RA signaling, visualized by β -galactosidase fluorescence signal was reduced in ER cultured on BMS 493 (D) relative to control specimens (C). The amount of RA signaling, as measured by the sum of relative

fluorescence intensity signal for β -galactosidase, is reduced ≥ 2 -fold, $p = 0.02$, $N = 6$ ER (I). KRT5 is dramatically upregulated of ER cultured on BMS 493 (E) relative to controls (D). For ER grown on control medium KRT5 signal is limited to a few cells at the tip of the main duct (E, G). In contrast, ER grown on medium containing BMS 493 had highly elevated KRT5 signal in all endbuds and ducts (F, H). Elevated KRT5 expression in BMS 493-treated ER was restricted to cells of the basal epithelium (K). The amount of KRT5 protein, as measured by the sum of relative fluorescence intensity signal, was elevated ~ 5 -fold in BMS 493-treated ER relative to control specimens, $N = 6$ ER, $p=0.002$ (J). White scale bars 50 μm , yellow scale bar = 20 μm .

3.6 Addition of RA signaling impairs branching morphogenesis in cultured ER

Because blocking RA signaling with BMS 493 impacted growth of ER in culture, we hypothesized that addition of RA to culture medium would alter the phenotype of cultured ER. In order to establish culture conditions, we tested the effect of RA treatment on ER growth and branching over a range of RA concentrations from 300 nM, 400nM, 500nM. In this initial analysis, we observed that treatment of ER with 500nM may have altered the branching morphogenesis (Figure16). RA treated specimens appeared to have more branches compared to control group.

We then performed three independent culture experiments in order to quantify the difference in branching between ER control grown on control medium or ER grown on medium containing 500nm RA (Figure17). The number of branches was counted and student T-test was used to assess the statistical significance of the difference. (Table3). No significant difference was identified between the control and RA treated samples. In order to determine whether RA signaling was increased in the specimens cultured on RA, immunostaining was performed on specimens carrying the RARE-lacZ transgenic reporter. Immunostaining showed no significant upregulation of RA signaling (Figure18). Owing to the lack of increase in RA signaling, we speculate that these experiments are compromised by technical problems owing to the nature of RA. The molecule is very labile and breaks down easily when exposed to light or oxygen. Moreover, the lack of phenotypic change in the RA treated samples could result from a difference in growth characteristics depending on subtle

differences in initial stage of specimens. Our observation may suggest that specimens closer to E13.0 stage of development grow slower and have less number of branches compared to specimens that are closer to E14.0 when they are put in the culture. Therefore, more experiments are required in conditions that assure RA stability, and rigorously control for developmental stage of specimens plated in order to make final conclusions about the effect of RA treatment on cultured ER.

Figure16: Test of different concentrations of RA on ER cultured for 1 day.

(A) Control group contained DMSO at the corresponding volume to the added RA in treatment groups. (B) RA 100nM concentration. (C) RA 300nM concentration. (D) RA 500nM concentration. In this figure, we can observe that specimens cultured with 500nM RA have a higher number of buds compared to other groups.

Figure17: Isolated epithelia cultured with addition of retinoic acid or BMS 493 cultured for 2 days. (A) Control group cultured with DMSO in the corresponding volume (B) Treatment group with RA at 500nM concentration. (C) BMS493 at 5uM concentration. There is no significant difference in phenotype between control and RA treatment group. On the other hand, the group treated with BMS493 shows inhibition in growth and less number of branches.

Table 3: Branch number Control RA and statistical verification

1st EXP 11.02.15		2nd EXP 11.09.15		3rd EXP 11.11.15	
Control	RA	Control	RA	Control	RA
5	10	5	6	6	5
6	7	5	4	6	7
5	7	9	6	10	6
9	5				
6	7				
5	9				
7					
average	average	average	average	average	average
6.142857	7.5	6.333333	5.333333	7.333333	6

t-Test: Two-Sample Assuming Unequal Variances

	<i>Control</i>	<i>RA</i>
Mean	6.603175	6.277778
Variance	0.408919	1.231481
Observations	3	3
Hypothesized Mean Difference	0	
df	3	
t Stat	0.440047	
P(T<=t) one-tail	0.344839	
t Critical one-tail	2.353363	
P(T<=t) two-tail	0.689677	
t Critical two-tail	3.182446

Figure18: Immunostaining of ER cultured for 2 days on control medium, or medium containing 500 nM RA. With these experiment conditions, no difference in expression of RA was detected. We speculate the experiment was compromised by technical difficulties related to the lability of RA, which breaks down when exposed to light or oxygen.

