

APPENDIX A - NATIONAL RESOURCES

LGBTQ/DSD HEALTHCARE RESOURCES FOR PROVIDERS AND PATIENTS

These comprehensive, definitive healthcare resources can supplement your primer on LGBTQ/DSD health, and many provide excellent information for patients as well.

<p>Accord Alliance - http://www.accordalliance.org/ This non-profit supports shared decision making to enhance the care of individuals affected by differences of sex development (DSD). Their online resources include clinical guidelines for managing DSD in childhood, a handbook for parents of DSD-affected individuals, and content for DSD-affected patients.</p>
<p>Center of Excellence (CoE) for Transgender Health – http://transhealth.ucsf.edu/ The CoE at the University of California, San Francisco provides comprehensive resources for gender-affirming care, including dependable evidence-based primary care guidelines. This is a go-to resource for physicians for all aspects of gender-affirming care.</p>
<p>Centers for Disease Control (CDC) and Prevention – https://www.cdc.gov/lgbthealth/ The CDC website provides research, fact sheets, and briefs for providers and patients.</p>
<p>EveryONE Project – https://www.aafp.org/patient-care/social-determinants-of-health/cdhe/everyone-project.html This project by the American Academy of Family Physicians has excellent screening tools and resources to help family physicians address social determinants of health in their practices and communities.</p>
<p>Gay and Lesbian Medical Association (GLMA) - www.glma.org This professional association advocates for LGBT health equality for patients and providers. Their site has continuing education opportunities and a directory of accepting, affirming health providers for patients.</p>
<p>Human Rights Campaign (HRC) Foundation Healthcare Equality Index - http://www.hrc.org/he HRC advocates for LGBTQ equality and publishes the Healthcare Equality Index (HEI), which evaluates healthcare facilities' policies and practices related to the LGBTQ equity and inclusion. Their site provides free online education and CME credit for facilities in the current HEI survey.</p>
<p>National LGBT Cancer Network - https://cancer-network.org/ The network advocates for LGBTQ cancer survivors, educates LGBTQ community members about cancer risks and screenings, and developed a national directory of LGBT-friendly cancer treatment facilities. For providers, it offers best practices for LGBTQ patients through the stages of cancer.</p>
<p>National LGBT Health Education Center - https://www.lgbthealtheducation.org/ This is part of the Fenway Institute, which is one of the world's largest LGBT-focused health centers. Their acclaimed website provides comprehensive LGBTQ health educational resources, including various online training modules offering continuing medical education (CME) credit.</p>
<p>OutCare Health - http://www.outcarehealth.org This is a non-profit allowing health providers to identify themselves as being LGBTQ friendly and knowledgeable, and patients can identify providers through their searchable directory. OutCare started in the Midwest, but their membership is expanding nationwide.</p>
<p>Population Research in Identity and Disparities for Equality (PRIDE) Study – https://pridestudy.org/ This is the first longitudinal health study of LGBTQ people. Patients who identify as a sexual or gender minority can enroll and complete the PRIDE study health questionnaire to determine how health in the LGBTQ community changes over time, which will help fill substantial research gaps.</p>
<p>Veterans Affairs (VA) - https://www.patientcare.va.gov/LGBT/index.asp The VA and Veterans Health Administration provide online education webinars for patient-centered approaches to work with LGBTQ veterans, gender-affirming care, and other health topics. VA policy information concerning LGBTQ veterans can also be found through this website.</p>
<p>The World Professional Association for Transgender Health (WPATH) – https://www.wpath.org This non-profit, interdisciplinary professional organization is devoted to transgender health and publishes the evidence-based Standards of Care with primary care, gynecologic/urologic care, reproductive options, voice/communication therapy, mental health services, and hormonal/surgical treatments.</p>

LGBTQ/DSD COMMUNITY AND SUPPORT RESOURCES

Below are resources for LGBTQ/DSD patients, including national and regional organizations. Visit the eQuality website (louisville.edu/medicine/equality/) for a full list of local and regional resources for Louisville, Kentucky. For providers and medical educators outside of Louisville, local resources can be found by contacting affiliated campus LGBTQ student services or by contacting a local LGBTQ services center, which can be identified through the CenterLink LGBT Community Center Member Directory (<https://www.lgbtcenters.org/LGBTCenters>).

AIS-DSD Support Group – <http://aisdsd.org>

This non-profit organization provides peer support and education to adults, youth, and families affected by androgen insensitivity syndrome (AIS) and differences of sex development (DSD); resources include an annual national conference for individuals with DSD (and/or their families) to meet and learn more about DSD.

Louisville Trans Men – <https://louisvilletransmen.com/>

This peer-led group in Louisville, Kentucky is an informal support system with monthly meetings and resources for anyone who is 18 years of age or older, who was assigned female at birth, and who identifies on the female-to-male spectrum (e.g., trans men, genderqueer, gender non-conforming, and others).

Louisville Youth Group – <https://louisvilleyouthgroup.org/>

This local group of community mentors and volunteers aims to provide a safe space for LGBTQ young adults to socialize with LGBTQ peers, to promote personal growth through relationship building and leadership development, and to foster community growth through social justice activism.

National Suicide Prevention Lifeline – <https://suicidepreventionlifeline.org/help-yourself/lgbtq/>

This 24/7 network provides free, confidential emotional support for people in distress; the US Substance Abuse and Mental Health Services Administration (SAMHSA) and Vibrant Emotional Health launched the lifeline to also provide best practices for professionals and prevention/crisis resources to individuals and loved ones; the link above has specific resources for the LGBTQ community and allies.

The Network/La Red – <http://tnlr.org/en/>

This national survivor-led, social justice organization works to end partner abuse in LGBTQ communities. Their 24-hour hotline provides free, confidential emotional support, information, and safety planning for LGBTQ community members experiencing domestic violence as well as their friends, coworkers, or family.

Transwomen National – <https://www.transwomennational.org/>

This local peer-led group in Louisville, Kentucky is an informal support system to empower and support transgender women with group meetings, outings, and resources.

Trevor Project: Saving Young LGBTQ Lives – <https://www.thetrevorproject.org>

This national organization provides crisis intervention and suicide prevention services to LGBTQ young people under 25 years of age, including the free 24/7 TrevorLifeline crisis intervention and suicide prevention phone service. Other text, chat, and online support services are also available.

National Center for Transgender Equality – <https://transequality.org/>

This social justice advocacy organization works to end discrimination for transgender people. Their site aggregates information on various services (identification, employment, health/Medicare, military, etc.) with state-by-state policies in their ID Documents Center (<https://transequality.org/documents>).

The Williams Institute – <https://williamsinstitute.law.ucla.edu/>

This is a committee at UCLA Law that produces influential, independent research on the intersection of public policy with sexual orientation and gender identity law. The Williams Institute is a reliable resource to learn about LGBTQ discrimination, demographics, and other LGBTQ community and law statistics.

YMCA Safe Place Services – <http://ymcasafeplaceservices.org/>

This local service is a branch of the YMCA of Greater Louisville that provides youth, teens, and young adults in crisis somewhere to stay, someone to trust, or someone to listen. Safe Place aims to provide help, hope, and healing to teens and families in crisis, including LGBTQ youth.