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on the subject of loneliness.

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on the subject of loneliness

for Soprano and 15 Instruments

By

Isaac Raymond Smith
B.M., University of Northern Iowa, 2020

A Thesis
Submitted to the Faculty of the
School of Music of the University of Louisville
In Partial Fulfillment of the Requirements
For the Degree of

Master of Music
in Music Composition

School of Music
University of Louisville
Louisville, Kentucky

May 2022

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A Thesis approved on
May 3, 2022

by the following Thesis Committee:

Thesis Director - Krzysztof Wołek

Allison Ogden

Kimcherie Lloyd

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To my family, for their unconditional love and encouragement along every step of my life's path thus far.

To Anya, for challenging me, inspiring me, comforting me, making me laugh, laughing with me, laughing at me, listening to me, and generally helping to sustain me over the last two years.

Thank you.

PROGRAM NOTE

Loneliness has been experienced since ancient times, but all were made acutely aware of the need for social interaction during the long periods of lockdown during 2020 and 2021. *on the subject of loneliness* draws inspiration from a variety of texts which examine the complex effects of loneliness from emotional, scientific, and spiritual viewpoints. Redactions and rearrangements of these texts form a new narrative which does not always follow a linear form or work toward a clear goal. The speaker's internal dialogue formed from the disparate texts reflects the impact of loneliness on the music itself; only in retrospect do these jumbled thoughts come together.

Duration: ~25 minutes

TEXT

(Original Forms with redactions):

Alone

By James Russell Lowell

From the close-shut windows gleams no spark,
The night is chilly, the night is dark,
The poplars shiver, the pine-trees moan,
My hair by the autumn breeze is blown,
Under thy window I sing alone,
Alone, alone, ah woe! Alone!

The darkness is pressing coldly around,
The windows shake with a lonely sound,
The stars are hid and the night is drear,
The heart of silence throbs in thine ear,
In thy chamber thou sittest alone,
Alone, alone, ah woe! Alone!

The world is happy, the world is wide.
Kind hearts are beating on every side;
Ah, why should we lie so coldly curled
Alone in the shell of this great world?
Why should we any more be alone?
Alone, alone, ah woe! Alone!

Oh, 'tis a bitter and dreary word,
The saddest by man's ear ever heard!
We each are young, we each have a heart,
Why stand we ever coldly apart?
Must we forever, then, be alone?
Alone, alone, ah woe! Alone!

I Am!

By John Clare

I am! yet what I am none cares or knows,
My friends forsake me like a memory lost;
I am the self-consumer of my woes,
They rise and vanish in oblivious host,
Like shades in love and death's oblivion lost;
And yet I am! and live with shadows tost

Into the nothingness of scorn and noise,
Into the living sea of waking dreams,
Where there is neither sense of life nor joys,
But the vast shipwreck of my life's esteem;
And e'en the dearest—that I loved the best—
Are strange—nay, rather stranger than the rest.

I long for scenes where man has never trod;
A place where woman never smil'd or wept;
There to abide with my creator, God,
And sleep as I in childhood sweetly slept:
Untroubling and untroubled where I lie;
The grass below—above the vaulted sky.

Original Manuscript excerpted from Thesis

By Adina Wagner

Social isolation and loneliness have synergistic effects: The higher the social isolation, the larger is the effect of loneliness on mortality; And the higher the loneliness, the larger is the effect of social isolation on mortality (Beller & Wagner, 2018b). Thus, the adverse effects of Loneliness and Social Isolation appear to be strongest in those that are lonely and socially isolated at the same time. A potential explanation for these synergistic effects on mortality may be the differential effects of loneliness and social isolation on physical and mental health. While loneliness predicts mental health outcomes such as depression best, physical health is best predicted by social isolation (Beller & Wagner, 2018b). And while its effect on depression largely explains the association between loneliness and mortality, the mechanisms with which social isolation contributes to mortality are to more complex and intertwined (Elovainio et al., 2017).

Psalm 88
From NIV Bible

A song. A psalm of the Sons of Korah. For the director of music. According to mahalath leannoth. A maskil of Heman the Ezrahite.

- 1 Lord, you are the God who saves me;
day and night I cry out to you.
2 May my prayer come before you;
turn your ear to my cry.
- 3 I am overwhelmed with troubles
and my life draws near to death.
4 I am counted among those who go down to the pit;
I am like one without strength.
5 I am set apart with the dead,
like the slain who lie in the grave,
whom you remember no more,
who are cut off from your care.
- 6 You have put me in the lowest pit,
in the darkest depths.
7 Your wrath lies heavily on me;
you have overwhelmed me with all your waves.
8 You have taken from me my closest friends
and have made me repulsive to them.
I am confined and cannot escape;
9 my eyes are dim with grief.
- I call to you, Lord, every day;
I spread out my hands to you.
10 Do you show your wonders to the dead?
Do their spirits rise up and praise you?
11 Is your love declared in the grave,
your faithfulness in Destruction?
12 Are your wonders known in the place of darkness,
or your righteous deeds in the land of oblivion?
- 13 But I cry to you for help, Lord;
in the morning my prayer comes before you.
14 Why, Lord, do you reject me
and hide your face from me?
- 15 From my youth I have suffered and been close to death;
I have borne your terrors and am in despair.
16 Your wrath has swept over me;
your terrors have destroyed me.
17 All day long they surround me like a flood;
they have completely engulfed me.
18 You have taken from me friend and neighbor—
darkness is my closest friend.

TABLE OF CONTENTS

ACKNOWLEDGEMENTS.....	.iii
PROGRAM NOTE.....	.iv
TEXT.....	.v
INSTRUMENTATION.....	.ix
PERFORMANCE NOTES.....	.x
 on the subject of loneliness	
1. Must we forever be alone?.....	1
2. The adverse, synergistic effects of loneliness and social isolation on health.....	26
3. Why, Lord?.....	71
 CURRICULUM VITAE.....	108

INSTRUMENTATION

Flute (doubling Piccolo and Alto Flute)
Oboe (doubling English Horn)
Bb Clarinet (doubling Bb Bass Clarinet)
Bassoon (doubling Contrabassoon)

F Horn¹
Bb Trumpet²
Trombone³

Percussion 1 (Crash Cymbal; Crotales; Bass Drum; Vibraphone; 5 Temple Blocks; Triangle; Snare Drum; Styrofoam Block)⁴

Percussion 2 (4 toms; 32", 26", and 23" timpani; Tam-tam; Marimba; Suspended Cymbal; Hi-hat; 4 nipple gongs tuned to approximately A4, Eb4, C#5, and F#5)⁵

Piano⁶

Soprano

2 Violins
Viola
Violoncello
Double Bass with C Extension⁷

Score is in C

¹ Horn mutes required: metal straight mute

² Trumpet mutes required: harmon mute (with stem); metal straight mute; stone-lined bucket mute

³ Trombone mutes required: metal straight mute; harmon mute (with stem); stone-lined bucket mute

⁴ Percussion 1 mallets required: 2 cello or bass bows; 2 hard plastic mallets; 2 bass drum mallets; 1 superball; 4 hard yarn mallets; 2 drumsticks; 2 snare brushes; 1 sheet of aluminum foil; 1 cleaning brush; 4 medium yarn mallets; 4 soft yarn mallets; 1 piece of 8.5x11 printer paper

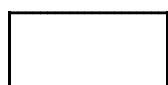
⁵ Percussion 2 mallets required: 1 superball; 2 timpani mallets; 2 cello or bass bows; 2 drumsticks; 2 cloth-covered rattan sticks; 2 snare brushes; 1 tam-tam beater; 4 medium yarn mallets; 2 soft yarn mallets; 2 hard yarn mallets; 1 medium-length chain, 1 triangle beater

⁶ The pianist needs 1 sheet of aluminum foil; 1 spoon, 2 hand towels; 3 notebooks or folders with plastic covers; 1 credit card; 1 light chain; and 1 piece of 8.5x11 printer paper for piano preparations (see "Instructions on Piano Preparation" for more details)

⁷ All mute indications in the strings refer to the standard rubber mutes that fit on the bridge

PERFORMANCE NOTES

General Notation Guide



Repeat figure for duration of extending line; do not synchronize with overall tempo or neighboring players



Feather beaming gestures: accelerate/decelerate gradually within given duration; do not heed the overall tempo



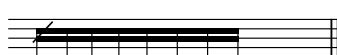
Quarter tone accidentals (3/4 flat, 1/4 flat, 1/4 sharp, 3/4 sharp)



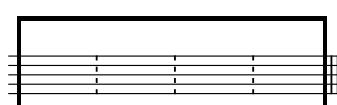
Gradually alter manner of playing



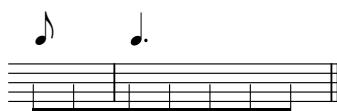
Repeat notes within box in any order; play rapidly and do not adhere to overall tempo; do not repeat same pattern more than twice in a row



Play figure as fast as possible.

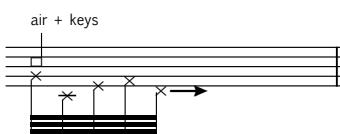


Move between figures separated by dotted lines; do not pause between figures; do not move from left to right; do not repeat the same figure more than twice in a row; continue for duration of extending line



Rhythmic cues provided for clarity when tuplets cross barlines

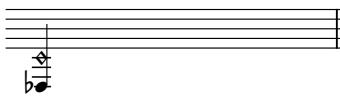
Notation Guide for Winds



Blow air through horn while performing random, rapid key clicks

timb.

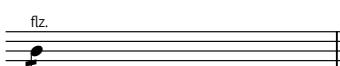
Timbral trill



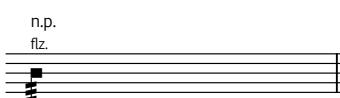
(Fl. only) Tongue ram: Diamond notehead indicates fingered pitch; normal notehead indicates sounding pitch



Air puffs: Blow air through horn as if playing normally, but do not sound pitch



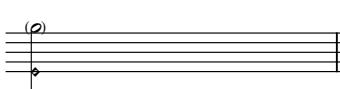
Flutter tongue; a guttural growl may be substituted if that is easier for performer



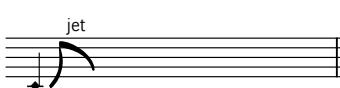
Flutter tongue with only air, no pitch



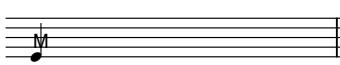
(Cl. only) Alternate normal embouchure (o) with muffled tone (•) through changing tongue's position on the reed



Overblow fundamental indicated with diamond notehead to produce partial shown in parenthesized note



(Fl. only) Jet whistle



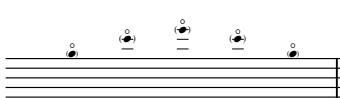
Multiphonic: Produce any multiphonic based on given pitch that can produce given dynamic shape



Scoop/Doit



(Cl. only) Slap tongue

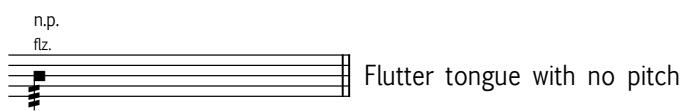
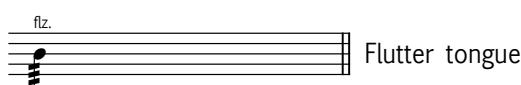
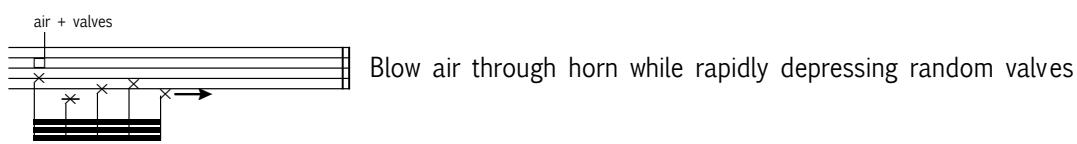


(Fl. only) Indeterminate overblowing: loosely follow contour of indicated partials to follow dynamic curve given



Key clicks

Notation Guide for Brass

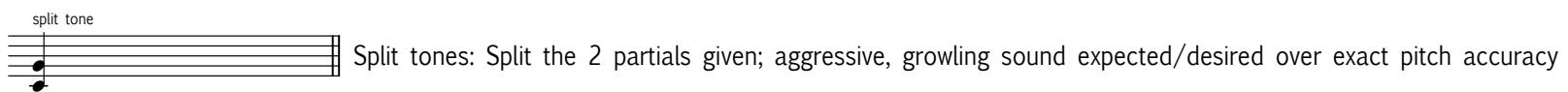
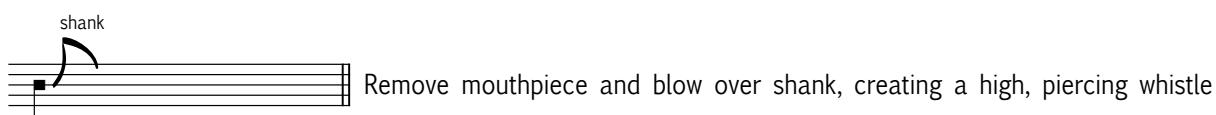


+/o (Hn only) Stopped/open; always accompanied by text description

+/o (Tpt and Tbn.) Indicates hand placement over harmon stem (+=hand covering stem; o=open stem)



Mouthpiece pops; leave mouthpiece on instrument



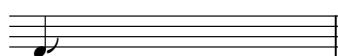
Notation Guide for Percussion



Drag mallet in circular motion on drum/cymbal; speed of revolution indicated by duration of note associated with symbol



|| Scrape cymbal



(Timpani only) scoop up quickly using pedal



Choke off/damp immediately



Play in circular motion around drum, but alternate scraping clockwise/counterclockwise as indicated by symbols



Play on the rim (this is used for a crotale being placed on a snare drum)



Move to center of drum while still playing



|| Rapidly rub aluminum foil or brush over drum in back-and-forth motion



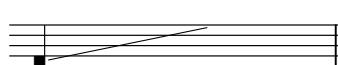
+/o Closed/open hi-hat



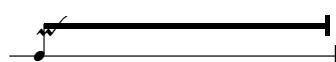
Play as close as possible to the rim while still being on the drum head



Play in the center of the drum (typically accompanied by verbal description as well)



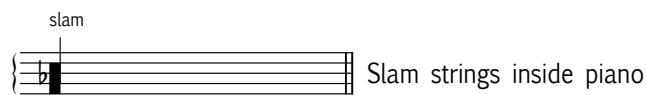
Drag stick/mallet across resonators of vibraphone. Though sound is mostly unpitched, the position on the staff relates to the resonators played in the same way as the keyboard (moving up on staff=moving right on keyboard and moving down on staff=moving left on keyboard). The bottom of the staff represents the resonators farthest to the left, and the top of the staff represents the resonators farthest to the right.



