

Music Involvement with Medical Students Survey

IRB PROTOCOL # 326-20-EX

Please complete the survey below.

Thank you!

Dear Student:

You are being asked to participate in this research study because you are a currently enrolled student at the University of Nebraska Medical Center. The purpose of this study is to assess the prevalence of musicians, as well as the interest and availability of music performance opportunities.

Your participation is voluntary and you may withdraw at any time without penalty or repercussions. You will be asked to complete a questionnaire assessing your music background, current involvement in music, interests in music performances, and the effect of listening to and/or performing music. This survey should take approximately 10-15 minutes to complete.

In addition, you will be asked to participate in a follow-up interview to elaborate on your survey responses, personal effects of listening to music and/or performing music and explain factors that affect your interest in listening to or performing music. This will be conducted by a trained expert.

You will not receive any compensation for participating in this study; however, the information gathered may provide a better understanding of the interest in music performances among medical students and increase the availability of music performances for students to listen to or perform. Online questionnaires will be maintained in a password-protected database. Only members of the research team will have access to the study data.

By completing the questionnaires and participating in the interview, you are acknowledging that you have read and understood this consent form and are agreeing to participate in this research. If you have any specific questions or concerns before making an informed decision to participate, you may contact Alex Tu (alexander.tu@unmc.edu).

Thank you for your thoughtful consideration to participate in this research project.

What is your gender identity?

- Male
- Female
- Other
- Prefer Not to Answer

Please specify.

Race/Ethnicity

- American Indian or Alaska Native
 Asian
 Black or African American
 Hispanic or Latino
 Native Hawaiian or Other Pacific Islander
 White
 Other
-

Please specify

What is the highest degree or level of school you have completed prior to entering medical school?

- Bachelor's Degree (BA, BS)
 Master's Degree (MPH, MBA, etc.)
 Doctorate Degree (PhD, EdD, etc.)
 Professional Degree (PharmD, DDS, DVM, etc.)
-

Please select which college you are currently attending.

- College of Medicine
 College of Nursing
 College of Allied Health Professions
 College of Dentistry
 College of Pharmacy
 College of Public Health
 Graduate Studies
 Other
-

Please specify.

Which of the following best describes the area you live in?

- Urban
 Suburban
 Rural
-

What is your current marital status?

- Divorced
 Living with another
 Married
 Separated
 Single
 Widowed
 Rather not say
-

On average, how often do you listen to music?

- I rarely listen to music.
 Under an hour a day
 1-2 hours a day
 2-3 hours a day
 3-4 hours a day
 5+ hours a day
-

Do you have any background in music?

- Yes
 No
(Examples include singing in church, taking formal piano lessons, performing in orchestra, etc.)
-

Did you receive formal/informal music training?

- Formal
 Informal
(Examples of formal training include guitar lessons, piano lessons, singing class. Examples of informal training include singing in church choir, self-taught through online resources such as Youtube)
-

Please list the formal training you received by instruments, with years of training

(Example: Piano, 5 years; violin, 3 years)

Please describe what type of informal training you received:

(Examples: Youtube videos, church choirs, teaching applications like flowkey, etc.)

Do you still play/sing music?

- Yes
 No
-

In what type of setting do you play/sing music?

- Alone
 Small group setting (band/quartet/chamber group, etc.)
 Large group setting (choir/orchestra rehearsal, etc.)
-

Select any of the reasons that would apply.

- Not enough time, too busy
 No longer have access to necessary to instrument
 Don't enjoy practicing/rehearsing
 No coaching/mentor
 Financial reasons (instrument/lessons too expensive, etc.)
 Concerns regarding housing (roommates, apartment, etc.)
 Other
-

Please specify

Do you perform music?

- Yes
 No
-

In what type of setting do you perform music?

- Alone
 Small group setting (band/quartet/chamber group, etc.)
 Large group setting (choir/orchestra performances, etc.)
-

Select any of the reasons that would apply.

- Not enough time, too busy
 No longer have access to necessary to instrument
 Don't enjoy performing
 No available opportunities
 Other
-

Please specify

What are your favorite genres of music? Select all that apply.

- Classical/Instrumental
- Country
- Christian/Gospel
- Pop
- Hip-Hop/Rap
- Alternative
- Jazz
- Electronic
- Metal
- Other

Please specify

What type of music do you typically listen to?

- Classical/Instrumental
- Country
- Christian/Gospel
- Pop
- Hip-Hop/Rap
- Alternative
- Jazz
- Electronic
- Metal
- Other

Please specify.

What type of music do you typically perform?

- Classical/Instrumental
- Country
- Christian/Gospel
- Pop
- Hip-Hop/Rap
- Alternative
- Jazz
- Electronic
- Metal
- Other

Please specify.

How many years have you performed music?

- 1 year
- 2 year
- 3 year
- 4 year
- 5 year
- 6 year
- 7 year
- 8 year
- 9 year
- 10 year
- More than 10 years

Please specify.

Do you sing?

- Yes
- No

What instruments do you play?

(If you don't play an instrument, then leave this question blank.)

Do you perform music in the local community?

- Yes
 No
(Examples include church, hospital, nursing home, music organization like Sound Health, Nebraska Medical Orchestra, OAYO, Doc'apella, Red Banners, etc.)

Please list areas/venues you've performed at.

(Examples include church, hospital, nursing home, music organization like Sound Health, Nebraska Medical Orchestra, OAYO, Doc'apella, Red Banners/The Notochords, etc.)

Are you interested in learning how to play an instrument/sing, or participating in music performance opportunities?

- Yes
 No
(Examples include singing in an a cappella group even without formal training, performing at a local nursing home, etc.)

What limitations are preventing you from starting lessons?

- Too late to start
 Not enough time,
 No access to instruments
 Other

Please specify.

Please select the option that most aligns with your opinion.

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree	N/A
There are ample opportunities to attend music performances at my academic medical center.	<input type="radio"/>					
I wish there were more opportunities to attend music-related events at my academic medical center.	<input type="radio"/>					
I could easily find opportunities to perform music at my academic medical center if I wanted to.	<input type="radio"/>					
I would like to perform music during my medical education.	<input type="radio"/>					
I would recommend having more music performance opportunities	<input type="radio"/>					
Performing music is a great form of stress relief for me.	<input type="radio"/>					
Performing music is a form of self-entertainment.	<input type="radio"/>					
Performing music greatly improves my wellbeing.	<input type="radio"/>					
It is important that I continue to perform music throughout my life.	<input type="radio"/>					
I believe my music performances provide entertainment for my audience.	<input type="radio"/>					
I believe my music performances create a connection with the audience.	<input type="radio"/>					
I believe my music performances provide stress relief for the audience.	<input type="radio"/>					

Please select the option that most aligns with your opinion.

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree	N/A
Listening to music is a great form of stress relief for me.	<input type="radio"/>					
Listening to music is a form of self-entertainment.	<input type="radio"/>					
Listening to music greatly improves my wellbeing.	<input type="radio"/>					
It is important that I use music for stress relief.	<input type="radio"/>					



Any final thoughts?



If you are interested in participating in a follow-up interview, please provide your name and e-mail address.

Name

E-mail Address
