

# CONCLUSION

## NEXT STEPS

At the end of the content section of this manual, you should now be ready to employ the best practices that you have learned in this manual. As a reminder, this intervention is meant to provide a nuts and bolts approach to LGBTQ health—you will learn much more by having thoughtful, open conversations with all of your patients.

LGBTQ health is a rapidly evolving area, so providers must be sure to use lifelong learning skills to keep updated as new research findings and best practices emerge. The goal is to always aspire to provide the best possible care for each patient, regardless of sexual orientation or gender identity.

Appendix A includes several nationally-renowned and evidenced-based resources to close any remaining knowledge gaps or to allow for more in-depth exploration of specific topics. One of the best “go-to” resources is The National LGBT Health Education Center (part of the Fenway Institute), which is an established resource for LGBTQ healthcare and has excellent online resources for providers and patients. For specifics on transgender clinical care, The World Professional Association for Transgender Health (WPATH) and The Center of Excellence for Transgender Health out of the University of California, San Francisco provide detailed, evidence-based clinical recommendations and research summaries. You will find links to these and other comprehensive resources on the following page.