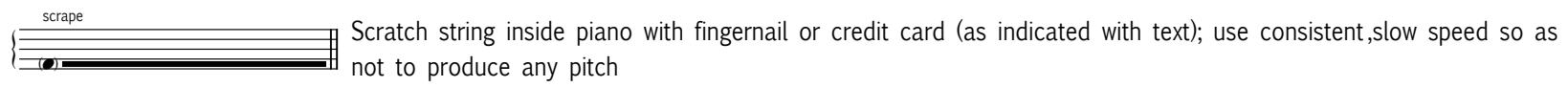
|| Irregular, frantic bowing; vary speed of bow almost constantly but maintain a rapid pace overall

** Note for Percussion 2: You will notice that 2 hard yarn mallets are requested although you never play any of the instruments with them. These are used for preparation of the marimba in the section beginning in measure 178. The two mallets should have thin enough handles that they fit in between the cracks of the marimba. When you play, these two extra mallets will bounce and create a rattling sound.

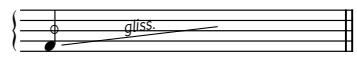
Notation Guide for Piano



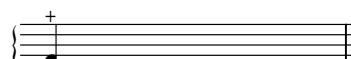
Slam strings inside piano



Scratch string inside piano with fingernail or credit card (as indicated with text); use consistent, slow speed so as not to produce any pitch



Gliss with a spoon inside piano (part of the spoon to use is indicated in text)



Dampen string just in front of damper inside piano while pressing key with other hand



Knock/slap crossbeams inside piano (4 spaces indicate 4 crossbeams, with low to high relating to left to right on piano)



Scrape string inside piano with fingernail or credit card; change speed of scrape frequently to create frantic, unpredictable sound



Knock on soundboard inside piano



Slam piano lid down over keys



Gliss up/down top of keys with credit card or back of fingernails; do not press down on the keys as to sound any pitch



Pluck string inside piano

Instructions for Piano Preparation

Mark the following dampers/strings inside the piano so they are easy to find quickly



Piano Preparations (continued)

mm. 11-17: Place aluminum foil on lowest octave of strings inside piano; leave room near dampers (but still behind the dampers) to scrape the strings with a spoon and slam the strings with one palm

mm. 19-21: Pick up metal spoon. The spoon should be fairly standard size—it should be small enough to use easily inside the piano without be too unwieldy.

mm. 24-25: Put down spoon

mm. 34-37: Pick up spoon

mm. 42-47: Put down spoon

mm. 61-65: Remove foil

mm. 83-86: Place towel(s) on strings from around C3 to C6. Towels should be heavy enough to dampen the strings-- standard hand towels should work well for this. The towel(s) should be placed in such a way that they contact as many strings as possible. Depending on the crossbeam setup inside the piano and the size of the towel(s), more than one may be necessary.

mm. 95-98: Remove towel(s)

mm. 108-116: Place composition notebooks, spiral notebooks, or heavy folders on strings from at least G1-G4 (they may extend beyond this if desired). The type of notebook is not important, but it should have a plastic cover and be heavy enough to affect the sound of the piano strings. The resulting sound should be pointed and bring out the sound of the hammers hitting the strings, with a tone color somewhat similar to a harpsichord.

mm. 217-226: Remove plastic notebooks, pick up credit card

mm. 236-237: Put down credit card

mm. 241-244: Place light chain on bottom two octaves of strings inside piano. The chain should be light enough that it vibrates heavily when the strings are played.

m. 258: Pick up spoon

mm. 259-271: Put down spoon and remove chain

mm. 313-317: Place foil on lowest octave of piano

mm. 342-392: Remove foil; place plastic notebooks on strings from around C5 to C7

mm. 408-411: Remove notebooks

mm. 450-451: Pick up credit card

mm. 459-466: Place plastic notebooks on bottom two octaves of strings inside piano (credit card still in hand)

mm. 471-472: Put down credit card (while playing with LH)

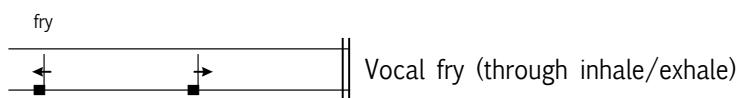
mm. 480-481: Pick up spoon

mm. 484-486: Remove notebooks (while holding pedal)

mm. 488-490: Place piece of 8.5x11 printer paper on lowest strings inside piano. It should cover about 1-1.5 octaves.

m. 496: Remove paper

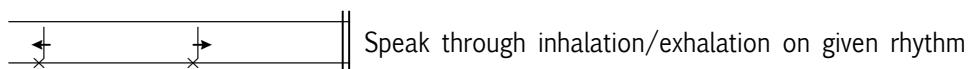
Notation Guide for Voice



Sprechstimme



Speak on given rhythm; staff position conveys relative placement in voice (higher on staff=higher in voice, vice versa)



nothingness

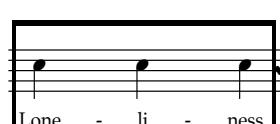
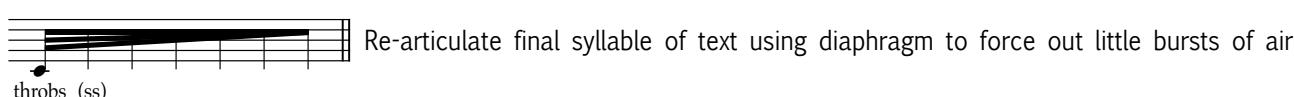
Speak freely within given duration; sometimes manner of speaking altered through verbal indication above staff



Cover mouth with hand/hand completely removed



Occasionally placed above freely spoken text. Continue speaking freely, but through an inhalation (\leftarrow) or exhalation (\rightarrow)



Sing text on given notes within time frame indicated by extension line; do not adhere to overall tempo, instead floating over the time



Sing on gradual gliss between two end points; lean into the microtonal nature

Notation Guide for Strings

s.p./m.s.p./s.t./m.s.t. Sul pont/molto sul pont/sul tasto/molto sul tasto



Full scratch tone (always performed on a downbow)



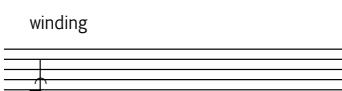
Choked/abrupt cutoff



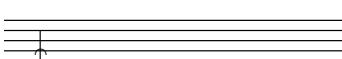
Bow on tailpiece; produces very quiet humming sound unless indicated



Variable bow pressure indication. The thickest part of the wedge indicates full scratch, with the thinnest part showing normal pressure



winding Bow on copper winding behind bridge



Bow on string behind bridge



Ricochet: throw bow so that it bounces on string a number of times (sometimes accompanied by col legno, indicated by "col legno ricochet")



Circular bowing: move gradually from sul tasto to sul pont by moving bow in circular motion and dragging the hair sideways along the strings

knock



Knock on most resonant part of instrument's body; whenever possible use full hand to knock, but knuckle of thumb alone may be used if easier for transitions



Snap pizzicato



Seagull effect

on bridge



Bow on bridge; damp strings to eliminate any slips making sound on the strings



Ricochet/throw bow and let bounce while also glissing up

drum



Drum on most resonant part of instrument's body with fingernails

Score in C

Written in partial fulfillment of MM requirements at the University of Louisville
on the subject of loneliness

Texts drawn from James Russell Lowell, John Clare, Adina Wagner, and NIV
Bible

Isaac Raymond Smith

Slow, Lamenting $\text{♩} = 50-52$

1. Must we forever be alone?

The musical score consists of two systems of music. The first system, starting with a 5/4 time signature, includes parts for Alto Flute, English Horn, Bass Clarinet, Contrabassoon, French Horn, Trumpet, Trombone, Crash Cymbal, Floor tom, Piano, Soprano, Violin 1, Violin 2, Viola, Violoncello, and Double Bass. The second system, starting with a 3/4 time signature, continues these parts. The score features complex performance instructions such as "blow air through horn while performing random, rapid key clicks air + keys", "blow air through horn while rapidly depressing random valves air + valves", "straight mute fiz.", "with bow", "with superball", "Inside Piano slam", "Crot. with hard plastic", "vocal fry pp", "full scratch", "sul tasto con sord.", and "m.s.p.". The piano part includes dynamic markings like 8ba, f, and 8va.

4

A. Fl.

Eng. Hn

Bs Cl.

Cbsn

F. Hn

Tpt

Tbn.

Cr. Cym.
with bow

Timp.
with timp. mallets

Pno

scraper
8ba

mf
(*2ed.*)

mf — *pp*

5

— 5 air + keys

mf — *pp*

timb. *tr.*

mf — *p*

mf — *mp*

3 air + valves

pp — *mf* — *p*

3

Cr. Cym.

Timp.

B. Dr.
with B. Dr. mallet

Fl. Tom.
with superball

p — *mf*

mf

p — *mf*

4

Vln 1

Vln 2

Vla

Vc.

D. B.

on the tailpiece; do not synchronize

pp

on the tailpiece; do not synchronize

pp

varied overpressure

f — varied overpressure *pp*

On the tailpiece;
do not synchronize

p

On the tailpiece;
do not synchronize

p

m.s.p.

mf — *mp*

bow on copper winding
behind bridge

11

A. Fl. $\frac{3}{4}$ air + keys $\frac{5}{4}$ tongue ram $\frac{3}{4}$ $\frac{4}{4}$

Eng. Hn

Bs Cl. $\frac{5}{4}$ air + keys $\frac{3}{4}$ $\frac{4}{4}$

Cbsn

F. Hn $\frac{3}{4}$ air + valves $\frac{5}{4}$

Tpt

Tbn. flz. with no pitch $\frac{3}{4}$

B. Dr.

Tam. Tam. with bow $\frac{5}{4}$ with superball $\frac{3}{4}$

place aluminum foil on lowest octave of strings

Pno

S. breathe audibly $\frac{3}{4}$ (oh) (ho) (oh) (ho) $\frac{5}{4}$ $\frac{3}{4}$ $\frac{4}{4}$

Vln 1 $\frac{3}{4}$ $\frac{5}{4}$ $\frac{3}{4}$ $\frac{4}{4}$

Vln 2

Vla

Vc.

D. B.

18

A. Fl. **4** **5** **3**

Eng. Hn

Bs Cl.

Cbsn

F. Hn

Tpt

Tbn. **fz.** **mf** **p** **f** **fp** **mf** **f** **p**

B. Dr. **mf** **p** **mf** **p** **mf**

Fl. Tom. **Fl. Tom. with superball** **p** **mf**

Pno **slam** **pick up spoon** **8ba** **mp** **Red.** **gloss w/ spoon**

S. **fry** **(oh)** **mf**

Vln 1 **4** **5** **3**

Vln 2

Vla

Vc

D. B.

on tailpiece

on tailpiece

on tailpiece

bow behind bridge on copper winding

winding **pp**

pp

mf

23

4

A. Fl.

Eng. Hn

Bs Cl.

Cbsn

3

flz.

5

fp

mf

5

F. Hn

mp

5

fp

mf

Tpt

Tbn.

mf

5

fp

mf

B. Dr.

p

f

Fl. Tom.

p

p < mf

with bow

mp

mf

Pno

put down spoon

(Red.)

On Keys

3 8va

p

mp

Red.

S.

23

4

(OP behind bridge)

Vln 1

mf

Vln 2

mf

(OP behind bridge)

Vla

mf

(OP behind bridge)

Vc.

mf

(OP behind bridge)

D. B.

mf

3

4

f

f

f

f

f

f

f

f

f

28

A. Fl. **5**
Eng. Hn
B♭ Cl.
Cbsn **4** *mp* **4** *p* *mp*

F. Hn
Tpt
Tbn. *replace straight mute with harmon mute, stem in*

Crot. *with bow* **3** *ppp* **4** *mp*

Fl. Tom. **5**

Pno **8** *ppp* **4** *p* *ppp*
(Recd.)

S. *Dark, Lamenting, Intimate*
From the close shut **5** *pp* **4** *mp* **5** *pp* **4** *mp*
win - - dows gleams no spark normale
The night is

Vln 1 **5**
Vln 2
Vla
Vc.
D. B. **4**
5

31 $\frac{5}{4}$

A. Fl.

Eng. Hn

Bs Cl.

Cbsn flz. w/ no pitch 3 *mp* *pp*

F. Hn

Tpt

Tbn.

Vib.

Fl. Tom.

Inside Piano

Pno *slam* 3 *scrape* *pick up spoon* *p* *ped.*

S. *p* *mp* *fry* *dark* *the pine tres* *moan* *Spoken in a panic* *dark - ness is press - ing cold - ly a - round* *spoken through inhalation* *pp* *3* *5* *Like sha - dows*

31 $\frac{5}{4}$

Vln 1

Vln 2

Vla

Vc.

D. B. *sul tasto* *winding* *col legno ricochet* *p* *pp* *mp* *pp p*

Smith - on the subject of loneliness

35

4

A. Fl.

Eng. Hn

Bs Cl. alternate normal/open embouchure and muffled tone
mp 3 5 5 7 5 *mf* *mp*

Cbsn

F. Hn stopped *mp* *mf* *pp*

Tpt

Tbn.

