

	Frequency (%)
<b>Alcohol Consumption during pregnancy (n=100)</b>	
Yes	0%
No	100%
<b>Smoking during pregnancy (n=100)</b>	
Yes	5%
No	95%
<b>Daily use of iron supplementation (n=100)</b>	
Yes	95%
No	5%
<b>Consumption of animal products one day before admission (n=100)</b>	
Yes	58%
No	42%
<b>Consumption of dark green leafy vegetables one day before admission (n=100)</b>	
Yes	13%
No	87%
<b>More food consumed during pregnancy as compared to before getting pregnant (n=100)</b>	
Yes	53%
No	47%
<b>Daily Breakfast consumption(n=100)</b>	
Yes	79%
No	21%
<b>Daily Lunch consumption (n=100)</b>	
Yes	80%
No	20%
<b>Daily Dinner consumption (n=100)</b>	
Yes	77%
No	23%
<b>Add of citrus fruits to dark green leafy vegetables (n=100)</b>	
Yes	79%
No	21%
<b>Reason of adding citrus fruits to dark green leafy vegetables (n=80)</b>	
Healthy	1.20%
Others (Like, better taste, culturally known)	98.80%
<b>Coffee/tea consumption during pregnancy (n=100)</b>	
Yes	81%
No	19%
<b>Timing of Coffee/tea consumption during pregnancy (n=81)</b>	
Two hours before or after a meal	21%
One hour before or after a meal	24.70%
During the meal	53.10%
Others	1.20%