3.7 Block of RA signaling coordinately upregulates expression of *Krt5* and *Krt14*

In order to accurately quantify the level of *Krt5* upregulation when RA signaling was blocked, and to determine if the upregulation occurred at the level of gene transcription, we performed qPCR on ER cultured on BMS 493 or control medium. ER were cultured for 48 hours followed by RNA purification and qPCR analysis to assess the relative expression level of *Krt5* and other genes. Analysis of qPCR data revealed that *Krt5* mRNA was ≥ 24 -fold higher in BMS 493-treated ER relative to controls, N = 3 independent culture experiments with 6-8 ER/condition x 6 technical qPCR replicates ($p=0.000002$) (Fig. 19). These data demonstrate that the elevated level of KRT5 protein observed by immunostaining (Fig. 15) of control and BMS 493 treated specimens results from a dramatic and significant upregulation of *Krt5* mRNA expression.

We investigated also whether blocking RA signal with BMS 493 altered expression of *Krt5* specifically, or if an expression of other members of other members of the keratin family were likewise impacted. RNA from cultured ER were subjected to qPCR analysis for *Krt14*, the dimerization partner for *Krt5* in basal epithelial cells and for *Krt8* and *Krt19*, which are present in luminal epithelial layers. The qPCR analysis revealed that *Krt14* was upregulated ≥ 8 -fold in BMS 493-treated ER specimens relative to controls, N = 3 independent culture experiments with 6-8 ER/condition x 3 technical qPCR replicates ($p \leq 0.03$). No significant change in expression of *Krt8* or *Krt19* was observed. These data demonstrate that inhibition of RA signaling coordinately upregulates

expression of the two basal epithelial keratins *Krt5* and *Krt14*. Inhibition of RA signaling specifically impacts expression *Krt5* and *Krt14*, and does not generally alter expression of other keratin family genes. Thus, RA signaling negatively regulates expression *Krt5* and *Krt14*.

Fig. 5

Figure 19. Inhibition of RA signaling upregulates expression of *Krt5* and *Krt14* mRNA. Quantitation of gene expression by qPCR demonstrates that *Krt5* and its dimerization partner *Krt14* are upregulated by inhibition of RA signaling with BMS 493. *Krt5* is upregulated ≥ 24 fold ($p = 0.000002$) and *Krt14* is upregulated ≥ 8 fold ($p \leq 0.03$) in ER grown in BMS 493 relative to controls. No significant change in expression is observed for keratins *Krt8* or *Krt19*. Data represent averages for 3 independent culture experiments with 6-8 ER/condition. For *Krt5* each cDNA sample was run as 6 technical qPCR replicates, for all others, each sample was run as 3 technical replicates. Error bars represent standard deviations.

3.8 Stem cell marker *Kit* is regulated inversely to *Krt5/Krt14* by RA signaling

Because *Krt5* and *Krt14* have been implicated as markers of stem cells or progenitor cells in developing salivary gland epithelia, we investigated whether inhibition of RA signaling coordinately regulated stem cell genes in conjunction with *Krt5* and *Krt14*. Expression of *Sox2*, *cMyc*, *Klf4*, and *Kit* were assessed by qPCR for control and BMS -treated ER. No significant difference was observed for *Sox2*, *cMyc* or *Klf4* between control and BMS 493 treated specimens (Fig. 20). Thus, the stem cell markers *Sox2*, *cMyc* and *Klf4* are not coordinately upregulated with *Krt5/Krt14* by inhibition of RA signaling.