Vib. with Hard Yarn; Motor off 3 *mf* *ff*

Fl. Tom.

Pno Drag hilt of spoon along strings
8ba *mp* *ff*

S. *mp* < *mf* *gliss* *ff*
The stars are

3

Vln 1

Vln 2

Vla circular bowing at medium speed

Vc. *pp* *p* *pp* *mf* *mp* *pizz.* 5 *arco sul tasto* *mf* *mf*

D. B. col legno battuto 3 3 *col legno ricochet* 5 *col legno tratto* *col legno tratto* *ord.* *ord.* *mf*

40

5

A. Fl. Eng. Hn Bs Cl. Cbsn F. Hn Tpt Tbn. Vib. Fl. Tom.

flz. *mp* *flz.* *mp* *open* *mf* harmon mute stem in *mp* *f* *p sub.* *mf* *p sub.* *pp*

Pno S.

(Red.) *slam* *put down spoon* *Normal* *Fry* *(on an inhale)* *(J)* *hid,* *The si - lence* *throbs,* *Into the nothingness of scorn and*

3

Vln 1 Vln 2 Vla Vc. D. B.

sul tasto *mp* *sul tasto* *mp* *ord.* *f* *mp*

pp *sul tasto* *mf* *sul pont.* *f*

Smith - on the subject of loneliness

43

A. Fl. Eng. Hn. Bs Cl. Cbsn. F. Hn. Tpt. Tbn. Crot. Fl. Tom. Pno.

air + keys air + valves n.p. flz. noise

pp *mp* *p* *pp* *mp* *p* *mf* *pp* *mf*

5 3 5 4

S. (on an inhale) (d)

Dark - ness is press - ing cold - ly a - round Dark - ness is my clos - est friend

knock on instrument; rhythm ad lib;
tempo ad lib; do not synchronize

Vln 1 Vln 2 Vla Vc. D. B.

43

knock on instrument; rhythm ad lib;
tempo ad lib; do not synchronize

knock on instrument; rhythm ad lib;
tempo ad lib; do not synchronize

knock on instrument; rhythm ad lib;
tempo ad lib; do not synchronize

s.p. s.t. s.p. s.t. s.p. s.t.

pp *pp* *pp* *pp* *pp* *pp*

5 3 5 4

mp

47 **5** **2** **3** **3** **5**

A. Fl. Eng. Hn. Bs. Cl. Cbsn.

overblow on 1st partial repeat notes in any order; play freely and rapidly; do not repeat pattern more than twice in a row

F. Hn. Tpt. Tbn. (Vib.) Crot.

flz. harmon mute stem in open f

Fl. Tom.

Pno. S.

On Keys repeat notes in any order; play freely and rapidly; do not repeat pattern more than twice in a row

Vln 1 Vln 2 Vla. Vc. D. B.

noise mp mp m.s.p. ord. 5 5 5 m.s.p.

repeat notes in any order; play freely and rapidly; do not repeat pattern more than twice in a row f fff

ord. 5 5 5 m.s.p. f fff

5

51

A. Fl. *jet* 3 *tr* *timb.* *f* *p* *mp* *pp*

Eng. Hn *mf* *pp*

Bs Cl. *-*

Cbsn *-*

F. Hn *-*

Tpt 3 *ppp* *mp*

Tbn. *-*

Cr. Cym. *-*

Fl. Tom. *Fl. Tom.* *with superball* *p* *mf*

Pno *-*

S. *Speak confidently* *mf* *o* *(on an inhale)* *(exhale)*
Under thy window... the night is dark, the pine trees moan, the windows shake (like vapours into... nothingness)
(beat 3)

4

Vln 1 *-*

Vln 2 *m.s.t.* *p* *mp* *ord.* *pp*

Vla *-*

Vc. *-*

D. B. *-*

53

A. Fl. $\frac{4}{4}$

Eng. Hn. multiphonic $m\text{f}$

Bs Cl.

Cbsn. p

F. Hn. $m\text{f}$

Tpt. $m\text{f}$

Tbn.

Cr. Cym.

Fl. Tom. p $m\text{f}$ p

Pno.

S. (inhaler) (exhaler) mp 3 p speak
 In thy chamber... the silence throbs (the nothingness of scorn...) From the close - shut win - dows gleams no spark the night is

53

Vln 1 $\frac{4}{4}$

Vln 2

Vla

Vc.

D. B.

55

A. Fl.

Eng. Hn

Bs Cl.

Cbsn

F. Hn

Tpt

Tbn.

Cr. Cym.
with sticks
(scrape)

Fl. Tom.

Pno

S.

Vln 1

Vln 2

Vla

Vc.

D. B.

dark, the pine trees moan Dark - ness is press - ing cold - ly a - round _____

(speak on an inhale) (o) (What I am none cares or knows)

61

A. Fl.

Eng. Hn

Bs Cl.

Cbsn

F. Hn

Tpt

Tbn.

Crot.

Tim.

Pno

S.

Vln 1

Vln 2

Vla

Vc.

D. B.

remove foil

nervously re-articulate using diaphragm

mp *fp*

The stars are hid the si - lence throbs (ss)

m.s.t. con sord.

p

m.s.t. con sord.

p

m.s.t. con sord.

p

m.s.p.

3

p

Smith - *on the subject of loneliness*

4

A. Fl. Eng. Hn. Bs Cl. Cbsn.

F. Hn. Tpt. Tbn.

Crot. Fl. Tom.

Pno.

S. (Like shadows in love's frenzied stifled throes)

5

Vln 1. Vln 2. Vla. Vc. D. B.

Smith - on the subject of loneliness

17

74

A. Fl. *ppp*

Eng. Hn *ppp* *mp*

Bs Cl. *mp*

Cbsn *mf*

F. Hn *mp*

Tpt *ppp* *p*

Tbn. *mp*

Crot.

(stir in a slow, constant motion with brush)

Fl. Tom. *pp*

Inside Piano

Pno *slam*
8ba *mf*

S.

Vln 1

Vln 2

Vla *sul tasto con sord.* *ppp* *p*

Vc. *sul tasto con sord.* *ppp* *p*

D. B. *sul tasto con sord.* *ppp* *p*

76

4

Vln 1 con sord.
m.s.t.

p

2

4

Vln 2 **p**

Vla **p**

Vc. **p** *<mf*

D. B.

80

4

A. Fl.

Eng. Hn

Cl.

Cbsn

F. Hn

Tpt

[replace straight mute with harmon mute]

Tbn.

Cr. Cym.
with bow

ppp

mp

Timp.
with mallet

"scoop up"
with pedal

mf

Pno

S.

I live like va - pours tossed in - to the no - thing - ness of scorn and noise

5

Vln 1

Vln 2

Vla

Vc.

D. B.

82

5 **4**

A. Fl.

Eng. Hn

Cl.

Cbsn

F. Hn

Tpt

Tbn.

Cr. Cym.

Tam.

Pno

S.

Vln 1

Vln 2

Vla

Vc.

D. B.

82

4

3

4

pick up straight mute

place towel(s) on strings from ~C3-C6

Why should we be a - lone? Must we for - e - ver be a -

5 **4**

8

4

3 **4**

gva-

sul pont.

senza sord.
ord.

sul pont.
ord.

89

A. Fl.

Eng. Hn

Cl.

Cbsn

F. Hn

Tpt

Tbn.

B. Dr.

Tam.

Pno

S.

Vln 1

Vln 2

Vla

Vc.

D. B.

timb. ~

multiphonic

pp

mp

mf

mp

with beater

mf

pp

mf

mp

pizz. ♫

f

mp

pp

92

A. Fl. **4**

Eng. Hn

Cl.

Cbsn starting right on the downbeat, play figures as fast as possible except where marked; move between figures separated by dotted lines; do not move from left to right; do not repeat the same figure more than twice in a row before moving to another figure.
f

F. Hn open **1-2"** **1-2"**
f

Tpt

Tbn. open (scoop) **1-2"** **1-2"**
f

B. Dr. with hard yarn **f** **mp** **f** **mf**

Mar.

Pno **f**

S.

92

Vln 1 **4**

Vln 2

Vla sul pont. arco **pizz.** **f** **1"** **1"**

Vc. sul pont. **pizz.** **f** **1"** **1"**

D. B. sul pont. **f**

Smith - *on the subject of loneliness*

25

4 95 *air + keys* *f* *p*

A. Fl. Eng. Hn. Cl. Cbsn.

F. Hn. Tpt. Tbn.

Crot. **3** *n.p. flz.* *5* *3* *pp* *mf* *p*

4 *air + keys* *tr* *3* *mf* *p*

4

Crot. *with back of yarn* *mp* *5* *3* *pp* *mf* *with bow*

Mar.

Pno. *remove towel(s)*

S. *fry* *mf* *f* *pp* *(oh)*

4 repeat harmonic glisses rapidly; vary length and rhythm of gliss.

Vln 1 **4** *II sul tasto* *pp*

Vln 2 **3** *II sul tasto* *pp* *m.s.t.* *mf* *p*

Vla.

Vc.

D. B.

99 **4** **4** To Picc.

A. Fl. Eng. Hn. Cl. Cbsn. f ff

To Ob.

F. Hn. Tpt. Tbn. (scoop) 1-2" 1-2" ff

Crot. Mar. with medium yarn f ff

Pno. f ff

S. II

4 **4** **3** **3** attacca

Vln 1 Vln 2

Vla. sul pont. pizz. f ff

Vc. sul pont. pizz. f ff

D. B. sul pont. f ff

2. The adverse, synergistic effects of loneliness and social isolation on health

**Subito ♩ = 130–134
(2+2+3)**

3/4

Piccolo
Oboe
Clarinet
Contrabassoon
French Horn
Trumpet
Trombone
Temple Blocks
Marimba
Piano
Soprano
Violin 1
Violin 2
Viola
Violoncello
Double Bass

Smith - *on the subject of loneliness*

106

3 **8** **5** **4**

4 3
110

Picc. *f* *p sub.* *pp*

Ob. *p sub.* *pp*

Cl. *p sub.* *pp*

Cbsn. *f*

F. Hn. *p sub.* *pp* [remove straight mute]

Tpt. *f* *p sub.* *pp* [remove straight mute]

Tbn. *f*

T. Bl. *f* *p sub.* *pp*

Mar. *p sub.* *pp*

Pno.

S. *mf* *3* Speak in time
and lone - li - ness

Vln 1 *sul tasto* *f* *p sub.* *pp* *ord.* *gliss.*

Vln 2 *sul tasto* *f* *p sub.* *pp* *gliss.*

Vla. *f*

Vc. *f*

D. B. *f*

114 **5** (3+2) **4**

Picc. **Ob.** **Cl.** **Cbsn.**

F. Hn **Tpt** **Tbn.**

T. Bl. **Timp.**

Pno

S.

Vln 1 **Vln 2** **Vla** **Vc.** **D. B.**

Have sy - ner - gis - tic e - effects

114 **5** (3+2) **4**

Picc. **Ob.** **Cl.** **Cbsn.**

F. Hn **Tpt** **Tbn.**

T. Bl. **Timp.**

Pno

S.

Vln 1 **Vln 2** **Vla** **Vc.** **D. B.**

Smith - on the subject of loneliness

31

119

Picc. *f* *ff*

Ob. *mp* *mf*

Cl. *p* *f* *pp* *mf* *tr*

Cbsn *mf*

F. Hn stopped *mp* *mf* *pp*

Tpt *f* *ff* *p*

Tbn. *f* *ff*

T. Bl. *f* *ff*

Tim. *f* *ff*

Pno *f* *ff* *ff*

S. *mp* *mf* *p*

Lone li - ness

Vln 1 *f* *ff*

Vln 2 *f* *ff*

Vla *m.s.p.* *f*

Vc. *m.s.p.* *f*

D. B. *pizz.* *ff*

2 **4** **5** ⁽²⁺³⁾ **4**

Smith - on the subject of loneliness

125

4

Picc.

Ob.

Cl.

Cbsn

F. Hn

Tpt

Tbn.

Sn. Dr.

Tim.

Pno

S.

Vln 1

Vln 2

Vla

Vc.

D. B.

Smith - on the subject of loneliness

33

130 **4** **3** **8**⁽²⁺²⁺³⁾ **6** **3**
4 **3** **8**⁽²⁺²⁺³⁾ **6** **3**

Sn. Dr. roll on cymbal with drum tuned to indicated pitch;
adjust pitch using timp. pedal
with soft yarn (ad lib pedal movement)

Timp. *ppp* *pp*

Pno. *p*

S. *mf* *p* *mf* (.) *p* *mp* *p*
 - ty The higher the social isolation What I am none cares or knows

Vln 1 **4** **3** **8**⁽²⁺²⁺³⁾ **6** **3**
 Vln 2 **4** **3** **8**⁽²⁺²⁺³⁾ **6** **3**

Vla. *p sub.* *mp*

Vc. *mf* *p sub.* *mp* very slow circular bowing
 arco

D. B. *mp* *pp*

3

135 **4**

Picc. Ob. Cl. Cbsn. F. Hn. Tpt. Tbn. Sn. Dr. Timp. Pno. S.

*Continuing on
mf (d.+d.)
The larger is the effect*

4

2

Vln 1 Vln 2 Vla Vc. D. B.

141

2 **5**⁽³⁺²⁾ **2** **3**

Picc. Ob. Cl. Cbsn.

F. Hn. Tpt. Tbn.

Sn. Dr. Timp.

Pno.

S.

2 **5**⁽³⁺²⁾ **2** **3**

Vln 1 Vln 2 Vla. Vc. D. B.

Smith - on the subject of loneliness

150

Smith - on the subject of loneliness

Picc. *f*

Ob. *f > p*

Cl. *pp*

Cbsn. *p*

F. Hn.

Tpt.

Tbn. *f* *mf* *f* *pp*

Sn. Dr.

Timp. *f* *pp* *mf*

Pno *pp* *tr* *ff* *mp* *p*

S. *mf* (o)
On mortality They rise and vanish In o -

Vln 1 *pizz.* *f* *ff* *mf*

Vln 2 *pizz.* *f* *ff* *mf*

Vla. *pizz.* *f* *ff* *mf*

Vc. *pizz.* *f* *ff* *mf*

D. B. *f* *f* *ff*

arco slow circular bowing

arco slow circular bowing

arco slow circular bowing

arco slow circular bowing

156 $\frac{3}{4}$ $\frac{4}{4}$ $\frac{7}{8}$ (2+2+3) $\frac{4}{4}$

← J. = J. → (J = 87 - 89)

Picc. Ob. Cl. Cbsn. F. Hn. Tpt. Tbn. Sn. Dr. Timp. Pno. S.

play on drum; cymbal will resonate slightly
remove cymbal

(*Red.*) $8ba\ldots$ f $8ba\ldots$

bli vious host

$\frac{3}{4}$ $\frac{4}{4}$ $\frac{7}{8}$ (2+2+3) $\frac{4}{4}$

← J. = J. → (J = 87 - 89)

Vln 1 Vln 2 Vla Vc. D. B.

161

Picc. Ob. Cl. Cbsn. F. Hn. Tpt. Tbn. Sn. Dr. Timp. Pno. S.

mf

p

mf

flz.

ppp *mf* *pp* *mp* *mf*

with cloth-covered rattan sticks

mf *p* *5* *pp*

mp *mf* *5* *5* *bb* *bb* *f* *8ba..* *8ba..*

Speak freely in a "scientific" manner

mf *(o+o+o)* *mp* *mf* *> p*

And the higher the loneliness, the larger is the effect of social isolation

What I am none cares or knows

Vln 1 Vln 2 Vla Vc. D. B.

m.s.p. *mf*

m.s.p. *mf*

m.s.p. *mf*

m.s.t. *mp* *mf* *pp*

ord. —————> m.s.p. *ord. —————> m.s.p.* *ord. —————> m.s.p.*

fp *ff* *fp* *ff* *fp ff*

166

Picc. *pp*

Ob. *pp*

Cl. *pp*

Cbsn *pp* *mf* *p* *mp* *ppp*

F. Hn *p*

Tpt *pp* bucket mute

Tbn. *pp* bucket mute

Sn. Dr. with brushes *fp* *mp* rapid circular motion slower circular motion

Sus. Cym.

Pno *pp* *mp* *fp*

S. *mf* *(o+o+o)* *mf* *p* Lo - li - ness So -cial - i - so -
On mortality (Beller and Wagner, 2018b). Thus, the adverse effects

Vln 1 *4*

Vln 2

Vla

Vc.

D. B.

3 *2* *3* *4*

173 $\frac{4}{4}$ $\leftarrow \text{d} = \text{j} \rightarrow (\text{d} = 116 - 119)$

Picc. mp p mf pp fp mf

Ob. pp mf pp

Cl.

To Bsn

Bsn

F. Hn mp mf

Tpt mf

Tbn. mf mf mf

Sn. Dr. "roll" with brushes moving in rapid circular motion without lifting off of drum f pp

Sus. Cym. Sus. Cym. with stick scrape around rim pp mf pp mp p mf

Pno

S. mf p mf mf (\circ) Of loneliness You have
la - tion mor - ta - li - ty

$\leftarrow \text{d} = \text{j} \rightarrow (\text{d} = 116 - 119)$

173 $\frac{4}{4}$ 2 $\frac{7}{8}$

Vln 1

Vln 2

Vla

Vc. pp mf

D. B.

177 (3+2+2) jet

4

3

2

3

4

Picc. ff flz.

Ob. ppp mf flz.

Cl. ppp mf flz.

Bsn. ppp

F. Hn. ppp p flz.

blow over top of mouthpiece shank, creating high whistling sound

Tpt. shank ff replace bucket mute with straight mute

blow over top of mouthpiece shank, creating high whistling sound

Tbn. ff

Sn. Dr. pp fp mp fp mf mp pp

place hard yarn mallets in cracks surrounding G#3 bar on marimba

Sus. Cym.

Pno. Inside Piano knock on crossbeams f slam p

S. mf mp (d.+d.) mp p
ta - ken from me my clo - est friends And social isolation What I am none cares or knows

Vln 1 177 (3+2+2) knock 5 5 3 5 f mp f

Vln 2 knock 3 3 f mp f

Vla.

Vc.

D. B. pizz. f p knock s.t. → arco > mf p

4

183 **4**

Picc. Ob. Cl. Bsn. F. Hn. Tpt. Tbn.

To Fl.

Bsn. flz. *turn snares off; place D4 crotale on edge of drum and hold in place with finger*

Sn. Dr. Mar. with bow

On Keys

Pno. S.

scrape

p *f*

f *ff*

II appear to be strongest in those that are lonely and socially isolated at the same time

78

Vln 1 Vln 2 Vla. Vc. D. B.

sul tasto *mfp* sul tasto *mfp* sul tasto *pp* *f*

m.s.p. ord. *mfp* *f*

189

7 (2+2+3) **5** (2+3) **4** **12** ^{Fl. timb.} **2** **4**

189

Fl.

Ob.

Cl.

Bsn.

F. Hn.

Tpt.

Tbn.

Crot. (on Sn. Dr.)

Mar.

Pno

S.

Vln 1

Vln 2

Vla

Vc.

D. B.

189

7 (2+2+3) **5** (2+3) **4** **12** ^{Fl. timb.} **2** **4**

Smith - on the subject of loneliness

poco rit.

195

Fl. *mp* *p* *mp* *mp* *mp* *mp* *mp* *mp* *mf*

Ob. - - - - - - - -

Cl. *mp* *p* *mp* *mp* *mp* *mp* *mp* *mf*

Bsn. *mf* *p* *f* *mf* *p* *f sub.* *p* *f sub.* *p* *mf*

F. Hn. - - - - - - - -

Tpt. - - - - - - - -

Tbn. - - - - - - - -

Crot. (on Sn. Dr.) *p* *mp*

Mar. *mf* *mp* *f* *pp* *f*

Pno. *mf* *8va.* *p* *mf* *mf*

S. Reflectively... in a daze *mf* *p* *p* *p* *p*

Un - der thy win - dow I sing a lone_____

poco rit.

195

Vln 1 *mp* *pp* *mp* *pp* *mp* *fast circular bowing* *mp* *mf*

Vln 2 *mf* *mp* *mp* *pp* *mf* *p* *p* *mf*

Vla. *m.s.t.* *ord.* *mp* *f sub.* *mf* *p* *f* *mf* *p* *f sub.* *p* *mf*

Vc. *m.s.t.* *ord.* *mp* *p*

D. B. *mf* *mf* *pp* *f sub.* *p* *f sub.* *p* *mf*

208  Slower, $\text{♩} = 90$

To Bs Cl.

F. Hn

Tpt

Tbn.

B. Dr.

Tam.

Pno

S.

Vln 1

Vln 2

Vla

Vcl.

D. B.

Slower, $\text{♩} = 90$

Lone li - ness Mor - ta - li - ty

(8) *Ad.*

m.s.t. *ord.*

ord.

ord.

ord.

poco accel. $\text{J} = 102$

Fl. 213 $\frac{5}{4}$ (3+2) $\frac{4}{4}$ harmonic (normal fingering) $\frac{3}{4}$ gliss. $\frac{4}{4}$

Ob.

Bs Cl.

Bsn $\frac{3}{4}$ $\frac{4}{4}$ $\frac{3}{4}$ $\frac{4}{4}$

F. Hn stopped $\frac{4}{4}$

Tpt straight mute $\frac{3}{4}$ $\frac{4}{4}$

Tbn. (still in harmon) $\frac{4}{4}$ $\frac{3}{4}$ $\frac{4}{4}$

B. Dr.

Tam.

Pno $\frac{3}{4}$ $\frac{4}{4}$ $\frac{3}{4}$ $\frac{4}{4}$

(8) (20.)

S. $\frac{3}{4}$ $\frac{4}{4}$ $\frac{3}{4}$ $\frac{4}{4}$

Must we for - e - ver be a - lone?

poco accel. $\text{J} = 102$

Vln 1 $\frac{5}{4}$ (3+2) $\frac{4}{4}$ $\frac{3}{4}$ $\frac{4}{4}$

Vln 2 $\frac{3}{4}$ $\frac{4}{4}$ $\frac{3}{4}$ $\frac{4}{4}$

Vla $\frac{3}{4}$ $\frac{4}{4}$ $\frac{3}{4}$ $\frac{4}{4}$

Vc. $\frac{3}{4}$ $\frac{4}{4}$ $\frac{3}{4}$ $\frac{4}{4}$

D. B. $\frac{3}{4}$ $\frac{4}{4}$ $\frac{3}{4}$ $\frac{4}{4}$

"seagull" effect $\frac{3}{4}$ $\frac{4}{4}$

"seagull" effect $\frac{3}{4}$ $\frac{4}{4}$

"seagull" effect $\frac{3}{4}$ $\frac{4}{4}$

m.s.t. $\frac{3}{4}$ $\frac{4}{4}$

Smith - on the subject of loneliness

Fl. *gliss.*

Ob. *timb. tr. tr. tr. tr.*

Bs. Cl. *mf*

Bsn. *mp*

F. Hn. *4 4 4*

Tpt. *3 3 3*

Tbn. *mf > p*

B. Dr.

Tam.

Pno.

S.

Vln 1 *gliss.*

Vln 2 *mf*

Vla. *p mp*

Vc. *mf pp*

D. B. *m.s.p. m.s.t. "seagull" effect*

pp mf p

sul tasto con sord. 3 gliss.

con sord. ord. gliss. mp

mf pp

mf f mf

"seagull" effect

mf pp

227 **4** Subito ♩ = 66-70

Fl. *pp*
timb. tr.

Ob. *mp*

Bs Cl.

Bsn

F. Hn *mf* *f > mp pp* *mp* *gliss.* *p mf*

Tpt

Tbn. *mf*

B. Dr.

Tam.

Pno *Inside Piano* *dampen string with finger* *On Keys* *5 8va* *mf* *resume scraping with credit card* *pp* *mf*

S. *f* *f* *Lone - li - ne s So - - cial i - so - la - - tion* *mp* *mf* *p*

227 **4** Subito ♩ = 66-70

Vln 1

Vln 2 *gliss.* *gliss.* *gliss.* *pizz. 3* *pp*

Vla *sul tasto* *s.p.* *s.t.* *s.p.* *s.t.*

Vc. *f* *pizz. 3* *gliss.* *p* *mf* *p*

D. B. *mf* *mp* *f* *mp* *mf*

Smith - on the subject of loneliness

233

Fl. Ob. Bs Cl. Bsn.

F. Hn. Tpt. Tbn.

B. Dr. Tam.

Pno. (Rwd.)

S. Mor - ta - li - ty [On mortality] They rise and

233

Vln 1 Vln 2 Vla. Vc. D.B.

accel.....

air puffs

air + valves

slap crossbeams

put down credit card

knock

slow circular bowing

gliss.

ord.

s.p.

knock

mf

Fl.

Ob.

Bs Cl.

Bsn

F. Hn n.p. fz.
f p

Tpt

Tbn.

B. Dr.

Tam.

Pno On Keys 3 15^{ma} mf

S. f
va - - - nish p
In o - - - bli - - - vious

Vln 1

Vln 2 bow on tailpiece
one full rotation per symbol

Vla

Vc. pp
p
bow on tailpiece
mf

D.B. f
bow on tailpiece
f

244

Fl.

Ob. *p*

Bs Cl.

Bsn *air + keys*

F. Hn *mf* *pp*

Tpt

Tbn.

B. Dr.

Tam. *Tam. with superball* *pp* *mp*

Inside Piano

Pno *mf* *slam* *8ba.*

On Keys

S. *mp* *Lone - li - ness, So - cial i - so - la - tion, mor - ta - li - ty* *Speak freely* *Of loneliness*

244

Vln 1 *mp*

Vln 2 *f*

Vla *3* *f*

Vc. *3* *f*

D.B. *mp* *f*

on bridge continue bowing on bridge; do not synchronize

on bridge continue bowing on bridge; do not synchronize

on bridge continue bowing on bridge; do not synchronize

on bridge continue bowing on bridge; do not synchronize

248

Fl.

Ob.

Bsn.

Bs Cl.

F. Hn

Tpt

Tbn.

B. Dr.

Tam.

Pno

S.

Vln 1

Vln 2

Vla

Vc.

D.B.

B. Dr.
rub foil on drum head with hands
move foil around drum head in circular motion

15 *ma-* *8ba.* *20.*

As before

mf

mf

And social isolation

248

Beat 3

sfz

ord.

Beat 4

sfz

ord.

ord.

mp

pp

Beat 2

m.s.p. 3

f

Smith - on the subject of loneliness

55

252

6 8 **5** 8⁽²⁺³⁾ **7** 8 **4** 4

Fl. Ob. Bs Cl. Bsn. F. Hn. Tpt. Tbn.

air + keys > f p pp

sfp pp mf pp f pp air + keys

pp mf f p pp

F. Hn. Tpt. Tbn.

rapidly rub foil over drum in back-and-forth motion

B. Dr. H-hat

f pick up brush in one hand; hold foil with other open scrape around rim

H-hat with sticks closed fp f mp

Pno

15^{ma} 3 mf 3 f 8ba... 8ba... 8ba...

S.