While expression of *Sox2*, *cMyc* or *Klf4*, was not significantly changed by BMS 493 treatment, expression of the stem cell marker *Kit* was significantly altered by inhibition of RA signaling. Expression of *Kit* was reduced ≥ 16 -fold in BMS 493-treated ER relative to ER grown on control medium, N = 3 independent culture experiments with 6-8 ER/condition x 3 technical qPCR replicates, $p \leq 0.0007$, (Fig. 20). These data demonstrate that treatment with the RA signal inhibitor BMS 493 represses *Kit* expression in salivary epithelial cells, indicating that RA signaling positively regulates *Kit* expression. Moreover, the data show that the stem cell gene *Kit* is regulated inversely to *Krt5/Krt14* by inhibition of RA signaling in this context.

Fig. 6

Figure 20. Inhibition of RA signaling downregulates expression of stem cell marker *Kit*. Expression of genes associated with stem cell character in ER cultured on BMS 493 or control medium was analyzed by qPCR. *Sox2*, *cMYC*, and *Klf4* were not significantly different between control or treated specimens. *Kit* was ≥ 16 -fold downregulated in ER cultured on BMS 493 relative to ER cultured on control medium ($p=0.0007$). Data represent averages for 3 independent culture experiments with 6-8 ER/condition, each sample was run as 3 technical replicates.

3.9 Bioinformatic analysis of RAR and RXR binding motifs near keratin and stem cell genes

Because we saw some changes in expression of salivary keratins and stem cell genes, we sought to determine if RAR binding motif were present near these genes. To address this question we used Motifmap(<http://motifmap.ics.uci.edu/>) database search engine to search for RAR and RXR binding motifs throughout the mouse genome. Of all genes that we assessed using qPCR only near *Myc* gene, there is a sequence that can be a possible site of RXR transcription factor binding. Using this database search engine we did not found binding sites for other genes that we analyzed where RAR or RXR transcription factors can bind.

CHAPTER 4

DISCUSSION

We have previously demonstrated that Vitamin A metabolism and RA signaling is important for developmental growth and branching morphogenesis of SMG epithelium (Wright et al., 2015). For this study we extend our initial analysis, demonstrating that canonical RA signaling occurs in multiple tissues of the developing SMG, including epithelium, neurons, and non-neuronal mesenchyme (Fig. 3 A-D). By inhibiting RA signaling in isolated ER in a culture we show here that RA signaling regulates epithelial branching morphogenesis by direct action in epithelial cells (Fig.13 B-D). Moreover, we demonstrate that RA signaling within epithelial cells is required to promote or maintain signaling by the essential FGF10 signaling pathway (Fig. 13 E). We show also that two important cytokeratins *Krt5* and *Krt14* are significantly upregulated by inhibition of RA signaling in culture (Fig. 15 E-H and Fig. 19). Importantly, we show inhibition of RA signaling in cultured embryonic salivary epithelium reduces expression of the stem cell marker *Kit* (Fig.20). Our data demonstrate that upregulation of *Krt5* and *Krt14* by inhibition of RA signaling correlates inversely with expression of the stem cell gene *Kit*, demonstrating that *Krt5* and *Krt14* expression is independent of stem cell character in this context.

We show here, by immunostain analysis of sectioned embryos, that RA signaling occurs within multiple tissues of the developing SMG, being present in the epithelium, mesenchyme, and neurons. Within the epithelium of E13.5 pseudoglandular SMG RA signaling is active, but not in all cells. Instead, ~10% of cells distributed in a mosaic pattern are positive for RA signal. RA signal positive cells are present in both the basal and supra-basal compartments of the epithelium, in endbuds and ducts (Fig. 3 A-B, Fig. 5 A). Such analyses do not reveal whether the pattern of RA signaling is static or dynamic within E13.5 SMG epithelium. If static, then the 10% RA signal positive cells may have a unique identity from their neighboring epithelial cells. If, on the other hand, RA signaling is dynamic in this tissue, as it is in other developmental contexts (Bok et al., 2011; Schilling et al., 2012), it is possible that all E13.5 SMG epithelial cells are similar with respect to RA signaling, being different only in the timing of RA signal activity.