What I am none cares or knows Speak freely On physical Must we for - e - ver be a -

Vln 1

Vln 2

pizz. trem. s.t. mf > pp mp pp f

pizz. trem. s.t. mf > pp mp pp f

Vla

s.t. mf > pp mp pp f

Vc.

s.t. mf > pp mp pp f

D. B.

fpp mf > pp col legno tratto s.t. p

Smith - on the subject of loneliness

Fl. *f*

Ob. *mf*

Bs Cl. *p*

Bsn *mf*

F. Hn

Tpt

Tbn.

B. Dr. *f* *p* *f*

H-hat *mf* *p* *mf*

Pno *f* *p* *f* *ff*

15ma *3* *5* *pick up spoon* *Inside Piano* *with spoon* *3* *slam lid down over keys* *remove chain from inside piano; put down spoon*

S. *mf* *(d)* *mf* *pp*

- lone? And mental health My friends for - sake me like a mem - o_ry lost

Vln 1 *f*

Vln 2 *f* *arco* *3* *mf*

Vla *f* *mf*

Vc. *winding arco* *f* *mf* *mp* *on bridge* *"mf"*

D. B. *winding ord.* *f* *mf* *mp* *on bridge* *"mf"*

Fl. *f* 261 3 5 4 jet 4 2 4

Ob. *p* *mf* *tr* *tr* *mp* *pp* *mf* *p* *pp* *mf* *p* *mf*

Bs Cl. *p* *pp* *mf* *p* *mf* *p* *mf*

Bsn *p* *mf* *f* *mf* *p* *mf*

F. Hn

Tpt

Tbn

Vib.

Toms

Pno

S. *mp* Speak in time Speak freely (d.+o) Predicts mental outcomes such as depression Dark - ness is my clo - est friend While lone - li - ness

Vln 1 *f* pizz. 3 5 4 *f* *mf* *fp* *mf*

Vln 2 *f* *mf* *f* *mf* *p* *mf*

Vla *f* *p* *f* *f* *mf* *mf* *mf*

Vc. *f* col legno battuto *p* pp nat. s.p. ord. *p* *mf* *p* *mf* *mf*

D.B. *f* col legno battuto *p* *mf* *p* *mf* *mf* *mf*

266

Fl. Ob. Bs Cl. Bsn. F. Hn. Tpt. Tbn. Vib. Toms. Pno. S.

2 4 3 4 7 8 2 4 5 (3+2) 4 4

f mf *p* *mf* *pp* *mf* *mp* *timb. tr*

slap *f* *pp* *mf* *p* *mf* *mf* *timb. tr*

f > p *f mf* *pp* *p* *mf > pp* *mf* *p*

Speak freely *Frantically* *sing on a gradual gliss* *Speak quickly*
 best, Physical health is best predicted by social isolation (Beller & Wagner, 2018b)
 What I am none cares or knows

266

Vln 1 Vln 2 Vla. Vc. D. B.

2 4 3 4 7 8 2 4 5 (3+2) 4 4

mf < f *mf* *ord.* *f mf* *ord.* *s.p.* *m.s.t.* *ord.* *p*

mf < f *mf* *ord.* *m.s.t.* *ord.* *pizz.* *p*

mf < f *pp* *mp* *p* *mf* *pp* *mf* *f*

f > p *f mf* *s.p.* *m.s.t.* *ord.* *mf* *mf*

ord. *s.p.* *pizz.* *pizz.* *arco m.s.t.* *ord.* *mf* *p*

Smith - on the subject of loneliness

59

Fl.

Ob.

Bs Cl.

Bsn

F. Hn

Tpt

Tbn.

Vib.

Toms

Pno

S.

Vln 1

Vln 2

Vla

Vc.

D. B.

4 Subito $\text{♩} = 52-54$

7 (2+2+3)

5 (2+3)

3 16

4

5

4

5

Smith - on the subject of loneliness

277

5 **3** **5** **1** **4** **2**

Fl. *fp* *f* *p* *mf* *pp* *mf*

Ob. *fp* *mf* *p* *f* *f* *5*

Bs Cl. *fp* *mp* *mf* *fp* *mf*

Bsn *fp* *mp* *mf* *fp* *mf* *f* *fp*

F. Hn *f* *p* *f* *fp* *mf*

Tpt

Tbn. *f* *p* *mf* *p*

Vib.

Toms

Pno *f* *8ba*

S. *p* *mp* *p* *Speak freely* *f* *p* *mf* *pp*
li-ness Mor-ta-li-ty On depression Dark-ness is my clo-sest friend

277 **5** **3** **5** **1** **4** **2**

Vln 1 *ppp* *mf* *pp* *f*

Vln 2 *ppp* *mf* *pp* *f*

Vla *s.fz* *p* *pp* *pp* *f*

Vc. *fp* *mp* *fp* *mf* *f* *fp*

D. B. *fp* *mf* *5* *fp* *p* *fp*

Fl. 285

Ob. *mf*

Cl. *pp*

Bsn. *pp*

F. Hn.

Tpt.

Tbn. *pp* *ff* *mute out*

Vib. *f*

Toms

Pno *f* *slam keys*

S. *ta - ken from me* *friend and* *neigh* *bor*

3 *4*

Vln 1 *p*

Vln 2 *p*

Vla *pp*

Vc. *f*

D. B. *pp*

Vln 1 *ord.*

Vln 2 *f* *ord.*

Vla *f* *ord.*

Vc. *f* *ord.* *m.s.p.*

D. B. *ppp*

3 *4*

3

289

Fl. p

Ob. ppp f

Cl. ppp f

Bsn. ppp

F. Hn. ppp air + valves $"f"$

Tpt.

Tbn. $n.p. flz.$ $"f"$

Vib.

Toms

Pno. Inside Piano scrape mfp ff On Keys mf

S. Speak in time mp f mp And mor - ta - li - ty They rise

4

2

4

289 m.s.p. on bridge Vln 1 ppp $"f"$ m.s.p. on bridge ord. f

Vln 2 ppp $"f"$

Vla. m.s.p. on bridge ppp

Vc. "f" p on bridge $"f"$

D. B. m.s.p. ppp $"f"$ p $"f"$

294

4 **5**⁽³⁺²⁾ **4** **3**

Fl.

Ob.

Cl.

Bsn

F. Hn

Tpt

Tbn.

Vib.

Toms

Pno

S.

294

4 **5**⁽³⁺²⁾ **4** **3**

Vln 1

Vln 2

Vla

Vc.

D. B.

"seagull" effect; ad lib rhythm/tempo

and va bli - vi_ous host

Fl. **3**

Ob. **4**

Cl.

Bsn.

F. Hn. **fp**

Tpt. **mp**

Tbn. **mf**

Vib.

Toms **p**

Pno **f**

S. dear - est that I loved the best

3 all strings minus vla decrease in density while building in dynamics

Vln 1

Vln 2

Vla **p**

Vc. **p**

D. B. **p**

78

ff > pp

Fl. Ob. Cl. Bsn.

F. Hn. Tpt. Tbn.

Vib. Toms.

Pno.

S.

ff pause briefly for a breath, then continue
Speak freely and somewhat frantically

The mechanisms with which social isolation contributes to mortality are more complex and intertwined (Elovainio et. al., 2017).

ff > pp

Vln 1 Vln 2 Vla. Vc. D. B.

As at the Beginning of Mvmt 2

306

8 As at the Beginning of Mvmt 2 **2**
4

Fl.

Ob.

Cl.

Bsn.

F. Hn.

Tpt.

Tbn.

Vib.

Toms

Pno

S.

Vln 1

Vln 2

Vla

Vc.

D. B.

Smith - on the subject of loneliness

309

2 **4**

Fl.

Ob.

Cl.

Bsn.

F. Hn.

Tpt.

Tbn.

Vib.

Toms

Pno

S.

Vln 1

Vln 2

Vla

Vc.

D. B.

309

2 **4**

309

2 **4**

Smith - *on the subject of loneliness*

69

313

Fl.

Ob. *mf*

Cl. *pp* *mf*

Bsn. *pp* *mf*

F. Hn. *mf*

Tpt.

Tbn.

Cr. Cym.

Tam.

Pno. *place foil on lowest octave of the piano*

S.

313

Vln 1

Vln 2

Vla

Vc.

D. B.

indeterminate overblowing

3 **4** **3** **4**

4

326

Fl. ff

Ob. ff p f p f p

Cl. fff pp

Bsn. ff p f p f f p

F. Hn.

Tpt. ff p

Tbn.

B. Dr. f

Tam. f mf mp mf

Pno. ff (8)

S.

3 **4**

attacca

replace straight mute with harmon mute

with medium yarn (continue to let vibrate) p

326

Vln 1

Vln 2 ff p f p f p

Vla. ff p f p f p

Vc.

D. B.

3. Why, Lord?

($\text{J} = 130\text{--}134$)
molto rit.

Flute

Oboe

Clarinet

Bassoon

French Horn

Trumpet

Trombone

Vibraphone

Tuned Gongs

Piano

Soprano

Violin 1

Violin 2

Viola

Violoncello

Double Bass

Much Slower, $\text{♩} = 60-64$

342

Fl. $p \xrightarrow{\text{mf}} pp$

Ob. $mf_{\text{sub.}} \xrightarrow{\text{pp}}$

Cl. $p \xrightarrow{\text{mf}} p \xrightarrow{\text{mp}}$

Bsn.

F. Hn.

Tpt. $p \xrightarrow{\text{mf}} p$

Tbn.

Vib. $mf \xrightarrow{\text{ped.}}$

Gongs

Pno remove foil; place plastic notebooks on strings from ~C5 to C7

S. $mp \xrightarrow{\text{f}} \text{Lord}_\text{—} \xrightarrow{\text{3—3—3—}} \text{You}_\text{—} \text{are}_\text{—} \text{the}_\text{—} \text{God}_\text{—} \xrightarrow{\text{3—}} \text{who}_\text{—} \text{saves}_\text{—} \text{me}_\text{—}$

Much Slower, $\text{♩} = 60-64$

342

Vln 1 $mf_{\text{sub.}} \xrightarrow{\text{pp}}$

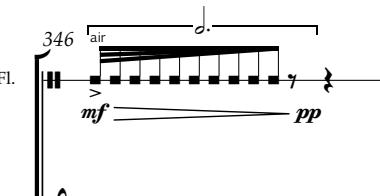
Vln 2 $mf_{\text{sub.}} \xrightarrow{\text{pp}}$

Vla $mf_{\text{sub.}} \xrightarrow{\text{pp}}$

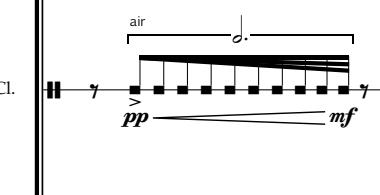
Vc. $mf_{\text{sub.}} \xrightarrow{\text{pp}}$

D. B. $mf_{\text{sub.}} \xrightarrow{\text{pp}}$

346

Fl. air 

Ob.

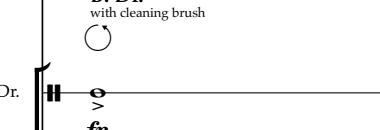
Cl. air 

Bsn.

F. Hn.

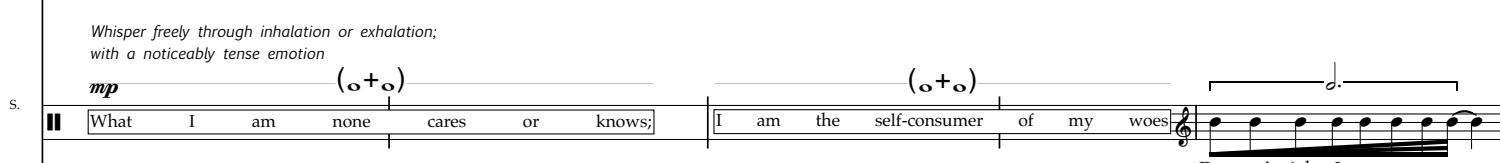
Tpt. 

Tbn.

B. Dr. B. Dr. with cleaning brush 

Gongs

Pno

S. Whisper freely through inhalation or exhalation; with a noticeably tense emotion 

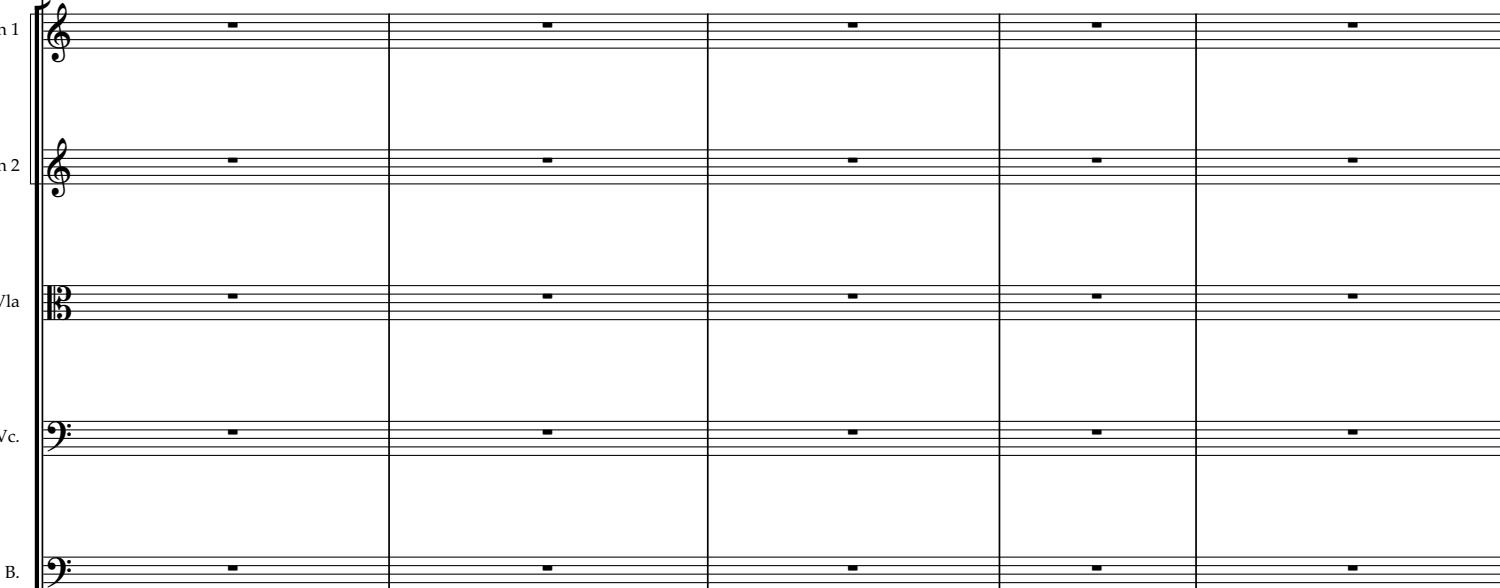
Vln 1

Vln 2

Vla

Vc.

D. B.



351

Fl. *ppp*

Ob.

Cl. *ppp*

Bsn.

F. Hn

Tpt *ppp* < *mp* > *ppp*

Tbn.

B. Dr. *ppp*

Gongs

Pno

S. *mp* *f* *mf* *mf* *fry* *pp*
I am over - whelmed with trou bles
You have ta - ken from me
My clo - sest friends

351

Vln 1

Vln 2

Vla

Vc.

D. B.

356

Fl. *ppp*

Ob.

Cl.

Bsn. *mp* *p*

F. Hn.

Tpt. *stem 1/2 out* *ppp*

Tbn.

Vib. *motor on, slow speed with bow* *3* *#p* *p*

Gongs *ppp* *mp* *mp p*

Pno

Whisper quietly but with high intensity

S. *mf* *p* *(o+)* *p* *f* *mp*

Under thy window I sing alone; In thy chamber thou sittest alone
and my life draws near to death I am count - ted a - mong those_

356

Vln 1

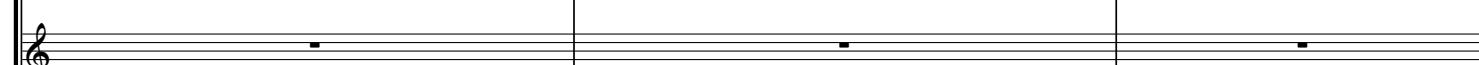
Vln 2

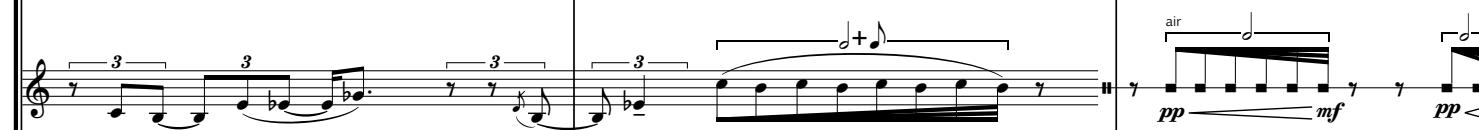
Vla

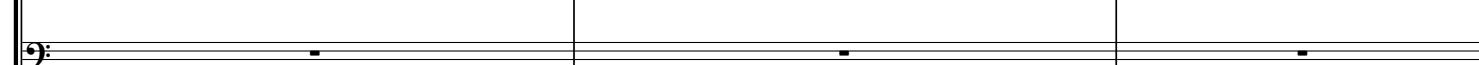
Vc.

D. B.

Fl. 360 

Ob. 

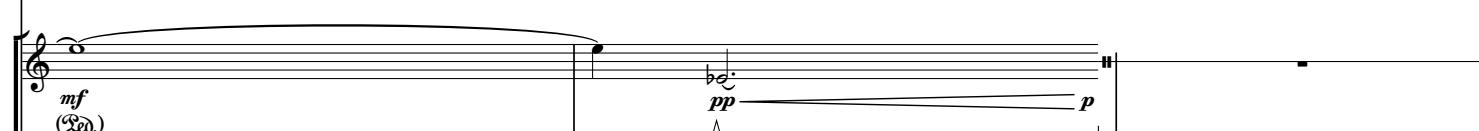
Cl. 

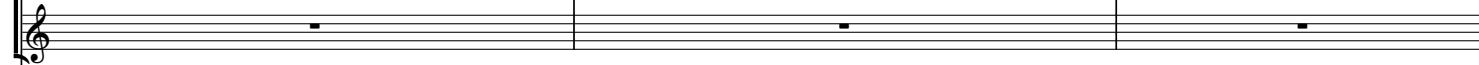
Bsn. 

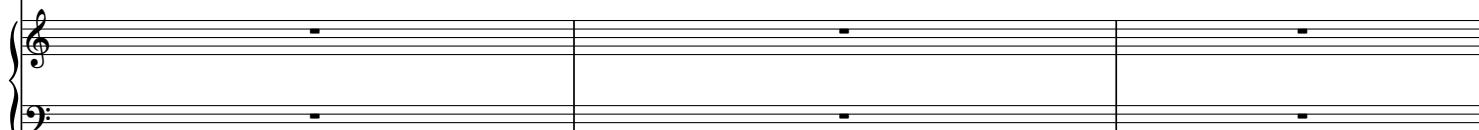
F. Hn. 

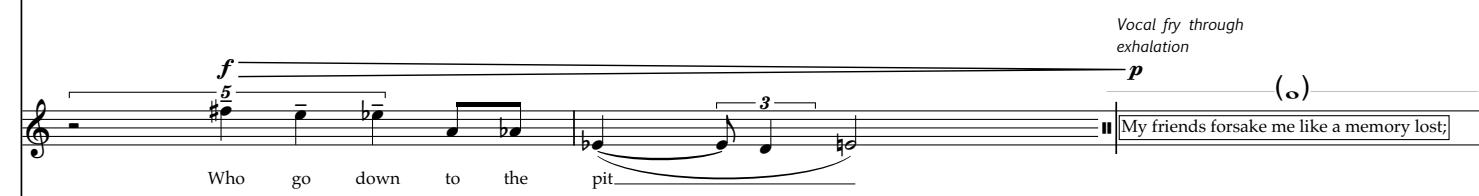
Tpt. 

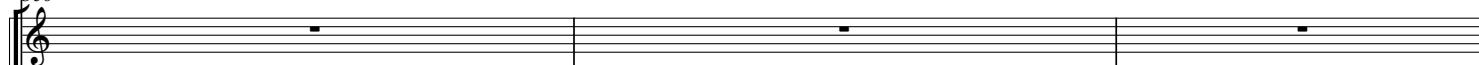
Tbn. 

Vib. 

Gongs 

Pno. 

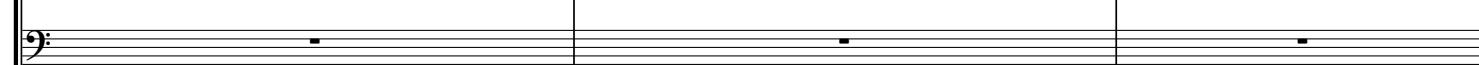
S. 

Vln 1 360 

Vln 2 

Vla. 

Vc. 

D. B. 

Fl. 363 *mf* — *ppp* *fff* *f*

Ob.

Cl. *pp* — *mp* *ff* *p*

Bsn.

F. Hn. *ff* *fp* stopped

Tpt. *ppp* *mf* — *f* replace harmon mute with straight mute

Tbn. *mf* — *f*

B. Dr. *p* Move paper back-and-forth in short, rapid motion edge — center *pp* *mf*

Gongs

Pno.

S. Speak frantically; through an inhalation *pp* (*d*) Spoken plainly, with a dull pain and numbness evident in the voice *mf* (*o+o+d*) *p* I am set a-
II Into the nothingness of scorn and noise Where there is neither sense of life nor joys, But the vast shipreck of my life's esteems. I am like one with - out strength

Vln 1 363 col legno ricochet *f > p* *fp* (2+2+3) m.s.p.

Vln 2 col legno ricochet *f* — *p* *fp* m.s.p.

Vla. pizz. 3

Vc. pizz. 6

D. B. *f*

368

4

Fl.

Ob.

Cl.

Bsn.

F. Hn. air + valves
mp fp open

Tpt.

Tbn.

B. Dr.

Gongs

Pno

S. vocal fry through inhalation
mf (.) social isolation
- part

With the dead Lone - li - ness Like the slain mor - ta - li - ty who lie in the grave

368

3

2

4

Vln 1 bow on bridge; rhythm ad lib; do not synchronize
Vln 2 bow on bridge; rhythm ad lib; do not synchronize
Vla on bridge arco
"f" on bridge arco
Vc. "f" on bridge arco
D.B. on bridge arco

4

rhythm ad lib; do not synchronize

3

2

4

Speak plainly but intensely
mf f mf f

Smith - on the subject of loneliness

Fl. Ob. Cl. Bsn. F. Hn. Tpt. Tbn. B. Dr. Gongs Pno.

Vocal fry; freely switch between inhaling and exhaling as needed

mf (o) I am overwhelmed with troubles

Speak very sternly and angrily

f (d.+o) Why, Lord, do you reject me and hide your face from me?

Overpressure behind bridge

373 Vln 1 Vln 2 Vla. Vc. D. B.

Fl. *f* Ob. *fp*
 Cl. *f* Bsn.
 F. Hn. *mf* Tpt. *straight mute*
 Tbn. *f* B. Dr. *f* Gongs
 Pno
 S. *mp* *f* Speak freely, sounding forlorn
 Who are cut off from your care—
mf (o) Must we forever be alone?
 Speak through inhale, sounding strained
 Loneliness Social isolation
 Exhale as if gasping
 Mor - ta - li - ty
 Vln 1 *f* Vln 2 *f* Vla *f* Vc. *f* D. B. *f*

381

Fl. p^3

Ob. ppp

Cl. p mf

Bsn.

F. Hn. mp sub. ppp

Tpt. ppp

Tbn. mp sub. ppp

B. Dr. p pp

Gongs

Pno

S. You have put me in the low-est pit

sul G

Vln 1 pp

Vln 2 p 5 5 5

Vla p

Vc. p

D. B. p 3 3 3 3

remove straight mute

Fl. *mf > pp*

Ob.

Cl. *mf > pp*

Bsn.

F. Hn.

Tpt.

Tbn.

Vib.

Gongs

Pno

S. *Vocal fff; alternate between inhale and exhale freely*
mf (o + o.)
 You have overwhelmed me with all your waves
 In the dark - est depths

Vln 1 *mf pp*

Vln 2 *mf pp*

Vla *mf pp*

Vc. *mf pp*

D.B. *mf pp*

Smith - on the subject of loneliness

Fl. Ob. Cl. Bsn. F. Hn. Tpt. Tbn. Vib. Gongs Pno. S.

with medium yarn

3

5

3

3

5

Tam.
with back of mallet

p

mf

p

pp

mf

p

pp

fp

mf

p — *mp*

p —

You wrath lies

390

Vln 1 *Vln 2* *Vla* *Vc.* *D. B.*

ppp

ppp

ppp

ppp

ppp

ppp

f

pizz.

ppp

pizz.

f

Musical score page 394, measures 5 and 4.

Flute: Measures 5 and 4. Dynamics: *ppp*, *p* → *ppp*. Articulation: *tr*.

Oboe: Measure 5: Rest. Measure 4: Rest.

Clarinet: Measures 5 and 4. Dynamics: *ppp*. Articulation: *tr*.

Bassoon: Measure 5: Rest. Measure 4: Rest.

French Horn: Measure 5: Rest. Measure 4: Rest.

Trumpet: Measure 5: Rest. Measure 4: Rest.

Trombone: Measure 5: Rest. Measure 4: Rest.

Vibraphone: Measure 5: Rest. Measure 4: Rest.

Gong: Dynamics: *p*. Instructions: "Gongs with medium yarn". Articulation: *tr*.

Piano: Dynamics: *f*, *p* → *fp*, *f*.

Soprano: Dynamics: *f*, *mf*, *pp*. Text: "heavily", "on me". Articulation: *tr*.

Violin 1: Measure 5: Rest. Measure 4: Rest.

Violin 2: Measure 5: Rest. Measure 4: Rest.

Viola: Dynamics: *pp*, *mp*. Articulation: *arco*.

Cello: Measure 5: Rest. Measure 4: Dynamics: *p*, *ff*. Articulation: "on tailpiece".

Double Bass: Measure 5: Rest. Measure 4: Dynamics: *pp*, *mp*. Articulation: *arco*.

397

Fl. random key clicks; ad lib rhythm; do not synchronize **p**

Ob. random key clicks; ad lib rhythm; do not synchronize

Cl. random key clicks; ad lib rhythm; do not synchronize **p**

Bsn.

F. Hn.

Tpt.

Tbn.

3 **4** **5** **4**

Vib. with back of yarn **pp**

On Resonators

Tam. Lightly drum near edge of tam-tam with fingernails **mp**

Vib. with medium yarn **mf**

Gongs **p**

Tam. **p**

Pno gliss. **p**

gloss on top of keys with credit card (don't press down keys) **pp**

(play) **p**

Speak through inhale; very quiet and subdued **pp** (**o+o**) **fry** **mf** **p** **f** **pp**

S. Like shadows in love's frenzied stifled throes **p** (oh) **f** (oh) You have over whelmed me

397

Vln 1 "ff" **pp** drum on body of instrument with nails **p**

Vln 2 on tailpiece **p** "ff" **pp** drum on body of instrument with nails **p**

Vla **pp** drum on body of instrument with nails **p** **pp** **f** **p sub.** **mf > p** **mf > pp**

Vc. **pp** drum on body of instrument with nails **p** **pp** **p**

D. B. **pp** **p** **pp** **p** **p** **pp**

3 **4** **s.t. → s.p.** **p** **mp** **pp** **s.t. → s.p.** **f** **p sub.** **mf > p** **mf > pp** **p** **p** **pp**

Fl. Ob. Cl. Bsn. F. Hn. Tpt. Tbn.