We also show that salivary gland that is cultured for a prolonged period of time on media lacking retinoids can maintain RA signaling necessary for its development.(Figure4) We demonstrate that signal persists in culture for up to 5 days(Figure4A-D). Therefore, we can suggest that SMG that was isolated still contain precursors inside and also can produce enzymes required for their conversion into active RA. Moreover, we show that as morphogenesis progresses focus of RA signaling shift from epithelial to mesenchymal tissues(Figure#C-D). It is mainly expressed in tissues adjacent to the main duct where the parasympathetic ganglion is positioned.

We show here, by inhibiting RA signaling in cultured isolated ER with the pan-RAR inhibitor BMS 493, that RA signaling is required directly within SMG epithelium of cultured ER to promote branching morphogenesis (Fig. 5B, Fig. 13 A-D). These data raise the possibility that modulation of RA signaling could be utilized in the context of *in vitro* methods aimed at generating salivary epithelial tissues for transplantation. In addition to its direct action in the epithelium, RA signaling may also influence epithelium development indirectly via action in nerve or mesenchyme.

It is well established that growth and branching of salivary epithelial tissues is dependent upon signaling by the growth factor FGF10 (De Moerlooze et al., 2000; Entesarian et al., 2005; Milunsky et al., 2006; Ohuchi et al., 2000; Rohmann et al., 2006; Wells et al., 2013). Here we report that RA signal inhibition is associated with a reduction in FGF10 activity, as measured by expression of the FGF10 target gene *Etv5*. These data demonstrate that RA positively regulates the essential FGF10 pathway during growth and branching of salivary epithelium in culture.

Interactions between RA signaling and FGF signaling pathways occur in many tissues during embryonic morphogenesis (Diez del Corral et al., 2003; Dubrulle and Pourquie, 2004; Moreno and Kintner, 2004; Shen et al., 2007; Sirbu and Duester, 2006; Sorrell and Waxman, 2011; Wilson et al., 2009). In some cases RA and FGF pathways work together positively in the same direction, in other cases, RA and FGF pathways antagonize each other. Positive regulation of the FGF10 pathway by RA signaling occurs during initiation of lung

development (Chen et al., 2010; Chen et al., 2007; Desai et al., 2004). The data reported here identify a new developmental context in which RA signaling positively regulates FGF10 activity.

We demonstrate that RA signaling is important for cell proliferation in the epithelium of SMG. We show the inhibition of retinoid signaling in isolated epithelia leads to decreased expression of *Mki67* and *Top2a*, two markers of proliferation. RA can directly influence p38 MAP kinase (Al Tanoury et al, 2013), an enzyme that has mitogenic activity (Zarubin et al. 2005). Therefore, it is possible that RA influences proliferation by the p38 MAPK pathway. However, it has been thought that FGF10 signaling is the main driver of mitotic activity in developing SMG epithelium (Steinberg et al. 2005). FGF10 signaling influences proliferation through a different kinase cascade, the MAPK/ERK pathway. Therefore, it is possible that RA signaling influences proliferation either by the influence the p38MAPK pathway, or by stimulating the MAPK/ERK pathway downstream of FGF10 and FGF2Rb, or both.

Our result showing that RA signaling is necessary for expression of *Etv5*, which is a downstream target of FGF10, suggests that RA may work through the FGF10 pathway. In this particular study, we cannot draw final conclusions on this topic. Further experiments are required in order to answer this question. For example, it would be interesting to assess expression of p38 downstream targets in order to verify whether the change in proliferation is associated with an alteration in this pathway. On the other hand, it would be intriguing to identify

whether regulation of *Etv5* by RA occurs by way of the MAPK/ERK or any other downstream target of FGF10 signaling.

Identifying and understanding stem cells or progenitor cells of salivary epithelium is an important research goal. In many studies of salivary epithelium, the basal epithelial cytokeratin KRT5 has been interpreted as a marker of stem cells or progenitor cells (Knox et al., 2010; Lombaert et al., 2011). Here we show *Krt5* is negatively regulated by RA signaling in cultured ER (Fig. 15 E-H, Fig. 19).