Vib. Tam. Vib. Tam. Pno. S.

Vln 1 Vln 2 Vla. Vc. D. B.

Smith - on the subject of loneliness

408

Fl. **Ob.** **Cl.** **Bsn.** **F. Hn.** **Tpt.** **Tbn.**

Vib. **Tam.** **Pno.** **S.**

Vln 1 **Vln 2** **Vla.** **Vc.** **D. B.**

4 **3** **6** **16** **3** **5(2+3)** **3**

key clicks **poco accelerando** **(multiphonic)**

key clicks **(multiphonic)**

key clicks **"ff"**

timb. **p** **mf**

key clicks **"ff"**

n.p. fz. **fp** **"f"** **fp** **"f"**

with sticks **p** **mp** **p**

with fingernails **"ff"** **"f"** **mf**

remove notebooks

On Resonators
with back of yarn

normale

mf **mp** **f** **"ff"** **(hard cutoff)** **speaks through inhale** **whisper through exhale fry**
ken from me **my clo - sest friends** **into the living sea of waking-** **dreams oh** **f**

poco accelerando

con sord. s.t. **knock** **"ff"**

con sord. st. 3 **knock** **"ff"**

pizz. **knock** **"ff"**

ord. con sord. **pizz.** **knock** **"ff"**

p **mp** **p** **f** **pizz.** **pp** **"ff"**

408

4 **3** **6** **16** **3** **5(2+3)** **3**

con sord. **knock** **"ff"**

st. 3 **knock** **"ff"**

pizz. **knock** **"ff"**

ord. con sord. **pizz.** **knock** **"ff"**

p **mp** **p** **f** **pizz.** **pp** **"ff"**

4 **3** **6** **16** **3** **5(2+3)** **3**

knock **"ff"**

415 **3** **a tempo**

8

5 ⁽²⁺³⁾

4

Fl. f

Ob. f

Cl. *To Cl.* *fp* *mf*

Bsn *mf* *p*

F. Hn *mf* *p*

Tpt

Tbn. *open* *p*

Vib. *mp*

Tam. *mf*

Pno *fp* *mf*

S. You have made me re-pulsive to them they

On Bars *with medium yarn*

f

fry

damp with finger on string

415 **3** **a tempo**

8

5 ⁽²⁺³⁾ *senza sord.*

4

Vln 1 *mf* *p*

Vln 2 *mf* *p*

Vla *arco senza sord.* *p*

Vc. *arco senza sord.* *p*

D. B. *arco ord. senza sord.* *p*

a tempo

423

3 **4** **3** To Picc.

Fl.
Ob.
Cl.
Bsn.

F. Hn.
Tpt.
Tbn.

Vib.
Tam.

Pno

S.

Vln 1
Vln 2
Vla
Vc.
D. B.

a tempo

423

3 **4** **3**

col legno tratto
ord.

mf < ff
ord.

mf < ff
ord.

mf < ff
ord.

mf < ff
ord.

Inside Piano

scrape

with medium yarn

8va

- vi_ous host

I am con - fined and can -

a tempo

428

4 Picc. **5** ⁽²⁺³⁾ **3** **4**

Picc. Ob. Cl. Bsn.

F. Hn. Tpt. Tbn.

Vib. Tam.

Pno.

S.

Vln 1 Vln 2 Vla. Vc. D. B.

Smith - on the subject of loneliness

428

4 pizz. arco ff pizz. arco ff pizz. arco ff

E'en the dearest-- that I loved the best-- Are strange--nay, rather stranger than the rest. And yet I am, and live--like vapours tossed.

Speak in a quick and generally anxious tone

f *mf* *(o+o)* *(d)* *f*

4 Slower, with Extreme Intensity, $\text{♩} = 48-52$

433 **5**⁽²⁺³⁾ **4** **5**
accelerando.....

Picc. ff pp sub. ff pp sub. ff pp sub.

Ob. > ff pp sub. ff pp sub. ff pp sub.

Cl. > ff pp sub. ff pp sub. ff pp sub.

Bsn. > ff pp sub. ff pp sub. ff pp sub.

F. Hn. > ff pp sub. ff pp sub. ff pp sub.

Tpt. > ff pp sub. ff pp sub. ff pp sub.

Tbn. > ff pp sub. ff pp sub. ff pp sub.

Vib. with bow ff pp sub. ff pp sub. ff pp sub. f

Tam. &

Pno. ff

S. ff f fff ff mf
Why, Lord, Do you re - ject me and hide your face from me?

4 Slower, with Extreme Intensity, $\text{♩} = 48-52$

433 **5**⁽²⁺³⁾ **4** **5**
accelerando.....

Vln 1 ff pp sub. ff pp sub. ff pp sub.

Vln 2 ff pp sub. ff pp sub. ff pp sub.

Vla. ff pp sub. ff pp sub. ff pp sub.

Vc. ff pp sub. ff pp sub. ff pp sub.

D. B. ff pp sub. ff pp sub. ff pp sub.

80

5 Slightly Faster, $\downarrow = 70-72$

4⁽²⁺³⁾

438

Smith - on the subject of loneliness

5 Slightly Faster, $\downarrow = 70-72$

4⁽²⁺³⁾

438

5⁽²⁺³⁾ 3 5⁽²⁺³⁾

441 Picc. Ob. Cl. Bsn. F. Hn. Tpt. Tbn. B. Dr. Tam. Pno. S.

Styfm with bow irregular, frantic bowing; ad lib tempo and speed

5⁽²⁺³⁾ 3 5⁽²⁺³⁾

441 Vln 1 Vln 2 Vla. Vc. D. B.

Smith - *on the subject of loneliness*

444

2 **4** **5** **4**

Picc.

Ob. multiphonic

Cl. *ff*

Bsn. *ff* *mf* *f*

F. Hn. split tone *ff*

Tpt.

Tbn. *ff* split tone

Styfm.

Tam. *ff* with beater *fp* with sticks

Pno. gliss. as indicated

S.

2 **4** **5** **4**

444

Vln 1 *fff*

Vln 2

Vla

Vc.

D. B.

ord. m.s.p.

ord. m.s.p.

ord. m.s.p.

ord. m.s.p.

ord. m.s.p.

448

7 (2+2+3)

4

Picc. *fff* *ffff*

Ob. key clicks "ff"

Cl. key clicks "ff"

Bsn. key clicks "ff"

F. Hn. stopped *mf* *f* *fp*

Tpt. pick up harmon mute (stem out) *p* harmon mute stem out

Tbn. pick up harmon mute (stem out) *p* *f*

B. Dr. with B. Dr. mallets *fff* *pp* sub.

Tam. with beater *fff*

Pno. (alternate hands) *ffff* Inside Piano pluck strings *mf* *mp* On Keys with credit card "ff"

Vib. with bow *p* *f*

Gongs with stick *xxo.*

S. —

7 (2+2+3)

4

Vln 1 *ff* "f" sul pont. *f* *mf* *f*

Vln 2 *ff* "f" *pp* *fp*

Vla. *ff* on bridge ord. sul pont. sul tasto *mp* *p* *fp*

Vc. *ff* on bridge ord. sul tasto *pp* *fp*

D. B. *ff* "f" sul tasto *pp* *fp*

452

5 (2+3) 5
4

5 (2+3) 5
4

Vln 1

Vln 2

Vla

Vc.

D. B.

455 **5**
(2+3)

A. Fl. *p* ff *p sub.* *mf* *f* *p*

Ob. *ff* *p sub.* *f* *p*

Cl. *p* ff *p sub.* ff

Bsn. *p* ff *p sub.* ff

F. Hn. *p* ff *p sub.* ff

Tpt. *3* *5* *p* ff *p sub.* ff

Tbn. *3* *5* *p* ff *p sub.* ff

Vib. *3* *5* *p* ff *p* ff

Tam. *f* *p* with beater move card up and down in frantic motions *Inside Piano*

Pno. "fff" scratch string with card *mf* *mf*

S. You have *mf* *mf*

5
(2+3)

Vln 1 *ff* *p sub.* *f* *p*

Vln 2 *fp* *ff* *p sub.* *ff*

Vla. *fp* *ff* *p sub.* *ff*

Vc. *fp* *ff* *p sub.* *ff*

D. B. *fp* *ff* *p sub.* *ff*

Smith - on the subject of loneliness

459

A. Fl. $\begin{matrix} 5 \\ 8 \end{matrix}_{(2+3)}$ $\begin{matrix} 5 \\ 4 \end{matrix}_{(3+2)}$ $\begin{matrix} 5 \\ 8 \end{matrix}_{(2+3)}$ flz. $\begin{matrix} 4 \\ 4 \end{matrix}$ jet $\begin{matrix} 3 \\ 4 \end{matrix}$ $\begin{matrix} 4 \\ 4 \end{matrix}$

Ob.

Cl.

Bsn. $\begin{matrix} > pp \\ > pp \end{matrix}$ $\begin{matrix} mp \\ mp \end{matrix}$ $\begin{matrix} pp \\ pp \end{matrix}$ $\begin{matrix} f \\ f \end{matrix}$ $\begin{matrix} p \\ p \end{matrix}$ $\begin{matrix} pp \\ pp \end{matrix}$

F. Hn. $\begin{matrix} > pp \\ > pp \end{matrix}$ $\begin{matrix} mp \\ mp \end{matrix}$ $\begin{matrix} pp \\ pp \end{matrix}$ $\begin{matrix} f \\ f \end{matrix}$ $\begin{matrix} p \\ p \end{matrix}$ $\begin{matrix} pp \\ pp \end{matrix}$

Tpt. $\begin{matrix} > 3 \\ pp \\ pp \end{matrix}$ $\begin{matrix} f \\ f \end{matrix}$ $\begin{matrix} pp \\ pp \end{matrix}$ $\begin{matrix} p \\ p \end{matrix}$ $\begin{matrix} mf \\ mf \end{matrix}$ $\begin{matrix} pp \\ pp \end{matrix}$ $\begin{matrix} f \\ f \end{matrix}$

Tbn. $\begin{matrix} > 3 \\ f \\ f \end{matrix}$ $\begin{matrix} pp \\ pp \end{matrix}$ $\begin{matrix} p \\ p \end{matrix}$ $\begin{matrix} mf \\ mf \end{matrix}$ $\begin{matrix} pp \\ pp \end{matrix}$ $\begin{matrix} f \\ f \end{matrix}$

Vib. $\begin{matrix} > pp \\ > pp \end{matrix}$ $\begin{matrix} f \\ f \end{matrix}$ $\begin{matrix} > pp \\ > pp \end{matrix}$ $\begin{matrix} f \\ f \end{matrix}$ $\begin{matrix} > pp \\ > pp \end{matrix}$ $\begin{matrix} f \\ f \end{matrix}$ $\begin{matrix} > pp \\ > pp \end{matrix}$ $\begin{matrix} pp \\ pp \end{matrix}$ $\begin{matrix} f \\ f \end{matrix}$

Tam. $\begin{matrix} > pp \\ > pp \end{matrix}$ $\begin{matrix} p \\ p \end{matrix}$ $\begin{matrix} f \\ f \end{matrix}$ $\begin{matrix} > p \\ > p \end{matrix}$ $\begin{matrix} f \\ f \end{matrix}$ $\begin{matrix} > p \\ > p \end{matrix}$

Pno. $\begin{matrix} > pp \\ > pp \end{matrix}$ $\begin{matrix} f \\ f \end{matrix}$ $\begin{matrix} > pp \\ > pp \end{matrix}$ $\begin{matrix} f \\ f \end{matrix}$ $\begin{matrix} > pp \\ > pp \end{matrix}$ $\begin{matrix} f \\ f \end{matrix}$ $\begin{matrix} > pp \\ > pp \end{matrix}$ $\begin{matrix} pp \\ pp \end{matrix}$ $\begin{matrix} f \\ f \end{matrix}$

S. $\begin{matrix} > 3 \\ f \\ f \end{matrix}$ $\begin{matrix} > mp \\ > mp \end{matrix}$ $\begin{matrix} > f \\ > f \end{matrix}$ $\begin{matrix} > p \\ > p \end{matrix}$ f $\begin{matrix} > 3 \\ f \\ f \end{matrix}$ $\begin{matrix} > 3 \\ f \\ f \end{matrix}$ $\begin{matrix} > 3 \\ f \\ f \end{matrix}$

ta - taken from me friend and neighbor
friend and neighbor
Dark - ness is my clo - est friend

459

Vln 1 $\begin{matrix} > pp \\ > pp \end{matrix}$ $\begin{matrix} f \\ f \end{matrix}$ $\begin{matrix} > pp \\ > pp \end{matrix}$ $\begin{matrix} f \\ f \end{matrix}$ $\begin{matrix} > pp \\ > pp \end{matrix}$ $\begin{matrix} f \\ f \end{matrix}$

Vln 2 $\begin{matrix} > pp \\ > pp \end{matrix}$ $\begin{matrix} f \\ f \end{matrix}$ $\begin{matrix} > pp \\ > pp \end{matrix}$ $\begin{matrix} f \\ f \end{matrix}$ $\begin{matrix} > pp \\ > pp \end{matrix}$ $\begin{matrix} f \\ f \end{matrix}$

Vla. $\begin{matrix} > pp \\ > pp \end{matrix}$ $\begin{matrix} f \\ f \end{matrix}$ $\begin{matrix} > pp \\ > pp \end{matrix}$ $\begin{matrix} f \\ f \end{matrix}$ $\begin{matrix} > pp \\ > pp \end{matrix}$ $\begin{matrix} f \\ f \end{matrix}$

Vc. $\begin{matrix} > 3 \\ f \\ f \end{matrix}$ $\begin{matrix} > 3 \\ f \\ f \end{matrix}$ $\begin{matrix} > pp \\ > pp \end{matrix}$ $\begin{matrix} p \\ p \end{matrix}$ $\begin{matrix} mf \\ mf \end{matrix}$ $\begin{matrix} pp \\ pp \end{matrix}$

D. B. $\begin{matrix} > 3 \\ f \\ f \end{matrix}$ $\begin{matrix} > 3 \\ f \\ f \end{matrix}$ $\begin{matrix} > pp \\ > pp \end{matrix}$ $\begin{matrix} f \\ f \end{matrix}$ $\begin{matrix} > pp \\ > pp \end{matrix}$ $\begin{matrix} f \\ f \end{matrix}$

$\longleftrightarrow \text{d} = \text{d} \rightarrow (\text{d} = 140 - 144)$

467

A. Fl.

Ob.