Inhibition of RA signaling results in elevated KRT5 in basal epithelial cells of all ducts and endbuds (Fig. 15 E-H, K). The near ubiquity of the KRT5 response to blockage of RA signaling is somewhat surprising given that RA signaling is normally active in only a fraction of the cells (Fig. 5 B, Fig. 15 C). The widespread KRT5 elevation resulting from blockage of RA may suggest that the subset of cells that lose their active RA signaling influence their neighbors. Alternatively, if RA signaling is dynamic and occurs in all epithelial cells over time, then inhibition of RA signaling could impact all cells of the epithelium by direct action in each cell.

By qPCR analysis of cultured ER specimens, we demonstrated that the negative regulation of *Krt5* by RA signaling occurs at the level of gene transcription. The increase in *Krt5* expression following inhibition of RA signal is consistent with previous *in vitro* transcription studies demonstrating negative regulation of *Krt5* by liganded RAR (Ohtsuki et al., 1992; Radoja et al., 1997; Tomic-Canic et al.,

1996). Here we identify embryonic salivary epithelium as a new biological context for RA regulation of *Krt5* transcription. Expression of *Krt5* has been shown to be downregulated by FGF signaling in whole gland culture (Knosp et al., 2015), indicating FGF negatively regulates *Krt5* expression. Consistent with the previous observation, we show that reduced FGF10 signaling, in this case, owing to inhibition of RA signaling, results in elevated expression of *Krt5*.

BMS 493 is defined as a pan-RAR inverse agonist because it enhances interactions of RAR with the nuclear receptor corepressor NcoR (Germain et al., 2009). In that context, BMS 493 inhibits expression of RA regulated genes. Here we identify a novel action of BMS 493 showing that this RAR inverse agonist can cause activation of a gene. We speculate that *Krt5* gene activation by BMS 493 could possibly result from context dependent enhancement of interactions between RAR and coactivators, or disruption of interactions with ligand-dependent corepressors such as TNIP, RIF1, Trim24, PRAME, LCoR, or RIP140 (Epping et al., 2005; Gurevich and Aneskievich, 2009; Heim et al., 2007; Hu et al., 2004; Khetchoumian et al., 2007; Li et al., 2007; White et al., 2004).

KRT5 functions as a component of intermediate filaments in combination with its hetero-dimerization partner KRT14 (Coulombe and Fuchs, 1990; Lee and Coulombe, 2009; Lee et al., 2012). The two keratins are co-expressed in the basal layer of many epithelial tissues (Moll et al., 1982; Purkis et al., 1990). Together, KRT5 and KRT14 have been implicated as marking stem cells in embryonic salivary glands and other epithelial tissues (Lombaert and Hoffman, 2010; Rock et al., 2009). The two keratins are transcriptionally co-regulated.

Reduction of *Krt14* by RNA interference in cultured epithelial cells results in downregulation of *Krt5* (Alam et al., 2011). Our data reported here indicate that one mechanism of transcriptional co-regulation of *Krt5*, *Krt14* is RA signaling (Fig. 19).

Importantly, we show here that RA signaling does not coordinately regulate expression of stem cells markers in conjunction with *Krt5* and *Krt14* (Fig. 20). Treatment with the RA signaling inhibitor BMS 493, which upregulates *Krt5* and *Krt14*, causes no significant change in expression of *Sox2*, *cMyc* or *Klf4*, and results in significant downregulation of *Kit* (Fig. 20). These data demonstrate that *Krt5* and *Krt14* are regulated independently of progenitor cell character by RA signaling. They also demonstrate that expression of *Krt5* or *Krt14* on their own are not reliable markers of salivary epithelial progenitor identity.

One of the main obstacles in this study was obtaining embryonic SMG specimens at precise gestational stages. We observed that the stage of SMG within 1 litter can vary from E13.0 to E14.0. This created inconsistency between specimens. Importantly, older ER specimens were more capable of growth and branching after separation from mesenchyme than younger ones. Older specimens with 4-6 buds could develop in culture to form elaborate structures up to 17 branches and buds. Conversely, younger analogs with 2-3 buds were able to form not more than 5 branches after the same period in culture. We tried to eliminate this problem by randomizing specimens in different groups so both control and treatment groups had equal variation in age. Nonetheless, the variation can affect the results.