Cl. f

Bsn. f

F. Hn. f

Tpt. f

Tbn. f

Vib. f

Tim. ff

Pno. ff

S. p

Vln 1

Vln 2. f

Vla. f

Vc. f

D. B. pizz.

On Resonators
with back of yarn

with credit card

on bridge

$\longleftrightarrow \text{d} = \text{d} \rightarrow (\text{d} = 140 - 144)$

467

471

2 **4** **3** **1** **4**

A. Fl.

Ob.

Cl. *f* *ff* *f*

Bsn. *f* *3* *5* *p sub.* *f* *p* *f* *p* *f*

F. Hn. *f* *mf* *7* *air* *5* *f*

Tpt. *f* *open* *mf* *5* *p* *f* *p* *f* *p* *f*

Tbn. *f* *3* *p* *mp* *f*

Vib. *f* *5* *5* *3* *5*

Tim. *with superball* *mp* *f* *p* *p* *f*

Pno. *8ba.* *ff* *put down credit card* *with fingernails* *ff* *f*

S.

2 **4** **3** **1** **4**

Vln 1

Vln 2 *f* *ff* *on bridge*

Vla. *f* *ff* *on bridge*

Vc. *f* *ff* *on bridge*

D. B. *pizz.* *f* *ff* *pizz.*

482

A. Fl.

Ob.

Cl.

Bsn.

F. Hn. air + valves
"ff" > p
pick up straight mute

Tpt. > p
f p < f p < f
3:2
p f p < f p < f
3:2
p < f p < f > p
3:2
f > p < f

Tbn. n.p. fz.
"ff" > p

Crot.

Timp.

Pno. Inside Piano
slap
f
with lip of spoon
remove notebooks (while still holding pedal)
8ba
mf
8ba
mp
Red.

S.

482

Vln 1

Vln 2 (8) sul pont.
gliss.
ord. seagull effect

Vla. sul pont.
ord. seagull effect

Vc. sul pont.
f > p
ord. seagull effect

D. B. > p
f > p < f
p < f > p
f > p < f
p < f > p
f > p < f
p < f > p
f > p < f

492 $\frac{5}{4}$ ⁽²⁺³⁾ $\frac{4}{4}$ $\frac{5}{4}$

A. Fl.

Ob.

Cl.

Bsn.

F. Hn.

Tpt.

Tbn.

Crot.

Timp.

Pno

S.

Vln 1

Vln 2

Vla

Vc.

D. B.

496

A. Fl. **5** **4** **5**

Bsn. *pp* — *mf* *pp*

F. Hn

Tpt

Tbn. *p* — *pp* *pp* straight mute *pp* *pppp*

Crot.

Timp.

Pno { *remove paper* *b*₁*bb* *b*₁*bb* *b*₁*bb* *b*₁*bb* *b*₁*bb* *b*₁*bb* *b*₁*bb* *p* *pppp*

S.

496

Vln 1 bow on bridge while damping strings; rhythm ad lib but focus on longer bow strokes; fade out until the end, decreasing density as dynamics drop

Vln 2 *"ff"* *pppp*

Vla

Vc.

D. B.

Myron and Ruth Russell Award	April 2019
Intercollegiate Academics Fund	March 2019
Jo Hern Curris Fund for Student Performance	March 2019
Experiential Learning Fund	December 2018
Boatwright Undergraduate Research Grant	October 2018
Clippinger-Ferrier Scholarship	April 2018
School of Music Scholarship	August 2016-May 2020
Presidential Scholarship	August 2016-May 2020
<u>Juried Performance Selections</u>	
So Percussion Summer Institute Princeton University, Princeton, NJ	July 2022
Midwest Music Research Collective Spring Conference University of Kansas, Lawrence, KS	March 2022
Society of Composers, Inc. National Student Conference Held virtually via Zoom and YouTube	August 2021
Iowa Composers Forum Summer Festival of New Music Held virtually via YouTube	June 2021
Iowa Composers Forum Summer Festival of New Music Luther College, Decorah, IA	August 2019
Atlantic Music Festival Colby College, Waterville, ME	July 2019
Society of Composers, Inc. Region VI Conference Texas A&M-Commerce, Commerce, TX	April 2019
<u>Adjudication Experience</u>	
Iowa Composers Forum Student Composition Contest	July 2021
<u>Teaching Experience</u>	
Co-instructor for composition course Youth Performing Arts School, Louisville, KY	August 2020-May 2022
Piano Teacher	August 2017-March 2020
<u>Professional Development</u>	
2021 SPLICE Institute Participant Held virtually via Zoom and YouTube	June-July 2021
<u>Selected Compositions, Performances, Recordings (Classical)</u>	
2021	
<i>Universal Thoughts (of an Unoriginal Author)</i> for mezzo and Pierrot ensemble -Performed November 8, 2021 in Louisville New Music Festival, Comstock Concert Hall, University of Louisville, Louisville, KY	
<i>Transformations</i> for piano and live electronics -Performed February 9, 2022 in University of Louisville Computer Music Concert, Bird Recital Hall, University of Louisville, Louisville, KY	

Everyday Absurdity for 5.1 channel fixed media

- Performed August 28, 2021 in SCI National Virtual Student Conference
- Performed May 27, 2021 in University of Louisville Computer Music Concert

2020

System Break for two guitars

- Recorded April 24, 2021 by Nicolas Skarneo and Ascher Taylor-Schroeder
- Performed April 8, 2021 in Student Composers' Concert, Comstock Concert Hall, University of Louisville, Louisville, KY

Meru for tenor and percussion

- Performed March 20, 2022 in MMRC Spring Conference Concert, Swarthout Recital Hall, University of Kansas, Lawrence, KS

2019

Etude for Percussion Trio

- Performed March 4, 2020 in Isaac R. Smith Senior Recital, Davis Recital Hall, University of Northern Iowa, Cedar Falls, IA
- Performed November 20, 2019 in Fall Percussion Recital, Davis Recital Hall, University of Northern Iowa, Cedar Falls, IA

Are You Sure? for alto saxophone

- Recorded April 17, 2021 by Donnie Robbins
- Performed April 8, 2021 in Student Composers' Concert, Comstock Concert Hall, University of Louisville, Louisville, KY
- Performed March 4, 2020 in Isaac R. Smith Senior Recital, Davis Recital Hall, University of Northern Iowa, Cedar Falls, IA
- Recorded November 23, 2019 by Andrey Floryanovich
- Performed November 22, 2019 in UNI Woodwind and Percussion Seminar, Davis Recital Hall, University of Northern Iowa, Cedar Falls, IA
- Performed November 18, 2019 in Student Composers' Concert, Davis Recital Hall, University of Northern Iowa, Cedar Falls, IA

Dichotomy for Pierrot ensemble and percussion

- Performed March 4, 2020 in Isaac R. Smith Senior Recital, Davis Recital Hall, University of Northern Iowa, Cedar Falls, IA
- Recorded November 5 and 12, 2019 by Kim Abeyta, Glenn Zimmer, Abigail Moore, Haley Nicholson, Jennifer LeGarde, Mack Vos, and Meredith Tipping
- Performed July 6, 2019 in New Music at AMF, Lorimer Chapel, Colby College, Waterville, ME

Three Songs of Emily Dickinson for baritone and piano

- Performed March 12, 2020 in Dakota Andersen Senior Recital, Davis Recital Hall, University of Northern Iowa, Cedar Falls, IA
- Performed March 4, 2020 in Isaac R. Smith Senior Recital, Davis Recital Hall, University of Northern Iowa, Cedar Falls, IA
- Performed (mvmt III only) August 10, 2019 at ICF Summer Festival of New Music, Noble Recital Hall, Luther College, Decorah, IA
- Recorded (mvmt III only) May 5, 2019 by Dakota Andersen and Jordan Walker
- Performed (mvmt III only) April 18, 2019 in Student Composers' Concert, Davis Recital Hall, University of Northern Iowa, Cedar Falls, IA

Hidden Constants for tba/euph ensemble or quartet

- Performed March 4, 2020 in Isaac R. Smith Senior Recital, Davis Recital Hall, University of Northern Iowa, Cedar Falls, IA
- Performed February 18, 2020 in Donovan Klutho Junior Recital, Davis Recital Hall, University of Northern Iowa, Cedar Falls, IA
- Recorded September 21, 2019 by Samuel Nau, Terra Hill, Adam Denner, and Alan Beving
- Performed May 28, 2019 at 2019 International Tuba/Euphonium Conference, University of Iowa, Iowa City, IA
- Performed May 8, 2019 at American Composers' Concert, University of Northern Iowa, Cedar Falls, IA
- Performed April 23, 2019 at UNITUBA Spring Concert, Davis Recital Hall, University of Northern Iowa, Cedar Falls, IA

2018

Sonata for Tuba and Piano

- Performed March 4, 2020 in Isaac R. Smith Senior Recital, Davis Recital Hall, University of Northern Iowa, Cedar Falls, IA
- Performed April 12, 2019 at SCI 2019 Region VI Conference, Recital Hall, Texas A&M-Commerce, Commerce, TX
- Performed April 3, 2019 in Presser Competition Finals, Great Hall, University of Northern Iowa, Cedar Falls, IA
- Recorded October 28, 2018 by Adam Denner and Isaac R. Smith
- Performed October 26, 2018 in UNI Brass Seminar, Bengtson Auditorium, University of Northern Iowa, Cedar Falls, IA
- Performed April 3, 2018 in Student Composers' Concert, Davis Recital Hall, University of Northern Iowa, Cedar Falls, IA

Selected Compositions, Performances, Recordings (Jazz)

2019

Keep in Touch for jazz quintet (ten, voice, pno, bs, drums)

Skeptical Optimism for jazz quintet (ten, tbn, pno, bs, drums)

The Bridge for big band (4 tpts, 4 tbns, 5 sxs, vibes, pno, bs, drums)

- Performed November 21, 2019 in UNI Jazz Band One Fall Concert, Bengtson Auditorium, University of Northern Iowa, Cedar Falls, IA
- Performed November 11, 2018 in UNI Jazz Bands Fall Runout, Kersenbrock Auditorium, Waterloo West High School, Waterloo, IA

Five on Five for jazz piano trio (pno, bs, drums)

Third-y for jazz quintet

2018

Change Comes from Within for jazz piano trio

The Right Path (or is it the Left?...) for jazz quintet

- Recorded May 9, 2018 on "Night Mayor", by Andrey Floryanovich, Collin Krukow, Isaac R. Smith, Aaron Stagner, and Kyler Boss

Professional Affiliations

Broadcast Music, Incorporated

Iowa Composers Forum

Society of Composers, Incorporated

Leadership/Organization

Iowa Composers Forum

Member, Board of Directors December 2021-present

Tallcorn Jazz Festival

Coordinator	March 2019-February 2020
Assistant Coordinator	March 2018-February 2019
Chairman	June 2017-February 2018

Selected Performance Experience

UNI Varsity Men's Glee Club Accompanist

October 2017-December 2018

Director: John Wiles

Selected Performances

World premiere of <i>Dulce et Decorum Est</i>	November 11, 2018
International Tour to Ireland and Wales	May 13-22, 2018

UNI Wind Ensemble

Jan. 2017-May 2018

Directors: Ronald Johnson and Danny Galyen

Selected Performances

Iowa Bandmasters' Association Conference	May 11, 2018
Tour of Minneapolis High Schools	May 7-8, 2018

Night Mayor Jazz Quintet	
Iowa City Jazz Festival- Iowa City, IA	June 30, 2018
Selected Performance Venues	June 2017-April 2019
JP's- Washington, IA	
Cup of Joe- Cedar Falls, IA	
Singlespeed Brewery- Waterloo, IA	
Figaro Figaro- Cedar Falls, IA	
Whiskey House- Ankeny, IA	
Rooftop Bar- Des Moines, IA	
Elm's Pub- Cedar Falls, IA	
Octopus College Hill- Cedar Falls, IA	
Saints Dixieland Jazz Band	
Cedar Basin Jazz Festival- Cedar Falls, IA	June 2018-present
Two-Man Jazz Piano Trio	
Selected Performance Venues	November 2018-March 2020
Octopus College Hill- Cedar Falls, IA	
Singlespeed Brewery- Waterloo, IA	
Cup of Joe- Cedar Falls, IA	
Cottonwood Canyon- Cedar Falls, IA	

Other Music Work

Church Pianist	
St. Stephen Lutheran Church- Louisville, KY	August 2021-present
Good Shepherd Lutheran Church- Waterloo, IA	January 2019-March 2020
Bethlehem Lutheran Church- Cedar Falls, IA	January 2017-March 2020
Nazareth Lutheran Church- Cedar Falls, IA	August 2016-March 2020
Messiah Lutheran Church- Janesville, IA	January 2015-March 2020
Good Shepherd Chapel- Cedar Falls, IA	August 2018-February 2019

Volunteering

Beta Nu Grilled Cheese Fundraising Project	January 2018-March 2020
As a member of Phi Mu Alpha Sinfonia, I incorporated the Beta Nu Chapter, successfully applied for an Iowa food vending license, and secured insurance for the new business. We bought a mobile cart to sell grilled cheese sandwiches and tomato soup on the weekends. 100% of our profits go towards a local school district to provide instruments for low-income students.	

References

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