Another caveat for this study is that culturing isolated tissue, on the one hand, allows us to study a particular type of tissue, but, on the other hand, may not represent the *in vivo* situation. Thus, it would be valuable to perform similar experiments with the whole SMG in order to confirm the results. In addition, it would be interesting to perform *in vivo* experiments using conditional mutant embryos that lack RA signaling in the glands.

In my opinion, it will be particularly intriguing to identify molecules that are exclusively expressed in RA positive cells. Here we demonstrated that RA signal in developing glands does not occur evenly in all cells of the gland epithelium, but occurs in a mosaic pattern *in vivo* and in culture. Another important question will be to determine what developmental process is controlled by retinoid signaling. One process that plays a crucial role in SMG development is duct formation with a polarization of luminal epithelium. It will be interesting to determine if molecules important in the process of cell orientation and polarization, such as ZO-1 or aPKC, are regulated by RA signaling.

We have observed that RA signaling occurs in tissues where SMG will develop prior to gland formation. We observe RA signal in mandible epithelium and mesenchyme, appearing at E10.5 (Wright et al. 2015). Thus, RA signal is present during very early stages of SMG, when epithelium undergoes drastic morphological change as the epithelium invaginates and starts the formation of the gland. The drastic morphological changes in epithelium may involve changes in expression of genes involved in cell motility and migration, or epithelial-to-mesenchymal transition (EMT). Such genes include *Zeb1*, *Twist1*, and *Snai1*. It

would be interesting to determine if these EMT genes are influenced by RA signaling in early gland development.

This study was focused on the development of SMG epithelium. However, during SMG formation, cells of the nerve ganglion play an equally important role in gland morphogenesis. Because we demonstrate here that there is robust RA signal in parasympathetic nerve ganglion cells in the developing SMG, it will be valuable to determine if RA signaling is important for nerve development. Future studies could examine if RA signaling is important for proliferation of nerve cells, or maybe for differentiation of neurons.

CHAPTER 5

SUMMARY AND CONCLUSIONS

Many people suffer from salivary gland dysfunction and there is a need to understand signals that regulate development of salivary gland epithelium. This study has demonstrated that RA signaling is required for proper development of SMG epithelium. We showed that RA is required for epithelial cell proliferation and branching and that RA controls the expression of *Krt5* and *Krt14*. Importantly, we showed that expression of *Krt5* and *Krt14* is not necessarily associated with stem cell profile. Our data may be useful for translational researchers designing approaches for salivary gland bioengineering.

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CURRICULUM VITAE

NAME: Timur M. Abashev

ADDRESS: Dept. of Oral Immunology and Infectious Disease University of
Louisville School of Dentistry 501 South Preston Louisville, KY 40202

DOB: Glazov Russian Federation. – May 24, 1991

EDUCATION & TRAINING:

Doctor of Stomatology., Moscow State Medical Stomatological University 2007-
12

PROFESSIONAL SOCIETIES:

American Association for Dental Research (AADR) Jan 2015 – Ongoing

International Association for Dental Research (IADR) Jan 2015 – Ongoing

American Student Dental Association (ASDA) February 2015 – Ongoing

PRESENTATIONS:

- 2013 Annual Moscow Dental Intern Conference – oral presentation
“Clinical case: Surgical treatment of epulis fissuratum using surgical glue”, oral
presentation. Moscow, Russian Federation.

- 2015 Research! Louisville – Third Place Dental Student Award, poster presentation. Louisville, USA.
- 2016 March AADR 2016 annual meeting – poster presentation, Los Angeles, USA.
- 2016 April Fifth Annual Craniofacial and Skin Sciences Research Symposium – poster presentation, Cincinnati, USA.

2016 Kentucky Academy of Sciences annual meeting – Retinoic Acid signaling regulates KRT5 independently of stem cell markers in submandibular salivary gland epithelium, oral presentation. Louisville, USA.

PUBLICATIONS:

Wright, D. M., Buenger, D. E., Abashev, T. M., Lindeman, R. P., Ding, J., & Sandell, L. L. (2015). Retinoic acid regulates embryonic development of mammalian submandibular salivary glands. *Developmental biology*, 407(1), 57-67.

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